

# BEST INSPIRATIONAL QUOTES

I cried because I had no shoes until I met a man who had no feet.

—Saadi Shirazi

The past is a place of reference, not a place of residence; the past is a place of learning, not a place of living.

—Roy T. Bennett

Every moment is a fresh beginning.

—T. S. Eliot

Things turn out best for the people who make the best of the way things turn out.

—John Wooden

No matter how long you have traveled in the wrong direction, you can always turn around.

—Unknown

One small crack does not mean you are broken. It means that you were put to the test & you didn't fall apart.

—Linda Poindexter

Pain is temporary. It may last a minute, or an hour, or a day, or a year, but eventually it will subside and something else will take its place. If I quit, however, it lasts forever.

—Lance Armstrong

Pain is nothing compared to what it feels like to quit.

—Dan Gable

I like living. I have sometimes been wildly, despairingly, acutely miserable, racked with sorrow, but through it all I still know that just to be alive is a grand thing.

—Agatha Christie

One of the most tragic things I know about human nature is that all of us tend to put off living. We are all dreaming of some magical rose garden over the horizon—instead of enjoying the roses blooming outside our windows today.

—Dale Carnegie

Pain is inevitable. Suffering is optional.

—Haruki Murakami

I can't go back to yesterday because I was a different person then.

—Lewis Carrol

Count your blessings, not your problems.

—Unknown

Surround yourself with those who bring out the best in you, not the stress in you.

—Unknown

Good things happen in your life when you surround yourself with positive people.

—Roy T. Bennett

Pain is temporary. Quitting lasts forever.

—Lance Armstrong

You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty.

—Mahatma Gandhi

If you want to lift yourself up, lift up someone else.

—Booker T. Washington

I have learned over the years that when one's mind is made up, this diminishes fear.

—Rosa Parks

The question isn't who is going to let me; it's who is going to stop me.

—Ayn Rand

When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us.

—Helen Keller

How wonderful it is that nobody need wait a single moment before starting to improve the world.

—Anne Frank

When you can't control what's happening, challenge yourself to control the way you respond to what's happening. That's where your power is.

—Marc Chernoff

Heaven knows we need never be ashamed of our tears, for they are rain upon the blinding dust of earth, overlying our hard hearts. I was better after I had cried, than before—more sorry, more aware of my own ingratitude, more gentle.

—Charles Dickens

And once the storm is over you won't remember how you made it through, how you managed to survive. You won't even be sure, in fact, whether the storm is really over. But one thing is certain. When you come out of the storm you won't be the same person who walked in. That's what this storm's all about.

—Haruki Murakami

I have been bent and broken, but—I hope—into a better shape.

—Charles Dickens

I want you to remember who you are, despite the bad things that are happening to you. Because those bad things aren't you. They are just things that happen to you. You need to accept that who you are and the things that happen to you, are not one and the same.

—Colleen Hoover

We need never be hopeless, because we can never be irreparably broken.

—John Green

I've been absolutely terrified every moment of my life—and I've never let it keep me from doing a single thing I wanted to do.

—Georgia O'Keeffe

As long as we continue to think we will be happy in the future, we will never be happy in the moment, and that is the same as saying that we will never be happy. If we think that our lives will be better when we get that better job or retire, stay or go, gain or lose weight, or when our children grow and leave or come back, we are putting off the happiness that there is in today.

—Aminu Kano

Life isn't about waiting for the storm to pass. It's about learning to dance in the rain.

—Vivian Greene

Count the garden by the flowers, never by the leaves that fall. Count your life with smiles and not the tears that roll.

—Unknown

Although the world is full of suffering, it is also full of the overcoming of it.

—Helen Keller

Life is like a camera. Just focus on what's important and capture the good times, develop from the negatives and if things don't work out, just take another shot.

—Ziad K. Abdelnour

In life, there are some things we might never really get over. Sometimes the best thing we can do is just get through. But that's okay. There's still a lot of beauty to find on the other side!

—Unknown

It has been my philosophy of life that difficulties vanish when faced boldly.

—Isaac Asimov

Issue a blanket pardon. Forgive everyone who has ever hurt you in any way. Forgiveness is a perfectly selfish act. It sets you free from the past.

—Brian Tracey

Never react emotionally to criticism. Analyze yourself to determine whether it is justified. If it is, correct yourself. Otherwise, go on about your business.

—Norman Vincent Peale

Never confuse a single defeat with a final defeat.

—F. Scott Fitzgerald

A gem cannot be polished without friction, nor a man perfected without trials.

—Chinese Proverb

Many of life's failures are experienced by people who did not realize how close they were to success when they gave up.

—Thomas Edison

The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These persons have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and a deep loving concern. Beautiful people do not just happen.

—Elisabeth Kübler-Ross

The darkest hour has only sixty minutes.

—Morris Mandel

Forget past mistakes. Forget failures. Forget about everything except what you're going to do now—and do it.

—William Durant

No one can make you feel inferior without your consent.

—Eleanor Roosevelt

The harder you fall, the higher you bounce.

—Unknown

Success is the ability to go from failure to failure without losing your enthusiasm.

—Winston Churchill

Things are neither good nor bad but thinking makes it so.

—William Shakespeare

If you have made mistakes, even serious ones, there is always another chance for you. What we call failure is not the falling down but the staying down.

—Mary Pickford

It is never too late to be what you might have been.

—George Elliott

Now and then it's good to pause in our pursuit of happiness and just be happy.

—Guillaume Apollinaire

Worry does not empty tomorrow of its sorrow; it empties today of its strength.

—Corrie Ten Boom

Nobody will believe in you unless you believe in yourself.

—Liberace

The truth is that our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy, or unfulfilled. For it is only in such moments, propelled by our discomfort, that we are likely to step out of our ruts and start searching for different ways or truer answers.

—M. Scott Peck

The way I see it, if you want the rainbow, you gotta put up with the rain.

—Dolly Parton

Failure is only the opportunity to begin again, this time more wisely.

—Henry Ford

We must accept finite disappointment, but never lose infinite hope.

—Martin Luther  
King, Jr.

There's no better place to search for hope than the future; a concept that gives everyone in existence a reason to live.

—Amy Newak

He who has health has hope, and he who has hope has everything.

—Arabian Proverb

If we had no winter, the spring would not be so pleasant; if we did not sometimes taste adversity, prosperity would not be so welcome.

—Anne Bradstreet

Hope is important because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can bear a hardship today.

—Thich Nhat Hanh

Do not think of a painful experience as a dark time in your life. You emerge out of everything learning something or becoming a better person. You realize who your real friends are and how much your loved ones mean to you.

—Colleen Ho

Life is not easy for any of us. But what of that? We must have perseverance and, above all, confidence in ourselves. We must believe that we are gifted for something, and that this thing, at whatever cost, must be attained.

—Marie Curie

When made frustrated and fretful by small cares, look up at the sky, the stars, and see how insignificant our troubles really are.

—Unknown

I can't change the direction of the wind, but I can adjust my sails to always reach my destination.

—Jimmy Dean

Perfection is not attainable, but if we chase perfection we can catch excellence.

—Vince Lombardi

Try to be a rainbow in someone's cloud.

—Maya Angelou

Nothing is impossible; the word itself says 'I'm possible!'

—Audrey Hepburn

Put your heart, mind, and soul into even your smallest acts. This is the secret of success.

—Swami Sivananda

It is during our darkest moments that we must focus to see the light.

—Aristotle Onassis

Change your thoughts and you change your world.

—Norman Vincent Peale

There are two ways of spreading light: to be the candle or the mirror that reflects it.

—Edith Wharton

Keep your face always toward the sunshine—and shadows will fall behind you.

—Walt Whitman

How wonderful it is that nobody need wait a single moment before starting to improve the world.

—Anne Frank

I believe in living today. Not in yesterday, nor in tomorrow.

— Loretta Young

The measure of who we are is what we do with what we have.

— Vince Lombardi

I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars.

—Og Mandino

Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far.

—Mary Kay Ash

We know what we are, but know not what we may be.

—William Shakespeare

No act of kindness, no matter how small, is ever wasted.

—Aesop

Give light, and the darkness will disappear of itself.

—Desiderius Erasmus

What lies behind you and what lies in front of you, pales in comparison to what lies inside of you.

—Ralph Waldo Emerson

When you get into a tight place and everything goes against you, till it seems as though you could not hang on a minute longer, never give up then, for that is just the place and time that the tide will turn.

—Harriet Beecher Stowe

If we did all the things we are capable of, we would literally astound ourselves.

—Thomas A. Edison

I dwell in possibility.

—Emily Dickinson



If there were no night, we would not appreciate the day, nor could we see the stars and the vastness of the heavens. We must partake of the bitter with the sweet. There is a divine purpose in the adversities we encounter every day. They prepare, they purge, they purify, and thus they bless.

—James E. Faust

If you accept the expectations of others, especially negative ones, then you never will change the outcome.

—Michael Jordan

Everyone has inside of him a piece of good news. The good news is that you don't know how great you can be! How much you can love! What you can accomplish! And what your potential is!

—Anne Frank

I believe every human has a finite number of heartbeats. I don't intend to waste any of mine.

—Neil Armstrong

You change your life by changing your heart.

—Max Lucado

Most of us have far more courage than we ever dreamed we possessed.

—Dale Carnegie

Our time here is magic! It's the only space you have to realize whatever it is that is beautiful, whatever is true, whatever is great, whatever is potential, whatever is rare, whatever is unique, in. It's the only space.

—Ben Okri

It seems to me we can never give up longing and wishing while we are thoroughly alive. There are certain things we feel to be beautiful and good, and we must hunger after them.

—George Eliot

We can change our lives. We can do, have, and be exactly what we wish.

—Tony Robbins

Each day provides its own gifts.

—Marcus Aurelius

Today is the only day. Yesterday is gone.

—John Wooden

What makes the desert beautiful is that somewhere it hides a well.

—Antoine de  
Saint-Exupery

The most authentic thing about us is our capacity to create, to overcome, to endure, to transform, to love and to be greater than our suffering.

—Ben Okri

I have always believed, and I still believe, that whatever good or bad fortune may come our way we can always give it meaning and transform it into something of value.

—Hermann Hesse

The Wright brothers flew right through the smoke screen of impossibility.

—Charles Kettering

Look within. Within is the fountain of good, and it will ever bubble up, if thou wilt ever dig.

—Marcus Aurelius

Hope is the thing with feathers, that perches in the soul, and sings the tune without words, and never stops at all.

—Emily Dickinson

The fact that I can plant a seed and it becomes a flower, share a bit of knowledge and it becomes another's, smile at someone and receive a smile in return, are to me continual spiritual exercises.

— Leo Buscaglia

To love means loving the unlovable. To forgive means pardoning the unpardonable. Faith means believing the unbelievable. Hope means hoping when everything seems hopeless.

—Gilbert K. Chesterton

There are darkneses in life and there are lights, and you are one of the lights, the light of all lights.

—Bram Stoker

And above all things, never think that you're not good enough yourself. A man should never think that. My belief is that in life people will take you at your own reckoning.

—Isaac Asimov

In spite of everything, I still believe people are really good at heart.

—Anne Frank

Tomorrow is always fresh, with no mistakes in it yet.

—L. M. Montgomery

As long as you live, there's always something waiting; and even if it's bad, and you know it's bad, what can you do? You can't stop living.

—Truman Capote

You still have a lot of time to make yourself be what you want. There's still lots of good in the world.

—S. E. Hinton

Sanity is a valuable possession; I hoard it the way people once hoarded money. I save it, so I will have enough, when the time comes.

—Margaret Atwood

In the midst of hate, I found there was, within me, an invincible love.  
In the midst of tears, I found there was, within me, an invincible smile.  
In the midst of chaos, I found there was, within me, an invincible calm.  
I realized, through it all, that...  
In the midst of winter, I found there was, within me, an invincible summer.  
And that makes me happy. For it says that no matter how hard the world pushes against me, within me, there's something stronger—something better, pushing right back.

—Albert Camus

We've got to live, no matter how many skies have fallen.

—D. H. Lawrence

A smile is the lighting system of the face, the cooling system of the head and the heating system of the heart.

—Unknown

Bad things happen:

—Every day.

—To everyone.

The difference is in how people deal with it.

—Unknown

Deal with the world the way it is, not the way you wish it was.

— John Chambers

Don't go through life; grow through life.

—Eric Butterworth

Most people never run far enough on their first wind to find out they've got a second.

—William James

Smiling is the best way to face any problem, to crush every fear and to hide every pain.

—Will Smith

When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.

—Henry Ford

Either you run the day, or the day runs you.

—Jim Rohn

Whether you think you can or you think you can't, you're right.

—Henry Ford

The two most important days in your life are the day you are born and the day you find out why.

—Mark Twain

Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it.

—Johann Wolfgang von  
Goethe

Go confidently in the direction of your dreams. Live the life you have imagined.

—Henry David Thoreau

When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left and could say, I used everything you gave me.

—Erma Bombeck

Believe you can and you're halfway there.

—Theodore Roosevelt

Everything you've ever wanted is on the other side of fear.

—George Addair

Start where you are. Use what you have. Do what you can.

—Arthur Ashe

Fall seven times and stand up eight.

—Japanese Proverb

If the wind will not serve, take to the oars.

—Latin Proverb

Too many of us are not living our dreams because we are living our fears.

—Les Brown

Challenges are what make life interesting and overcoming them is what makes life meaningful.

—Joshua J. Marine

When you come to a roadblock, take a detour.

—Mary Kay Ash

There are no short cuts to any place worth going.

—Beverly Sills

Very often a change of self is needed more than a change of scene.

—Arthur Christopher  
Benson

Don't wish it were easier, wish you were better.

—Jim Rohn

You may not control all the events that happen to you, but you can decide not to be reduced by them.

—Maya Angelou

Nothing in life is to be feared; it is only to be understood. Now is the time to understand more so that we may fear less.

—Marie Curie

When the whole world is silent, even one voice becomes powerful.

—Malala Yousafzai

If you're going through hell, keep going.

—Winston Churchill

Don't tell me the sky's the limit when there are footprints on the moon.

—Paul Brandt

Do Not Lie to Yourself. We have to be honest about what we want and take risks rather than lie to ourselves and make excuses to stay in our comfort zone.

—Roy T. Bennett

Sometimes good things fall apart, so better things can fall together.

—Jessica Howell

Take responsibility of your own happiness, never put it in other people's hands.

—Roy T. Bennett

Life is too short to waste your time on people who don't respect, appreciate, and value you.

—Roy T. Bennett

Follow your heart, listen to your inner voice, stop caring about what others think.

—Roy T. Bennett

The person who tries to live alone will not succeed as a human being. His heart withers if it does not answer another heart. His mind shrinks away if he hears only the echoes of his own thoughts and finds no other inspiration.

—Pearl S. Buck

Accept yourself, love yourself, and keep moving forward. If you want to fly, you have to give up what weighs you down.

—Roy T. Bennett

It's your life; you don't need someone's permission to live the life you want. Be brave to live from your heart.

—Roy T. Bennett

The advice I like to give young artists, or really anybody who'll listen to me, is not to wait around for inspiration. Inspiration is for amateurs; the rest of us just show up and get to work. If you wait around for the clouds to part and a bolt of lightning to strike you in the brain, you are not going to make an awful lot of work. All the best ideas come out of the process; they come out of the work itself. Things occur to you. If you're sitting around trying to dream up a great art idea, you can sit there a long time before anything happens. But if you just get to work, something will occur to you and something else will occur to you and something else that you reject will push you in another direction. Inspiration is absolutely unnecessary and somehow deceptive. You feel like you need this great idea before you can get down to work, and I find that's almost never the case.

—Chuck Close

Head up, heart open. To better days!

—T. F. Hodge

Never lose hope. Storms make people stronger and never last forever.

—Roy T. Bennett

Inspiration is a guest that does not willingly visit the lazy.

—Pyotr Ilyich  
Tchaikovsky

Never let hard lessons harden your heart; the hard lessons of life are meant to make you better, not bitter.

—Roy T. Bennett

In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit.

—Albert Schweitzer

A bird is safe in its nest—but that is not what its wings are made for.

—Amit Ray

The happiest people don't have the best of everything, they make the best of everything.

—Oprah Winfrey

Let the past be a guidepost, not a hitching post.

--L. Thomas Holdcroft

You'll never find a rainbow if you're looking down.

—Charlie Chaplin

We rely upon the poets, the philosophers, and the playwrights to articulate what most of us can only feel, in joy or sorrow. They illuminate the thoughts for which we only grope; they give us the strength and balm we cannot find in ourselves. Whenever I feel my courage wavering, I rush to them. They give me the wisdom of acceptance, the will and resilience to push on.

—Helen Hayes

Ships don't sink because of the water around them; ships sink because of the water that gets in them. Don't let what's happening around you get inside you and weigh you down.

—Billy Cox

Storms make trees take deeper roots.

—Dolly Parton

Far away there in the sunshine are my highest aspirations. I may not reach them but I can look up and see their beauty, believe in them and try to follow them.

—Louisa May Alcott

Some people will never 'get you'. Do not spend eternity asking why. People will see you differently, just cherish those who lift your soul.

—*Dodinsky's Garden of Thoughts*

We shall draw from the heart of suffering itself the means of inspiration and survival.

—Winston Churchill



The smile on my face does not mean my life is perfect. It means that despite my challenges, I choose to focus on my blessings.

—Internet Meme

Even though there are days I wish I could change some things that happened in the past, there's a reason the rear view mirror is so small and the windshield is so big, where you're headed is much more important than what you've left behind.

—*www.theodysseyonline.com*

Don't change yourself so that other people will like you. Be yourself so that the right people will love you.

—Internet Meme

If you feel like you're losing everything, remember that trees lose their leaves every year and they still stand tall and wait for better days to come.

—*theChive*

When nobody else celebrates you. Learn to celebrate yourself. When nobody else compliments you, then compliment yourself. It's not up to other people to keep you encouraged. It's up to you. Encouragement should come from the inside.

—*theheartysoul.com*

I've been called every racial slur in the book. I've been told explicitly that people who look like me don't play golf, we don't have a right to exist in America, you should go home. It would definitely faze me a little bit, but it never deterred me. I'm really stubborn, so I'm going to prove you wrong, just wait. When people think they're dragging me down, it kind of fuels the fire in me that I'm going to be a better golfer, I'm going to be a better student, I'm going to keep climbing up the ladder.

—Noor Ahmed (Muslim  
golfer at the  
University of  
Nebraska)

When you start to feel like things should have been better this year, remember the mountains and valleys that got you here. They are not accidents, and those moments weren't in vain. You are not the same. You have grown and you are growing. You are breathing, you are living, you are wrapped in endless, boundless grace. And things will get better. There is more to you than yesterday.

—Morgan Harper Nichols

Failure will never overtake me if my determination to succeed is strong enough.  
—Og Mandino

Believe you can and you're halfway there.  
—Theodore Roosevelt

Tough times never last, but tough people do.  
—Dr. Robert Schuller

Keep your face to the sunshine and you can never see the shadow.  
—Helen Keller

Every strike brings me closer to the next home run.  
—Babe Ruth

Your terrible job is the dream of the unemployed.  
Your house is the dream of the homeless.  
Your smile is the dream of the depressed.  
Your health is the dream of those who are ill.  
Don't let difficult times make you forget your blessings.  
—*sun-gazing.com*

Sometimes when you're in a dark place you think you've been buried, but you've actually been planted.  
Bloom.  
—Christine Caine

## **ONE**

One tree can start a forest;  
One smile can begin a friendship;  
One hand can lift a soul;  
One word can frame a goal;  
One candle can wipe out darkness;  
One laugh can conquer gloom;  
One hope can raise your spirits;  
One touch can show you care;  
One life can make the difference;  
Be that One today.  
— B. J. Gallagher

- (1) Nothing is Permanent in this World, not even our Troubles.
- (2) I like Walking in the Rain, because NoBody can see my Tears.
- (3) The Most Wasted Day in Life is the Day in which we have not Laughed.

LIFE is to Enjoy with Whatever you have with You, Keep Smiling...!

If you feel STRESSED, Give yourself A Break.

Enjoy Some..Ice cream/Chocolates/Candy/ Cake...

Why...? B'Coz...: STRESSED backwards spelling is DESSERTS...!!

Enjoy...!

Very Beautiful lines Pls Store it.

ONE Good FRIEND is equal to ONE Good Medicine...!

Likewise ONE Good Group is equal to ONE Full medical store...!!

Six Best Doctors in the World....:

- 1.Sunlight,
- 2.Rest,
- 3.Exercise,
- 4.Diet,
- 5.Self Confidence &
- 6.Friends

Maintain them in all stages of Life and enjoy healthy life...!

If you see the Moon...You see the Beauty of God.....!

If you see the Sun...! You see the power of God....

And....If you see the Mirror, You see the Best Creation of GOD...!

So, Believe in YOURSELF. We all are Tourists & God is our Travel Agent

Who has already fixed all our Routes, Reservations & Destinations

So....Trust him & Enjoy the 'Trip' called LIFE...!!

Life will never come Again...!! Live Today..!

—Charlie Chaplin

Some days are better,  
Some days are worse.  
Look for the blessing  
Instead of the curse.  
Be positive, stay strong,  
And get enough rest.  
You can't do it all.  
But you can do your best.

—Internet Meme

Best not to look back. Best to believe there will be happily ever afters all the way around—and so there may be; who is to say there will not be such endings? Not all boats which sail away into darkness never find the sun again, or the hand of another child; if life teaches anything at all, it teaches that there are so many happy endings that the man who believes there is no God needs his rationality called into serious question.

—Stephen King

Stop letting your potential go to waste because you don't feel confident or ready enough. People with half your talent are making serious waves while you're still waiting to feel ready.

—Internet Meme

You either get bitter or you get better. It's that simple. You either take what has been dealt to you and allow it to make you a better person, or you allow it to tear you down. The choice does not belong to fate, it belongs to you.

—Internet Meme

If you had \$86,400 in your bank account and someone stole \$10 from you, would you be upset and throw the remaining amount \$86,390 away? No. See, we have 86,400 seconds each day. Don't let a negative 10 seconds ruin your day.

—Internet Meme

You'll face rejection from many places in this world, but the mirror shouldn't be one of them. There will be a lot of people who won't believe in your potential, and you must not be one of them.

—Internet Meme

You often feel tired, not because you've done too much, but because you've done too little of what sparks a light in you.

—Alexander Den Heijer

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