

APPEARANCE, BEST QUOTES ON

It is amazing how complete is the delusion that beauty is goodness.

--Leo Tolstoy

You've got to get up every morning with a smile on your face and show the world all the love in your heart....You're going to find...that you're beautiful as you feel.

--Carole King

She was beautiful, but not like those girls in the magazines. She was beautiful, for the way she thought. She was beautiful, for that sparkle in her eyes when she talked about something she loved. She was beautiful, for her ability to make other people smile even if she was sad. No, she wasn't beautiful for something as temporary as her looks. She was beautiful, deep down to her soul.

—F. Scott Fitzgerald

Good-looking individuals are treated better than homely ones in virtually every social situation, from dating to trial by jury.

—Martha Beck

A pretty face is nothing if you have an ugly heart.

—Ged Backland

Everything has beauty, but not everyone can see it.

—Confucius

What a horror it must be for a child to discover that his skin is the wrong color.

--Sam Levenson

Is fat really the worst thing a human can be? Is fat worse than vindictive, jealous, shallow, vain, boring, evil or cruel? Not to me.

—J. K. Rowling

Ask a toad what is beauty...he will answer that it is a female with two great round eyes coming out of her little head, a large flat mouth, a yellow belly and a brown back.

—Voltaire

You can take no credit for beauty at sixteen. But if you are beautiful at sixty, it will be your own soul's doing.

—Marie Carmichael
Stopes

A man with a good coat upon his back meets with a better reception than he who has a bad one.

--Samuel Johnson

I'm intrigued by the way in which physical appearance can often direct a person's life; things happen differently for a beautiful woman than for a plain one.

--Penelope Lively

For me, blue jeans are wildly important and iconic. They went from being a very humble and practical clothing item for farmers and cowboys to the ultimate symbol of youth and rebellion, freedom and sexiness. Jeans completely changed how an entire generation of young people were able to express themselves through what they wore.

--Clavin Klein

Beauty without intelligence is a masterpiece painted on a napkin.

--Unknown

There is nothing in a caterpillar that tells you it's going to be a butterfly.

—R. Buckminster Fuller

It was only a sunny smile, and little it cost in the giving, but like morning light it scattered the night and made the day worth living.

—F. Scott Fitzgerald

Nature makes boys and girls lovely to look upon so they can be tolerated until they acquire some sense.

--William Lyon Phelps

When girls feel bad about their looks, 60 percent avoid normal daily activities like raising their hand in class or even going to the doctor. That means that girls do not show up for life when they don't feel good enough or pretty enough. A role model can help girls see beauty as a source of confidence, not anxiety.

—Mandy Moore

Today, I was all dressed up and waiting on my blind date to arrive. He never showed up. It made me feel ugly. I thought he may have seen me from a distance and bailed. Then as I left the restaurant alone, I heard a little girl ask her mom if I was a princess. It made me smile.

—*makesmethink.com*

The fact is that Chinese parents can do things that would seem unimaginable—even legally actionable—to Westerners. Chinese mothers can say to their daughters, ‘Hey fatty-lose some weight.’ By contrast, Western parents have to tiptoe around the issue, talking in terms of ‘health’ and never ever mentioning the f-word, and their kids still end up in therapy for eating disorders and negative self image.

—Amy Chua

Today I was told I’m PRETTY. Actually, I was told I’m pretty annoying, but I like to focus on the positive.

—Internet Meme

She first peered into its fascinating cases of beetles and butterflies at the age of six, in the company of her father. She recalls her pity at each occupant pinned for display. It was no great leap to draw the same conclusion of ladies: similarly bound and trussed, pinned and contained, with the objective of being admired, in all their gaudy beauty.

—Emmanuelle de
Maupassant

Taught from infancy that beauty is woman’s sceptre, the mind shapes itself to the body, and roaming around its gilt cage, only seeks to adorn its prison.

--Mary Wollstonecraft

‘Mom, am I ugly?’

‘I told you not to call me *mom* in front of other people.’

—Internet Meme

A person who has good thoughts cannot ever be ugly. You can have a wonky nose and a crooked mouth and a double chin and stickout teeth, but if you have good thoughts they will shine out of your face like sunbeams and you will always look lovely.

—Roald Dahl

You're only pretty as you feel.
Only pretty as you feel inside.

—*Jefferson Airplane*

Go out all day looking fabulous and I see no one I know. Go out for 5 minutes looking like crap, and it's all of a sudden a damn reunion.

—Unknown

The human face is powered, depending on how you count them, by between 23 and 43 muscles, many of which attach to the skin, serving no obvious function for survival. An alien examining a human specimen in isolation wouldn't know what to make of them. Tugging on the forehead, eyebrows, lips and cheeks, the muscles broadcast a wealth of information about our emotional state, level of interest and alertness. It is a remarkably efficient means of communication—almost instantaneous, usually accurate, transcending most language and cultural barriers.

—Jerry Adler

Yes, I'm short. God only lets things grow until they're perfect. Some of us didn't take as long as others.

—Internet Meme

That pleasure which is at once the most pure, the most elevating and the most intense, is derived, I maintain, from the contemplation of the beautiful.

—Edgar Allan Poe

The most significant fashion innovation is definitely the high heel. None of us looks sexy or powerful or stylish walking around on our knees. Height, and the ability to dominate—sexually, stylishly, politically, interpersonally—is our principal social currency.

--Simon Doonan

Get at least eight hours of beauty sleep—nine if you're ugly.

—Betty White

I was so ugly that my parents sent my picture to Ripley's Believe It or Not: they sent it back and said, 'We don't believe it.'

--Joan Rivers

Life is easier for people whose bodies are classically beautiful.

--James Hamblin

Beauty is how you feel inside, and it reflects in your eyes. It is not something physical.

--Sophia Loren

A man's face is his autobiography. A woman's face is her work of fiction.

--Oscar Wilde

Beauty comes in all ages, colors, shapes and forms. God never makes junk.

--Kathy Ireland

There are some people who have the quality of richness and joy in them and they communicate it to everything they touch. It is first of all a physical quality; then it is a quality of the spirit.

--Thomas Wolfe

The problem with beauty is that it's like being born rich and getting poorer.

--Joan Collins

Some people look intelligent when they wear glasses, but it's only an optical illusion.

—Evan Esar

There's a huge difference between accepting something and believing something. While maturity and practice make women better at accepting compliments, very few of us actually believe them. Women, for many unknown reasons, will believe almost any negative comment you say about them, but never anything positive.maybe it's from the ridiculous amount of beauty standards the media places on us, but we've developed a compliment repellent armor, and it's been deflecting them for years. Why is it one bad comment will remain with a woman for the rest of her life, yet a million good ones will go in one ear and out the other? Why is it we always remember the bad and never the good?

— Lauren Martin

Weird clothing is *de rigueur* for teenagers, but today's generation of teens is finding it difficult to be sufficiently weird. This is because the previous generation of teens, who went through adolescence in the sixties and seventies, used up practically all the available weirdness. After what went on in that twenty-year period, almost nothing looks strange to anyone.

--P. J. O'Rourke

Who has not experienced how, on nearer acquaintance, plainness becomes beautified and beauty loses its charm, according to the quality of the heart and mind?

--Fredrika Bremer

I'm tired of all this nonsense about beauty being only skin deep. That's deep enough. What do you want, an adorable pancreas?

--Jean Kerr

If men can run the world, why can't they stop wearing neckties? How intelligent is it to start the day by tying a little noose around your neck?

--Linda Ellerbee

The size of your body is of little account; the size of your brain is of much account; the size of your heart is of the most account of all.

--B. C. Forbes

There is no cosmetic for beauty like happiness.

--Lady Blessington

Beauty without charm only pleases us, but it does not hold us. It is like a bait floating without a hook.

--Gaius Ateius Capito

The secret of ugliness consists not in irregularity, but in being uninteresting.

--Ralph Waldo Emerson

The eyebrows form but a small part of the face, and yet they can darken the whole of life by the scorn they express.

--Demetrius

People are crying up the rich and variegated plumage of the peacock, and he is himself blushing at the sight of his ugly feet.

--Sa'di

To look at her face is like being shone upon by a ray of the sun.

--Nathaniel Hawthorne

After a certain degree of prettiness, one pretty girl is as pretty as another.

--F. Scott Fitzgerald

Remember that the most beautiful things in the world are the most useless: peacocks and lilies, for instance.

--John Ruskin

It is easy to be beautiful; it is difficult to appear so.

--Frank O'Hara

Outside show is a poor substitute for inner worth.

--Aesop

Most people treat pretty girls as pretty girls and nothing else—as though nothing could be wrong if a girl was pretty so she had no right to be miserable.

--Janice Rule

It is the beautiful bird which gets caged.

--Chinese Proverb

Beauty is an *experience*, nothing else. It is not a fixed pattern or an arrangement of features. It is something *felt*, a glow or a communicated sense of fineness.

--D. H. Lawrence

A very beautiful woman hardly ever leaves a clearcut impression of features and shape in the memory. Usually there remains only an aura, a living color.

--William Bolitho

If we are creating ourselves all the time, then it is never too late to begin creating the bodies we want instead of the ones we mistakenly assume we are stuck with.

—Deepak Chopra

By choosing healthy over skinny you are choosing self-love over self-judgment. You are beautiful!

—Steve Maraboli

In years to come I often thought what the course of my life would have been if I had been homely, or a man. The attention of men is, to say the least, a marvelous distraction; and loving one can seem more important than anything else—at least for a while. The narcissus in woman goes to the pool too often for reassurance, when the reflection should lie secure in the deep recess of self.

--Marya Mannes

Exuberance is Beauty.

--William Blake

Beauty is a good letter of introduction.

--German Proverb

Everybody could be beautiful, really, but most women present themselves so awkwardly. Women should set themselves forth attractively but innocently, like a cat. A cat is never a presentation, but an innocent happening.

--Alwin Nikolais

If you are a miracle of beauty, you can't help it. That is why you are so immensely applauded for it.

--John Ayscough

To be so beautiful, so alluring, that the man forgets all else and simply loves, that is what every woman wants, and whoever denies it is in error, or willfully lying.

--Georg Groddeckap

Beauty does not season soup.

--Polish Proverb

The crowd is always caught by appearance and the crowd is all there is in the world.

--Machiavelli

Clothes and manners do not make the man; but, when he is made, they greatly improve his appearance.

--Henry Ward Beecher

One's eyes are what one is, one's mouth what one becomes.

--John Galsworthy

If Jack's in love, he's no judge of Jill's beauty.

--Benjamin Franklin

Beauty is altogether in the eye of the beholder.

--General Lew Wallace

Remember always that the least plain sister is the family beauty.

--George Bernard Shaw

I am sure that nothing has such a decisive influence upon a man's course as his personal appearance, and not so much his appearance as his belief in its attractiveness or unattractiveness.

--Leo Tolstoy

There are some people who state that the exterior, sex, or physique of another person is indifferent to them, that they care only for the communion of mind with mind; but these people need not detain us. There are some statements that no one ever thinks of believing, however often they are made.

--G. K. Chesterton

Some men become proud and insolent because they ride a fine horse, wear a feather in their hat, or are dressed in a fine suit of clothes. Who does not see the folly of this? For if there be any glory in such things, the glory belongs to the horse, the bird, and the tailor.

--Saint Francis De Sales

Things do not pass for what they are, but for what they seem.
Most things are judged by their jackets.

--Baltasar Gracian

I am as my Creator made me, and since He is satisfied, so am I.

--Minnie Smith

A smile is a crooked line that sets a lot of things straight.

--Phyllis Diller

The Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.

--*Samuel 16:7*

A good presence is letters of recommendation.

--Thomas Fuller

By the husk you may guess at the nut.

--Thomas Fuller

Personal appearance is looking the best you can for the money.

--Virginia Cary Hudson

Long whiskers cannot take the place of brains.

--Russian Proverb

Beauty is a greater recommendation than any letter of introduction.

--Aristotle

Beauty without expression tires.

--Ralph Waldo Emerson

Things are pretty, graceful, rich, elegant, handsome, but, until they speak to the imagination, not yet beautiful.

--Ralph Waldo Emerson

Any extraordinary degree of beauty in man or woman involves a moral charm.

--Ralph Waldo Emerson

beauty gets the best of it
in this world.

--Don Marquis

Outstanding beauty, like outstanding gifts of any kind, tends to get in the way of normal emotional development, and thus of that particular success in life which we call happiness.

--Milton R. Sapirstein

I admire beautiful people, and I am strongly attracted by distinguished ugliness. It is the blank faces, empty of charm, distinction, beauty or meaning of any kind, which arouse my dislike.

--Robertson Davies

Somehow, people with nice faces inspire me with much more confidence than those who I am assured have beautiful minds. One can see their faces—that makes so much difference.

--E. F. Benson

There is no such thing as complete blankness, however much outward appearances may seem to indicate it.

--Arthur Ponsonby

Plainness has its peculiar temptations quite as much as beauty.

--George Eliot

Men who have been famous for their looks have never been famous for anything else.

--Arthur Ponsonby

God hath given you one face, and you make yourselves another.

--Shakespeare

Good clothes open all doors.

--Thomas Fuller

A man has his clothes made to fit him; a woman makes herself fit her clothes.

--Edgar Watson Howe

With an evening coat and a white tie, anybody, even a stockbroker, can gain a reputation for being civilized.

--Oscar Wilde

A man finds room in the few square inches of his face for the traits of all his ancestors; for the expression of all his history, and his wants.

--Ralph Waldo Emerson

There are mystically in our faces certain characters which carry in them the motto of our souls, wherein he that cannot read A, B, C, may read our natures.

--Sir Thomas Browne

The features of our face are hardly more than gestures which have become permanent.

--Marcel Proust

The habit of looking for beauty in everything makes us notice the shortcomings of things; our sense, hungry for complete satisfaction, misses the perfection it demands.

--George Santayana

If you happen to have a wart on your nose or forehead, you cannot help imagining that no one in the world has anything else to do but stare at your wart, laugh at it, and condemn you for it, even though you have discovered America.

--Fyodor Dostoevsky

The frog tried to look as big as the elephant, and burst.

--African Proverb

All that glitters is not gold.

--French Proverb

Beauty is power.

--Arab Proverb

Beauty is only a zephyr; it has no worth; beautiful women fade away as quickly as roses.

--Pierre de Ronsard

Beauty does not provide our intellect or our will with any single result; it does not fulfill a single intellectual or moral purpose; it does not uncover a single truth; it does not help us to carry out any duty; thus, in a word, it is equally unfit to form character or to enlighten the mind.

--J. C. F. von Schiller

Be assured that nothing is more pleasing than beauty, but nothing is shorter-lived.

--Suetonius

None of us is ever satisfied with what we are.

--Terence

Fashion makes the man.

--French Proverb

Your first appearance...is the gauge by which you will be measured; try to manage that you may go beyond yourself in after times, but beware of ever doing less.

--Jean Jacques Rousseau

Do not judge men by mere appearances; for the light laughter that bubbles on the lip often mantles over the depths of sadness, and the serious look may be the sober veil that covers a divine peace and joy.

--E. H. Chapin

No man can possibly realize how women are influenced by the clothes they wear. Put even the plainest woman into a beautiful dress and unconsciously she will try to live up to it.

--Lady Duff-Gordon

Beauty comes and passes, is lost the moment that we touch it, can no more be stayed or held than one can stay the flowing of a river.

--Thomas Wolfe

That which is striking and beautiful is not always good, but that which is good is always beautiful.

--Ninon de L'Enclos

Beauty is power; a smile is its sword.

--Charles Reade

What is really beautiful needs no adorning. We do not grind down the pearl upon a polishing stone.

--Sataka

There are no ugly women; there are only women who do not know how to look pretty.

--Jean De La Bruyere

An honest good look covereth many faults.

--Thomas Fuller

We see the sun, the moon and the stars revolving, as it seems to us, round us. That is false. We feel that the earth is motionless. That is false, too. We see the sun rise above the horizon. It is beneath us. We touch what we think is a solid body. There is no such thing.

--Camille Flammarion

Don't judge a man by the clothes he wears. God made one; the tailor, the other.

--Unknown

There's a face-lift you can perform yourself that is guaranteed to improve your appearance. It is called a smile.

--Unknown

People seldom notice old clothes if you wear a big smile.

—Lee Mildon

A beautiful heart more than offsets the handicap of a homely face.

--Unknown

To marry a woman for her beauty is like buying a house for its paint.
—Josh Billings

Rarely do great beauty and great virtue dwell together.
--Petrarch

Beauty's but skin deep.
--John Davies of Hereford

Beauty soon grows familiar to the lover,
Fades in his eye, and palls upon the sense.
--Joseph Addison

Beauty in things exists in the mind which contemplates them.
--David Hume

I never forget a face, but in your case I'll make an exception.
--Groucho Marx

Beauty can pierce one like a pain.
--Thomas Mann

Beauty and folly are old companions.
--Benjamin Franklin

Personal beauty is a greater recommendation than any letter of reference.
--Aristotle

Judgment of beauty can err, what with the wine and the dark.
--Ovid

BEAUTY. The power by which a woman charms a lover and terrifies a husband.
--Ambrose Bierce

There is no woman so deformed, who hearing herself called beautiful, believeth
it not.
--Stefano Guazzo

If you get simple beauty and nought else,
You get about the best thing God invents.

--Robert Browning

To be born a woman is to know—
Although they do not talk of it at school—
That we must labor to be beautiful.

--William Butler Yeats

As a beauty I'm not a great star,
There are others more handsome by far;
But my face I don't mind it
Because I'm behind it—
'Tis the folks out in front that I jar.

--Anthony Euwer

Do not judge from mere appearances; for the light laughter that bubbles on the lip
often mantles over the depths of sadness, and the serious look may be the sober veil
that covers a divine peace and joy. The bosom can ache beneath diamond brooches;
and many a blithe heart dances under coarse wool.

--Edwin Hubbel Chapin

There is no beautifier of complexion, or form, or behavior, like the wish to scatter
joy and not pain around us.

--Ralph Waldo Emerson

That which is striking and beautiful is not always good; but that which is good is
always beautiful.

--Ninon de L'Enclos

If either man or woman would realize the full power of personal beauty, it must be
by cherishing noble thoughts and hopes and purposes; by having something to do
and something to live for that is worthy of humanity, and which, by expanding the
capacities of the soul, gives expansion and symmetry to the body which contains it.

--Upham

How goodness heightens beauty!

--Hannah More

Beauty is like an almanack: if it last a year it is well.

--Thomas Adam

How much wit, good-nature, indulgences, how many good offices and civilities, are required among friends to accomplish in some years what a lovely face or a fine hand does in a minute.

--Jean de la Bruyere

Beauty is the first present nature gives to women and the first it takes away.

—Fay Weldon

Beauty is but a vain and doubtful good; a shining gloss that fadeth suddenly; a flower that dies when it begins to bud; a doubtful good, a gloss, a glass, a flower, lost, faded, broken, dead within an hour.

--William Shakespeare

The body is the shell of the soul, and dress the husk of that shell; but the husk often tells what the kernel is.

--Unknown

Had Cicero himself pronounced one of his orations with a blanket about his shoulders, more people would have laughed at his dress than admired his eloquence.

--Joseph Addison

The loveliest faces are to be seen by moonlight, when one sees half with the eye, and half with the fancy.

--Christian Nestell Bovee

A beautiful smile is to the female countenance what the sunbeam is to the landscape: it embellishes an inferior face, and redeems an ugly one.

--Johann Caspar Lavater

Beauty—It's a sort of bloom on a woman. If you have it you don't need to have anything else; and if you don't have it, it doesn't much matter what else you have.

--Sir James M. Barrie

Beauty of style and grace depend upon simplicity.

--Plato

Smile: an inexpensive way to improve one's looks.

--Charles Gordy

How anybody dresses is indicative of his self-concept. If students are dirty and ragged, it indicates they are not interested in tidying up their intellects either.

--Samuel I. Hayakawa

Supreme beauty is seldom found in cottages or work-shops, even where no real hardships are suffered. To expand the human face to its full perfection, it seems necessary that the mind should cooperate by placidness of content, or consciousness of superiority.

--Samuel Johnson

Good humor is one of the best articles of dress one can wear in society.

--William Makepeace
Thackeray

Beauty and grace command the world.

--Park Benjamin

A graceful and pleasing figure is a perpetual letter of recommendation.

--Francis Bacon

Fashion is a form of ugliness so intolerable that we have to alter it every six months.

--Oscar Wilde

Every generation laughs at the old fashions, but follows religiously the new.

--Henry David Thoreau

One of the most wonderful things in nature is a glance of the eye; it transcends speech; it is the bodily symbol of identity.

--Ralph Waldo Emerson

Clothes don't make the man, but clothes have got many a man a good job.

--Herbert Harold
Vreeland

Women dress alike all over the world: they dress to be annoying to other women.

--Elsa Schiaparelli

Eat to please thyself, but dress to please others.

--Benjamin Franklin

There is new strength, repose of mind, and inspiration in fresh apparel.

--Ella Wheeler Wilcox

Do not conceive that fine clothes make fine men, any more than fine feathers make fine birds. A plain, genteel dress is more admired, obtains more credit in the eyes of the judicious and sensible.

--George Washington

I cannot spare the luxury of believing that all things beautiful are what they seem.

--Fitz-Greene Halleck

A really plain woman is one who, however beautiful, neglects to charm.

--Edgar Saltus

Charm is more than beauty.

--Yiddish Proverb

In every man's heart there is a secret nerve that answers to the vibrations of beauty.

--Christopher Morley

Beauty is not caused. It is.

--Emily Dickinson

Truth exists for the wise, beauty for the feeling heart.

--Johann von Schiller

Beauty is an outward gift which is seldom despised, except by those to whom it has been refused.

--Edward Gibbon

You are only what you are when no one is looking.

--Robert C. Edwards

Getting talked about is one of the penalties for being pretty, while being above suspicion is about the only compensation for being homely.

--Kin Hubbard

You may turn into an archangel, a fool, or a criminal—no one will see it. But when a button is missing—everyone sees that.

--Erich M. Remarque

Nothing that God ever made is the same thing to more than one person. That is natural. There is no single face in nature, because every eye that looks upon it, sees it from its own angle.

--Zora Neale Hurston

Men in general judge more for appearances than from reality. All men have eyes, but few men have the gift of penetration.

--Nicolo Machiavelli

Affectation is a greater enemy to the face than smallpox.

--English Proverb

As a beauty I am not a star,
There are others more handsome by far,
But my face—I don't mind it
For I am behind it.
It's the people in front get the jar.

--Anthony Euwer

Do you love me because I'm beautiful, or am I beautiful because you love me?

--Oscar Hammerstein, II

Beauty—the adjustment of all parts proportionately so that one cannot add or subtract or change without impairing the harmony of the whole.

--Leon Battista Alberti

There is no excellent beauty that hath not some strangeness in the proportion.

--Francis Bacon

People should start dressing for success before they're successful—not after!

--Will Smith

Of all the things you wear, your expression is the most important.

--Janet Lane

Being perfectly well dressed provides a feeling of tranquility that religion is powerless to bestow.

--Ralph Waldo Emerson

Beauty is not in the face;
Beauty is a light in the heart.

--Kahlil Gibran

Lincoln once dreamed he was in some great assembly, and the people drew back to let him pass, whereupon he heard someone say, 'He is a common-looking fellow.' In his dream Lincoln turned to the man and said, 'Friend, the Lord prefers common-looking people; that is the reason why He made so many of them.'

--Abraham Lincoln

If you ever think you're too small to be effective, you've never been in bed with a mosquito.

--Anita Roddick

There are no ugly women, only lazy ones.

--Helena Rubenstein

The average girl would rather have beauty than brains because she knows the average man can see much better than he can think.

--*Ladies' Home Journal*

The mirror is the conscience of women; they never do a thing without first consulting it.

--Moritz G. Saphir

What one beholds of a woman is the least part of her.

--Ovid

The world is a looking glass and gives back to every man the reflection of his own face.

--William Makepeace
Thackeray

He that has a great nose thinks everybody is speaking of it.

--Thomas Fuller

It is only shallow people who do not judge by appearances. The true mystery of the world is the visible, not the invisible.

--Oscar Wilde

A man cannot dress, without his ideas get clothed at the same time.

--Laurence Sterne

A professional woman should dress at least two steps above her current position.
You do not dress where you are; you dress where you want to be.

--Unknown

Beauty is not caused. It is.

--Emily Dickinson

Adolescents like to rebel against conformity by all dressing exactly the same.

--Unknown

Everything has its beauty but not everyone sees it.

--Confucius

Beauty without virtue is a flower without perfume.

--Proverb

Energy is beauty—a Ferrari with an empty tank doesn't run.

--Elsa Peretti

Blue jeans? They should be worn by farm girls milking cows!

--Yves Saint Laurent

There is no such thing as an ugly woman—there are only the ones who do not know how to make themselves attractive.

--Christian Dior

Women who live for the next miracle cream do not realize that beauty comes from a secret happiness and equilibrium within themselves.

--Sophia Loren

The face is the index of the mind.

--Latin Proverb

My whole freshman year I wore brown and white shoes. Actually, they were impractical, because the white one kept getting dirty.

--Dick Cavett

A stunning first impression was not the same thing as love at first sight. But surely it was an invitation to consider the matter.

—Lois McMaster Bujold

It is only at the first encounter that a face makes its full impression on us.

—Arthur Schopenhauer

If you want to make a good first impression, smile at people. What does it cost to smile? Nothing. What does it cost not to smile? Everything, if not smiling prevents you from enchanting people.

—Guy Kawasaki

Anatomy is destiny.

--Sigmund Freud

The real sin against life is to abuse and destroy beauty, even one's own—even more, one's own, for that had been put in our care and we are responsible for its well-being.

--Katherine Anne Porter

Love built on beauty, soon as beauty, dies.

--John Donne

Unnecessary dieting is because everything from television and fashion ads have made it seem wicked to cast a shadow. This wild, emaciated look appeals to some women, though not to many men, who are seldom seen pinning up a Vogue illustration in a machine shop.

--Peg Bracken

What is beautiful is good, and who is good will soon also be beautiful.

--Sappho

I am too pretty to bother with an eyebrow pencil.

Spring hills paint themselves
With their own personality.

--Chao Luan-huan

Manners are especially the need of the plain. The pretty can get away with anything.

--Evelyn Waugh

There was a young lady from Skye,
With a shape like a capital I;
She said, 'It's too bad!
But then I can pad,'
Which shows you that figures can lie.

--Ethel Watts Mumford

The affluent, educated, liberated women of the First World...do not feel as free as they want to...This lack of freedom has something to do with apparently frivolous issues, things that really should not matter. Many are ashamed to admit that such trivial concerns—to do with physical appearance, bodies, faces, hair, clothes—matter so much.

--Naomi Wolf

One searches the magazines in vain for women past their first youth. The middle-aged face apparently sells neither perfume nor floor wax. The role of the mature woman in the media is almost entirely negative.

--Janet Harris

Zest is the secret of all beauty. There is no beauty that is attractive without zest.

--Christian Dior

The beauty of a woman is only skin-deep. If men could only see what is beneath the flesh and penetrate below the surface with eyes like the Boeotian lynx, they would be nauseated just to look at women, for all this feminine charm is nothing but phlegm, blood, humours, gall.

--Odo of Cluny

Better an ugly face than an ugly mind.

--James Ellis

Take care that the face that looks out from the mirror in the morning is a pleasant face. You may not see it again during the day, but others will.

--Unknown

People who are very beautiful make their own laws.

--Tennessee Williams

Style is the dress of thought.

--Lord Philip Chesterfield

Those who make their dress a principal part of themselves, will, in general, become of no more value than their dress.

--William Hazlitt

A beautiful woman should break her mirror early.

--Baltasar Gracián

People get built different. We don't have to figure it out. We just have to respect it.

—Princess Bubblegum,
Adventure Time

Women really go beyond the call of duty to attract men. I wonder what a man would do in a similar situation. Let's say someone decided that in order for a man to look attractive in a bathing suit to a woman he had to pour hot wax dangerously near to the most sensitive part of his body and have it ripped off at least once every two months. How many men do you think would sign up? I think Evil Knievel would say, 'Too risky.'

--Rita Rudner

Believing in yourself and liking yourself is all a part of good looks.

--Shirley Lord

The psychic scars caused by believing that you are ugly leave a permanent mark on your personality.

--Joan Rivers

Love is a great beautifier.

--Louisa May Alcott

Character contributes to beauty. It fortifies a woman as her youth fades. A mode of conduct, a standard of courage, discipline, fortitude and integrity can do a great deal to make a woman beautiful.

--Jacqueline Bisset

Ideal beauty is ideal because it does not exist; The action lies in the gap between desire and gratification. Women are not perfect beauties without distance. That space, in a consumer culture, is a lucrative one. The beauty myth moves for men as a mirage, its power lies in its ever-receding nature. When the gap is closed, the lover embraces only his own disillusion.

—Naomi Wolf

Loveliness—a beautiful envelope for mortality, presenting a glittering and polished exterior, the appearance of which gives no certain indication of the real value of what is contained therein.

--Clara Balfour

Fashion is made to become unfashionable.

--Coco Chanel

How intoxicating is the triumph of beauty, and how right it is to name it queen of the universe! How many courtiers, how many slaves, have submitted to it! But alas! why must it be that what flatters our senses almost always deceives our souls?

--Mme. de Surin

A good face is the best letter of recommendation.

--Queen Elizabeth I

Beauty depends more upon the movement of the face than upon the form of the features when at rest. Thus a countenance habitually under the influence of amiable feeling acquires a beauty of the highest order.

--Mrs. S. C. Hall

How goodness heightens beauty.

--Hannah More

Good dressing includes a suggestion of poetry. One nowhere more quickly detects sentiment than in dress. A well-dressed woman in a room should fill it with poetic sense, like the perfume of a flower.

--Miss Oakley

I base my fashion taste on what doesn't itch.

--Gilda Radner

Ideal beauty is a fugitive which is never located.

--La Marquise de Sévigné

Outward beauty is not enough; to be attractive a woman must...(use) words, wit, playfulness, sweet-talk, and laughter to transcend the gifts of Nature.

--Petronius

Give me a look, give me a face,
That makes simplicity a grace;
Robes loosely flowing, hair as free,
Such sweet neglect more taketh me
Than all the adulteries of art:
They strike mine eyes, but not my heart.

--Ben Jonson

American women: How they mortify the flesh in order to make it appetizing! Their beauty is a vast industry, their enduring allure a discipline which nuns or athletes might find excessive.

—Malcolm Muggeridge

Is it too much to ask that women be spared the daily struggle for superhuman beauty in order to offer it to the caresses of a sub-humanly ugly mate?

--Germaine Greer

You can never be overdressed or overeducated.

—Oscar Wilde

In the factory, we make cosmetics; in the store, we sell hope.

--Charles Revlon

No power on earth, however, can abolish the merciless class distinction between those who are physically desirable and the lonely, pallid, spotted, silent, unfancied majority.

--John Mortimer

When a woman isn't beautiful, people always say, 'You have lovely eyes, you have lovely hair.'

--Anton Chekhov

It's the plain women who know about love. The beautiful women are too busy being fascinating.

--Katherine Hepburn

Don't fall in love with the most beautiful girl;
Fall in love with the girl that makes your world the most beautiful.

—*EmpoweringWomenNow.com*

The eyes of other people are the eyes that ruin us. If all but myself were blind, I should want neither fine clothes, fine houses, nor fine furniture.

--Benjamin Franklin

Nothing improves a woman's appearance faster than a man's.

--Unknown

Most women try to improve their looks instead of their minds because they know most men are dumb but not blind.

--Unknown

Beauty is only skin deep, but it's a valuable asset if you're poor or haven't any sense.

--Kin Hubbard

I derive no pleasure from talking with a young woman simply because she has regular features.

—Henry David Thoreau

When we're exposed to airbrushed models and celebrity 'It Girls' with nothing but time and money to eat organic, work out and pay for plastic surgery, we hold ourselves up to that impossible standard. We are told they are beautiful, they are perfect, and we're the second-rate version, the imperfect second-best.

— Lauren Martin

Another woman's beauty is not the absence of your own.

--Unknown

A woman is never as beautiful as she used to be.

--Unknown

Beautiful young people are accidents of nature, but beautiful old people are works of art.

--Eleanor Roosevelt

Life belongs to the pretty woman.

--Lady Isobel Barnett

Any girl who takes pride in her appearance is bound to be a good worker.

--Margery Hurst

A rat is a beauty in the eyes of its mother.

--Unknown

A woman would be in despair, if Nature had formed her as fashion makes her appear.

--Julie de Lespinasse

All women, whether they go to work in a bus or a Bentley, worry about what to wear.

--Mary Quant

Charm is a glow within a woman which casts a most becoming light on others.

--John Mason Brown

Charm is to a woman what perfume is to a flower.

—Evan Esar

Beauty is truth, truth beauty--that is all Ye know on earth, and all ye need to know.

—John Keats

Cosmetics are a powerful form of chemical warfare used by women in the battle of the sexes.

--Unknown

Cosmetics are used by teenagers to make them look older sooner, and by their mothers to make them look younger longer.

--Unknown

An apple tree in bloom puts to shame all the men and women that have attempted to dress since the world began.

--Henry Ward Beecher

The well-dressed man is he whose clothes you never notice.

--Somerset Maugham

Nature gives you the face you have at 20; life gives you the face you have at 30; but the face you have at 40 is the one you made yourself.

--Coco Chanel

A woman's face is her fortune only when it draws a lot of interest.

—Evan Esar

Never judge by appearances, but always remember that you will be judged by them.

—Evan Esar

I like my clothes to be tight enough to show I'm a woman...but loose enough to show I'm a lady.

--Mae West

Laughter will never disappear from the face of the earth as long as women follow the latest fashions.

--Unknown

Teenagers always show their desire to be different by dressing alike.

--Unknown

There's only one thing a woman can lose and never know it's gone—her beauty.

--Unknown

Manners are especially the need of the plain. The pretty can get away with anything.

--Evelyn Waugh

In a beauty contest a girl's measurements never include her head size.

--Unknown

What would women say if men changed the length of their trousers every year?

--Lady Astor

For me a woman who wears no perfume has no future.

--Paul Valéry

A woman is like a salad—much depends on the dressing.

—Evan Esar

Life is too short to be small.

--Benjamin Disraeli

Since the invention of stretch garments, women take up one-third less space.
--Unknown

She got her good looks from her father—he's a plastic surgeon.
--Groucho Marx

Beauty is only skin deep, but ugliness goes clean to the bone.
--Dorothy Parker

The women of today wear more clothes than their grandmothers, but not at the same time.
--Unknown

Woman is the only creature that can be found with wool over its body, fur on its shoulders, leather on its feet, and feathers on its head.
--Unknown

Lady Nancy Astor: Winston, you are drunk.
Winston Churchill: Indeed, Madam, and you are ugly—but tomorrow I'll be sober.
—Lady Nancy Astor &
Winston Churchill

The best thing is to look natural, but it takes makeup to look natural.
--Calvin Klein

The same costume will be indecent 10 years before its time, smart in its time, dowdy one year after its time, ridiculous 20 years after its time, quaint 50 years after its time, romantic 100 years after its time and beautiful 150 years after its time.
--James Laver

If fashion isn't worn by everybody, then it is only eccentricity.
--Gabrielle Chanel

When I started at least women dressed to please men. Now they dress to astonish one another.
--Chanel

It's much easier nowadays to place a black person on a job than somebody who's fat.
--Kay Snow, Employment Agent

Any man over 30 with long hair looks like his mother.

--Orson Welles

People, like Russia, are more attractive from the distance.

--Edward Kuznetsov

The strongest evidence to prove that God exists is a beautiful woman.

--Giovanni Leone

If I did not wear torn pants, orthopedic shoes, frantic disheveled hair, that is to say, if I did not tone down my beauty, people would go mad. Married men would run amuck.

--Brenda Ueland

I embarked on a risky course of plastic surgery and silicone injections, major dental realignments and gruesome medical procedures. I pray that young dancers, those who imitate me at their peril, will avoid this blind alley. It is more than a dead end; it is a dead beginning.

--Gelsy Kirkland

Why not be one's self? That is the whole secret of a successful appearance. If one is a greyhound, why try to look like a Pekingese?

--Edith Sitwell

The tragedy of our time is not that we are so eye centered, so appearance besotted. The tragedy is that we do not know what we like until we are told by our advertisers and entertainers.

--Jessamyn West

All God's children are not beautiful. Most of God's children are, in fact, barely presentable.

--Fran Lebowitz

By its very nature the beautiful is isolated from everything else. From beauty no road leads to reality.

--Hannah Arendt

It is now fashionable to be thin, but if it were fashionable to be fat, women would force-feed themselves like geese.

--Una Stannard

Beauty that dies the soonest has the longest life. Because it cannot keep itself for a day, we keep it forever. Because it can have existence only in memory, we give it immortality there.

--Bertha Damon

Beauty without grace, is a hook without bait.

--Ninon de Lenclos

I think how you look is the most important thing in the world. If you look cute, you are cute. If you look smart, you are smart, and if you don't look like anything, then you aren't anything.

--Betsy Byars

It is not only fine feathers that make fine birds.

--Aesop

The worship of the willowy super model has become a cult.

--William Jeffcoate,
M.D.

The current stairway to heaven is lined with celery sticks. Everyone wants to be Born Again—3 sizes smaller.

--Ellen Goodman

Whatever is in any way beautiful has its source of beauty in itself, and is complete in itself; praise forms no part of it.

--Marcus Aurelius

Beauty as we feel it is something indescribable; what it is or what it means can never be said.

--George Santayana

It is easier to behave nicely when you have your good clothes on.

—L. M. Montgomery

Better a diamond with a flaw than a pebble without.

--Confucius

Beauty is like summer fruits which are easy to corrupt and cannot last.

--Frances Bacon

Over-fertilized plants may be beautiful but are otherwise useless, like people whose energies are devoted so completely to their appearance that there is no other development.

--William Longgood

Plainness has its peculiar temptations quite as much as beauty.

--George Eliot

Novelty is an essential attribute of the beautiful.

--Benjamin Disraeli

Beauty is not caused. It is.

--Emily Dickinson

A thing of beauty is a job forever.

--Milton Berle

I build my body to carry my brain around.

--Sylvester Stallone

With the shape my body is in you could donate it to science fiction.

--Rodney Dangerfield

The clothes that make a woman break a man.

--Unknown

Never in the history of fashion has so little material been raised so high to reveal so much that needs to be covered so badly.

--Sir Cecil Beaton

Sometimes I can't figure designers out. It's as if they flunked human anatomy.

--Erma Bombeck

A smile is an inexpensive way to improve your looks.

--Andy Rooney

We shall never know all the good that a simple smile can do.

--Mother Teresa

Things are beautiful if you love them.

--Jean Anouilh

The reason women don't play football is because 11 of them would never wear the same outfit in public.

--Phyllis Diller

Clothes make the man. Naked people have little or no influence on society.

--Mark Twain

You probably wouldn't worry about what people think of you if you could know how seldom they do.

--Olin Miller

Change how you see, not how you look.

—Bumper Sticker

Some of the worst mistakes of my life have been haircuts.

--Jim Morrison

Any girl can be glamorous. All you have to do is stand still and look stupid.

--Hedy Lamarr

Anyone who says he can see through women is missing a lot.

--Groucho Marx

I found there was only one way to look thin: hang out with fat people.

--Rodney Dangerfield

The leading cause of death among fashion models is falling through street grates.

--Dave Barry

The simple truth is that balding African-American men look cool when they shave their heads, whereas balding white men look like giant thumbs.

--Dave Barry

The whole world obeys the rule of beauty.

--Salman Rushdie

If you're gonna be two-faced at least make one of them pretty.

--Marilyn Monroe

All charming people have something to conceal, usually their total dependence on the appreciation of others.

--Cyril Connolly

We forfeit three-fourths of ourselves in order to be like other people.

--Arthur Schopenhauer

Good looks are a curse. You and Kenneth should count yourselves very lucky.

--Blanche Hunt

A woman's dress should be like a barbed-wire fence: serving its purpose without obstructing the view.

--Sophia Loren

Sex appeal is fifty percent what you've got and fifty percent what people think you've got.

--Sophia Loren

I was a dumpy teenager. My mom was a model and was all about looks, so I rebelled by going goth. It took me years of peeling back the onion to finally stop using make-up as a mask and feel comfortable in my skin.

--Jennifer Aniston

Do you still love nature, despite what it did to you?

--*Someecards.com*

I'm not offended by dumb blonde jokes because I know that I'm not dumb. I also know I'm not blonde.

--Dolly Parton

My mom is so sweet. She said to me, 'You look so young for your age. It must be your pimples.'

--Jayne Warren

Beauty must be calm.

—Charles Baudelaire

I had plenty of pimples as a kid. One day I fell asleep in the library. When I woke up, a blind man was reading my face.

—Rodney Dangerfield

If I were two-faced, would I be wearing this one?

--Abraham Lincoln

If you are going to pay serious attention to women—to their sense of themselves, their position (social, political, economic), their assumptions about the face they are presenting to their world, it helps a good deal if you know exactly what they are wearing.

--Caitlin Flanagan

If we don't want to define ourselves by things as superficial as our appearances, we're stuck with the revolting alternative of being judged by our actions.

--Ellen DeGeneres

If you really want to be depressed, weigh yourself in grams.

--Jason Love

It's better to be looked over than overlooked.

--Mae West

I believe in my cosmetics line. There are plenty of charities for the homeless. Isn't it time someone helped the homely?

--Dolly Parton

Nothing tastes as good as skinny feels.

--Kate Moss

In the forest, there was a crooked tree and a straight tree. Every day, the straight tree would say to the crooked tree, 'Look at me...I'm tall, and I'm straight, and I'm handsome. Look at you...you're all crooked and bent over. No one wants to look at you.' And they grew up in that forest together. And then one day the loggers came, and they saw the crooked tree and the straight tree, and they said, 'Just cut the straight trees and leave the rest.' So the loggers turned all the straight trees into lumber and toothpicks and paper. And the crooked tree is still there, growing stronger and stranger every day.

--Tom Waits

Style, that's what people remember.

--Terry Pratchett

Women swear up and down that looks are not nearly as important to them as they are to men, that a woman will not hesitate to marry an unattractive man if he has other compensatory qualities, such as a sense of humor or a highly developed intellect or a villa in Tuscany. I only believe the part about the villa in Tuscany.

--Joe Queenan

I personally cannot recall the last time I saw an attractive woman with a hideous man, and I keep my eyes peeled for this sort of thing. You might see a 10 with an 8, or an 8 with a 5, but you never see a 9 with a 2. And that's the reason ugly men do not cheat on their wives. An ugly man is so happy that he found one woman willing to gaze at his dreadful countenance for the next 40 years that there is no way he is going to risk everything by cheating on her.

--Joe Queenan

Style is a way to say who you are without having to speak.

--Rachel Zoe

It's great being blonde—with such low expectations it's easy to impress.

--Pamela Anderson

Nothing is beautiful, only man: on this piece of naïveté rests all aesthetics, it is the first truth of aesthetics. Let us immediately add its second: nothing is ugly but degenerate man—the domain of aesthetic judgment is therewith defined.

--Friedrich Nietzsche

Everything will line up perfectly when knowing and living the truth becomes more important than looking good.

--Alan Cohen

Alas! how difficult it is not to betray one's guilt by one's looks.

--Ovid

Beauty is but a flower, which wrinkles will devour.

--Thomas Nash

The most important thing in the face is the eyes, and if you can make the eyes talk, you're halfway there.

--Ian Holm

There is no such thing as a weird human being. It's just that some people require more understanding than others.

--Tom Robbins

A fair exterior is a silent recommendation.

--Publilius Syrus

You can never be too rich or too thin.

--Wallis Simpson

Underwear: The socks of pants.

--*Earth (The Book) A
Visitor's Guide to
the Human Race*

You're damned if you're too thin and you're damned if you're too heavy. According to the press I've been both. Its impossible to satisfy everyone and I suggest we stop trying.

--Jennifer Aniston

Beauty is often worse than wine; intoxicating both the holder and beholder.

--John Zimmerman

I've gone through stages where I hate my body so much that I won't even wear shorts and a bra in my house because if I pass a mirror, that's the end of my day.

--Fiona Apple

A girl who is interested in becoming a model must first accept the fact that she is the product. She must be ready to deal with a lot of rejection.

--Karolina Kurkova

The men's business suit....No other garment so expertly creates an idealized masculine silhouette. It conveys authority, has inspired a whole wardrobe of protest garb (from the jeans and T-shirts of '60s rebels to the Dockers and golf shirts of casual Fridays), and has a message that crosses demographics, cultures, and languages. Not everyone wears one, but everyone knows what it means: we understand 'the suits' to be the folks in charge.

--Robin Givhan

There's no art to find the mind's construction in the face.

--William Shakespeare

Doors open because you're beautiful, but I wouldn't cultivate beauty to the exclusion of brains.

—Tia Carrere

I used to think that I didn't have dates because I was ugly, and I was ugly because I was Chinese. But it was good because I grew up also thinking I could never really rely on my looks as a way to get ahead in the world.

—Amy Tan

You know, I do not think it is necessarily looks, I do not think I am the prettiest girl... Everyone has something that is their asset, some have the hair, some have the cheekbones, others have the lips. But once you know what is your asset, then you should capitalize on it.

—Blu Cantrell

To be well dressed you must be well naked.

—Oscar de la Renta

Women's identity must be premised upon our 'beauty' so that we will remain vulnerable to outside approval, carrying the vital sensitive organ of self-esteem exposed to the air.

—Naomi Wolf

She was a phantom of delight
When first she gleam'd upon my sight
A lovely apparition, sent
To be a moment's ornament.

—William Wordsworth

In life, as in art, the beautiful moves in curves.

—Edward Bulwer-Lytton

What you want to worship above youth, I think, is beauty, and beauty is so beyond just appearances after a while. Because you can be with someone who's good-looking; if they open their mouths and they're an idiot, then they cease to be beautiful very quickly.

—Patton Oswalt

Education is important, but big biceps are importanter.

—T-Shirt Slogan

Less attractive people realize certain dates are out of reach and adjust priorities accordingly, learning to value traits like a sense of humor.

—Matthew Hutson

If you look good and dress well, you don't need a purpose in life.

—Robert Pante

Joy is the best makeup.

—Anne Lamott

Let us be grateful to the mirror for revealing to us our appearance only.

—Samuel Butler

I'm always suspicious of really beautiful women telling us we shouldn't be worried about beauty.

—Susan Estrich

Clothes possess an influence more powerful over many than the worth of character or the magic of manners.

—Louisa May Alcott

Fashion is about dressing according to what's fashionable. Style is more about being yourself.

—Oscar de la Renta

Most plain girls are virtuous because of the scarcity of opportunity to be otherwise.

—Maya Angelou

People talk about their weight going up and down. With me, it's just been up. I know it's not OK, but I love to eat. I love to live in a way that's not limiting. Yes, I should lose weight and I will, but the older you get, the more you just don't give a shit.

—Candice Bergen

Men with style are great because they have a sense of self.

—Lexa Doig

Toss the creams, supplements and elixirs. Say no to Botox, human growth hormones and other expensive and even dangerous snake oils that give you nothing but false hope. Resist the pressure and don't succumb to the idea that the only good older person is one who looks and acts like a younger person.

—Dr. Bill Thomas

The expression a woman wears on her face is far more important than the clothes she wears on her back.

—Dale Carnegie

Underneath my outside face,
There's a face that none can see.
A little less smiley,
A little less sure,
But a whole lot more like me.

—Shel Silverstein

Though we travel the world over to find the beautiful, we must carry it with us or we find it not.

—Ralph Waldo Emerson

Not being beautiful was the true blessing. Not being beautiful forced me to develop my inner resources. The pretty girl has a handicap to overcome.

—Golda Meir

The love of beauty in its multiple forms is the noblest gift of the human cerebrum.

—Alexis Carrel

Women thrive on novelty and are easy meat for the commerce of fashion. Men prefer old pipes and torn jackets.

—Anthony Burgess

A figure with curves always offers a lot of interesting angles.

—Wesley Ruggles

Dear Santa, this year, all I want for Christmas is a fat bank account & a skinny body....Let's try not to mix the 2 up like you did last year.

—iFamilyKC

Comparison is a brutal assault upon oneself.

—Cameron Diaz

There is no definition of beauty, but when you can see someone's spirit coming through, something unexplainable, that's beautiful to me.

—Liv Tyler

I don't go out without make up. I'm a woman, you know.

—Shakira

What do I wear in bed? Why, Chanel No. 5, of course.

—Marilyn Monroe

Socrates called beauty a short-lived tyranny; Plato, a privilege of nature; Theophrastus, a silent cheat; Theocritus, a delightful prejudice; Carneades, a solitary kingdom; Aristotle, that it was better than all the letters of recommendation in the world; Homer, that it was a glorious gift of nature; and Ovid, that it was favor bestowed by the gods.

—Francis Quarles

Let your smile change the world, not the world change your smile.

—*inspiremore.com*

Change of fashion is the tax levied by the industry of the poor on the vanity of the rich.

—Nicolas de Chamfort

Beauty is our weapon against nature; by it we make objects, giving them limit, symmetry, proportion. Beauty halts and freezes the melting flux of nature.

—Camille Paglia

Nothing is beautiful from every point of view.

—Horace

Don't tell me I'm 'too tall' just because my height happens to threaten your rather fragile sense of masculinity. The fact that men cannot physically look down upon women who are taller than them is the very reason that many men find tall women so intimidating.

—Miya Yamanouchi

'When women wear make-up they're basically lying to us.' I don't see why I'm being blamed for a man stupid enough to think I have gold, sparkly eyelids.

—*facebook.com / QueenofSass*

If it takes more than an hour to get ready, then you might not be as cute as you think you are.

—*someecards.com*

Comparison is the thief of joy.

—Theodore Roosevelt

Mirror, mirror on the wall...
It does not matter if I'm short or tall...
If I have skinny legs or my hips are wide...
It only matters who I am inside...
Blue eyes, brown eyes, black or green...
What makes me most beautiful cannot be seen...
When you look at me, don't judge me by my parts...
The most beautiful thing about me is my heart.

—Internet Meme

You know what outfit looks the best on everybody? Self-confidence. Rock it and own it.

—Jayne Robinson

People are meaning-seeking creatures. The brands we buy and wear and use are symbols to express our identities.

—Susan Fournier

I think if I weren't so beautiful, maybe, I'd have more character.

—Jerry Hall

Curvy women are real women. Skinny women are real women. Women who have had boob jobs or lip enhancements or liposuction are still real women. Size 0 may make no sense mathematically, but a woman who wears that size is as real as the one who wears a size 16. What makes us 'real' people is not the shape of our flesh but our basic humanity. And we lose our humanity when we judge – not when we lose weight, gain weight, or make the intensely personal decision to undergo cosmetic surgery.

—Hugo Schwyzer

I enjoy looking at beautiful people, and I decided a while ago not to deny myself the simpler pleasures of existence.

—John Green

That's always seemed so ridiculous to me, that people want to be around someone because they're pretty. It's like picking your breakfast cereals based on color instead of taste.

—John Green

A face without freckles is like a night without stars.

—*ireland-calling.com*

I'm happy, and I think being happy keeps you looking young.

—Olivia Newton-John

I'm not obsessed by looks. I think you can become a prisoner of your own image.

—Juliette Binoche

In difficult times, fashion is always outrageous.

—Elsa Schiaparelli

Smile a lot. Not only will you turn heads, you'll turn hearts

—Andrea Oldham

A genuine smile, which involves a contraction of the muscles at the corners of the eyes, is called a 'Duchenne' smile, named for the 19th-century anatomist; its opposite, a forced smile that uses just the mouth, is actually sometimes called a 'Pan Am' smile.

—Jerry Adler

If you're an attractive guy, everyone thinks you're successful just because of the way you look. I hate that.

—James Marsden

I am in competition with no one. I have no desire to play the game of being better than anyone. I'm simply trying to be better than the person I was yesterday.

—*RawForBeauty.com*

I often think that a slightly exposed shoulder emerging from a long satin nightgown packs more sex than two naked bodies in bed.

—Bette Davis

What delights us in visible beauty is the invisible.

—Marie von
Ebner-Eschenbach

Life is short. Smile while you still have teeth.

—Britney Spears

When I was little I didn't care about things like how I dressed...my parents did that for me. Looking back, it's clear to see they didn't care much either.

—Ged Backland

The zoot suit was, perhaps, the first time in American history that fashion was believed to be the cause of widespread civil unrest.

—Kathy Peiss

For those without other forms of cultural capital, fashion can be a way of claiming space for yourself.

—Kathy Peiss

A thing of beauty is a joy forever;
Its loveliness increases; it will never
Pass into nothingness; but still will keep
A bower quiet for us, and a sleep
Full of sweet dreams, and health and quiet breathing...

—John Keats

Time may be a great healer, but it's a lousy beautician.

—Unknown

Consider the following statistics from the *National Eating Disorders Association's* website:

Forty-two percent of first-to-third-grade girls want to be thinner.
Eighty-one percent of 10-year-olds are afraid of being fat.
Even among clearly non-over-weight girls, over one-third report dieting.
Of American elementary school girls who read magazines, 69 percent said that the pictures influence their concept of the ideal body shape.
Forty-seven percent of these girls say the pictures make them want to lose weight.

—Connie Schultz

A smile is a curve that sets everything straight.

—Phyllis Diller

Don't worry about wrinkles, they're just antique smiles.

—Unknown

Beauty awakens the soul to act.

—Dante Alighieri

There are no ugly ducklings.

—Loretta Young

One in three women admit that they refuse to leave the house without makeup on.

—*Stylecaster*

Half of women, out of 1,292 surveyed, have negative feelings when they don't wear makeup. 76% of women surveyed suffer from negative emotions when they go natural.

—*Empower*

I think every single girl should take pride in her appearance. I also think that as women grow up we should be professional. You have to exude a professional appearance, but I do not think that has to mean glamor over the top if that is not something you're interested in.

—Julie Osterhaus

Popularity is a trap. The research is overwhelming. For instance, a study tracking nearly 200 13-year-olds over the course of a decade found that those who acted old for their age by sneaking into movies, forming early romantic relationship, shoplifting, and basing friendships on appearance were considered by their peers to be the popular kids. The 'cool kids,' the same study found, had a 45 percent greater rate of problems due to substance abuse by age 22, and a 22 percent greater rate of criminal behavior, compared with the average teen in the study. Such behavior made the popular group far less socially acceptable as young adults than they were at 13, which suggests that while the cool kids achieved temporary social status, they never developed the skills needed for deep, durable friendships.

—Ron Fournier

He who goes against the fashion is himself its slave.

—Logan Pearsall Smith

All beauty comes from beautiful blood and a beautiful brain.

—Walt Whitman

I hope I have some range in the appreciation of Beauty. I can see it all the way from exquisite through homely and mean, even to vile.

—Robert Frost

Men are just as vain as women, and sometimes even more so.

—Helena Rubinstein

The beauty of a face is not a separate quality but a relation or proportion of qualities to each other.

—George H. Mead

I would call my fashion style: ‘clothes that still fit.’

—T-Shirt Slogan

The flowers anew, returning seasons bring; but beauty faded has no second spring.

—Ambrose Philips

Being skinny is OK. Not being skinny is OK. Having curves is OK. Not having curves is OK. Bashing someone for their body type is not OK.

—Internet Meme

There is nothing more rare, nor more beautiful, than a woman being unapologetically herself; comfortable in her perfect imperfection. To me, that is the true essence of beauty.

—Steve Maraboli

We get so worried about being pretty. Instead let’s worry about being: pretty kind, pretty funny, pretty smart, & pretty strong.

—Ged Backland

At an audition for *King Kong* I was told I was too ‘ugly’ for the part. This was a pivotal moment for me. This one rogue opinion could derail my dreams of becoming an actress or force me to pull myself up by the boot straps and believe in myself. I took a deep breath and said ‘I’m sorry you think I’m too ugly for your film but you’re just one opinion in a sea of thousands and I’m off to find a kinder tide.’ Today I have 18 Academy Awards.

—Meryl Streep

A beautiful face will age and a perfect body will change, but a beautiful soul will always be a beautiful soul.

—Unknown

To depict someone's appearance is not necessarily to describe the person. It is when exterior details are linked to his behavior and his inner life that we begin to know a man. And sometimes we do not need to have a very clear visual picture drawn for us at all, because it is what a person does that reveals him.

--James D. Houston

I look forward to being older, when what you look like becomes less and less an issue, and what you are is the point.

—Susan Sarandon

There is an epidemic right now of girls dumbing themselves down... in middle school because they think it makes them attractive.

—Danica Mckellar

If you've been told all your life that you're good-looking, people just flock around you and you never really have to try or have to learn an interesting craft, skill or hobby —or even have depth.

—Brittany Daniel

Wicked thoughts and worthless efforts gradually set their mark on the face, especially the eyes.

—Arthur Schopenhauer

A popular admonition goes 'Don't judge a book by its cover.' Yet we do it all the time. We ascribe qualities of character to people based on their physical characteristics. And our language takes shape to reflect that attitude.

—Anu Garg

In nature a repulsive caterpillar turns into a lovely butterfly. But with human beings it is the other way round: a lovely butterfly turns into a repulsive caterpillar.

—Anton Chekhov

There is nothing so difficult to marry as a large nose.

—Oscar Wilde

The circumstance of superior beauty is thought worthy of attention in the propagation of our horses, dogs and other domestic animals. Why not that of man?

—Thomas Jefferson

All God's children are not beautiful. Most of God's children are, in fact, barely presentable.

—Fran Lebowitz

Affectation is a greater enemy to the face than smallpox.

—English Proverb

I am sure that nothing has such a decisive influence upon a man's course as his personal appearance, and not so much his appearance as his belief in its attractiveness or unattractiveness.

—Leo Tolstoy

There is a garden in her face,
Where roses and white lilies grow;
A heavn'ly paradise is that place,
Wherein all pleasant fruits do flow.

—Thomas Campion

Sometimes I feel discriminated against, but it does not make me angry. It merely astonishes me. How can any deny themselves the pleasure of my company? It's beyond me.

—Zora Neale Hurston

Beauty fades, but dumb is forever.

--Amy Poehler

All God's children are not beautiful. Most of God's children are, in fact, barely presentable.

--Fran Lebowitz

Cuteness in children is totally an adult perspective. The children themselves are unaware that the quality exists, let alone its desirability, until the reactions of grownups inform them.

--Leontine Young

Remember, when it comes to applying for jobs, books ARE judged by their cover!

—Patricia Akins

In everything from athletic ability to popularity to looks, brains, and clothes, children rank themselves against others. At this age (7 and 8), children can tell you with amazing accuracy who has the coolest clothes, who tells the biggest lies, who is the best reader, who runs the fastest, and who is the most popular boy in the third grade.

--Stanley I. Greenspan

It's crazy that there's no dress code in college, but boys can somehow still do school work.

—Unknown

We keep looking at the big social and political problems. But when you're walking down the street and someone simply smiles at you—what a tremendous difference that makes.

—Bobby McFerrin

Being perfectly well dressed provides a feeling of tranquility that religion is powerless to bestow.

—Ralph Waldo Emerson

I can't think of any better representation of beauty than someone who is unafraid to be herself.

—Emma Stone

Your hair cut, your clothes, your mannerisms, how you present yourself to others – these aren't accidents, but deliberate choices you make. We constantly invent ourselves by the choices we make: how we choose to act and what we choose to do in any given situation.

So no one first impression can give the full picture of who a person is, just how they choose to be on that particular day. However, when you only meet someone once, then it is inevitable that you will form an opinion of them based on the information gleaned on that occasion – even if it's only the cover of the book. It's all you have to go on.

—Peter Harris

Knowledge is the key that unlocks all the doors. It doesn't matter what you look like or where you come from if you have knowledge.

--Benjamin Carson

While everyone should be treated equally regardless of fashion, in many situations how you are dressed matters. At a professional conference, a woman in business casual attire seems more important than a woman in yoga pants. In a business setting, a man in a suit is accorded more respect than a guy in jeans and a polo shirt.

—Peter Harris

Recent psychology research has found that dressing more formally actually makes people think differently. When people dress up they feel more powerful, and this allows them to make better decisions....Dressing in what you perceive to be the clothing of the most well-regarded and competent person for a role will have a psychological effect on you, allowing you to actually perform as a more competent person in that role.

—Peter Harris

You have to hang on in periods when your style isn't popular, because if it's good, it'll come back, and you'll be a recognized beauty once again.

—Andy Warhol

A woman with a beautiful body is good for a night, but a woman with a beautiful mind is good for a lifetime.

—Unknown

It takes a lot of money to make me look this cheap.

—Dolly Parton

The heavier you are—the more difficult you are to kidnap...Stay safe people, eat cake!

—Ged Backland

I stay a bit overweight because it wouldn't be fair to all the skinny people if I was attractive, intelligent, funny AND thin. It's a public service really.

—*silversurfers.com*

Much of the pressure contemporary parents feel with respect to dressing children in designer clothes, teaching young children academics, and giving them instruction in sports derives directly from our need to use our children to impress others with our economic surplus.

--David Elkind

When grace is joined with wrinkles, it is adorable. There is an unspeakable dawn in happy old age.

—Victor Hugo

A man's manners are a mirror in which he shows his portrait.

--Johann Wolfgang
van Goethe

Manners are especially the need of the plain. The pretty can get away with anything.

—Evelyn Waugh

It is one of the unwritten laws of French politeness that a long face is a breach of manners.

--Richard Le Gallienne

Better good manners than good looks.

--Irish Proverb

Kindness makes you the most beautiful person in the world no matter what you look like.

—Unknown

YOU'RE NOT UGLY AT ALL

Have you ever noticed, that when you look at yourself,
Really look at yourself,
You're not ugly at all.

I don't mean how you look when you've just finished your face in the mirror
Not after you've perfected that cat-eye liner
Not after you've applied your bright red lips
Not after you've blushed your cheeks just the right amount

I mean when your face is naked
When you've just stepped out of the shower
When you can see those freckles,
When you can see that acne
When you can see those bags under your eyes

You spend too much time hating those tiny imperfections,
Too much time shredding your self esteem
But the makeup gets caught in the cracks of your façade
And those all too obvious insecurities are magnified
You try so hard to cover those scars
That you can't see you're just making it worse

Why is it so difficult to love what is natural?
Why are you made to feel bad about something you were born with?
About something out of your control?
Why does it always seem like everyone looks perfect but you?
Like out of a whole production line of dolls, you were the only defective one?

Because society says so
Because the models in the magazines you read look like alien beings of perfection
But why do you listen to what society says?
Haven't you realized that 99% of society does not look anything like the ideal of
beauty they advocate?

Those models in those magazines don't even like what they look like, even though
they are deemed the ideal

You need to love what you were born with
You need to love who you are when you are alone in the bathroom, no makeup on,
just you and your reflection
Because if you heal those internal scars that you tried so hard to cover with makeup
You won't be broken anymore, you'll be whole
And you'll find that you're a hell of a lot prettier than you gave yourself credit for.

You'll realize that you weren't ugly at all.

—Turner Collins

I believe in pink. I believe that laughing is the best calorie burner. I believe in kissing,
kissing a lot. I believe in being strong when everything seems to be going
wrong. I believe that happy girls are the prettiest girls. I believe that tomorrow is
another day and I believe in miracles.

—Audrey Hepburn

It doesn't matter who you are or what you look like, so long as somebody loves you.

—Roald Dahl

A smile is the lighting system of the face, the cooling system of the head and the heating system of the heart.

—Amelia Walker

Smiling is the best way to face any problem, to crush every fear and to hide every pain.

—Will Smith

It is rare to see wisdom allied to beauty.

--Petronius

A beautiful lady is an accident of nature. A beautiful old lady is a work of art.

—Louis Nizer

My women students openly admit that they dress for interviews like dates, hoping to look their best: makeup, high heels, a well-fitting suit that shows off their figure. And I always tell them to make sure to wear a shirt under the suit jacket. Form fitting, yes. Cleavage, no.

—Susan Estrich

A smile puts you on the right track. A smile makes the world a beautiful place. When you lose your smile, you lose your way in the chaos of life.

—Roy T. Bennett

You are beautiful. Your beauty, just like your capacity for life, happiness, and success, is immeasurable. Day after day, countless people across the globe get on a scale in search of validation of beauty and social acceptance.

Get off the scale! I have yet to see a scale that can tell you how enchanting your eyes are. I have yet to see a scale that can show you how wonderful your hair looks when the sun shines its glorious rays on it. I have yet to see a scale that can thank you for your compassion, sense of humor, and contagious smile. Get off the scale because I have yet to see one that can admire you for your perseverance when challenged in life.

It's true, the scale can only give you a numerical reflection of your relationship with gravity. That's it. It cannot measure beauty, talent, purpose, life force, possibility, strength, or love. Don't give the scale more power than it has earned. Take note of the number, then get off the scale and live your life. You are beautiful!

—Steve Maraboli

[On school uniforms] Don't these schools do enough damage making all these kids think alike, now they have to make them look alike too? It's not a new idea, either. I first saw it in old newsreels from the 1930s, but it was hard to understand because the narration was in German.

—George Carlin

'Look, girls know when they're cute,' he said. 'You don't have to tell them. All they need to do is look in the mirror. I have one friend out in New York, an attorney. She moved out there after the school year to take the bar. She doesn't have a job. I was like, 'How are you going to get a job there in this market?' And she's like, 'I'll wink and I'll smile.' She's a pretty girl. Whether that works despite her poor grades is yet to be seen.

—Daniel Amory

My hair is not the shiniest of bobs
My eyes are not the brightest in the room
My figure will not get me modeling jobs
My smile will not bring young boys to their doom.
But do I cry and mourn my average face?
Or wish that I had boyfriends at the ready?
Do I not sleep because I lose the race,
Or spurn my food because I don't go steady?
My mind is on a more important thing
That lifts my heart and makes my spirit soar
I want to make the souls of people sing
And quiet down the mean and bullying roar.
To help the wounded girls replace the scar
With the right to be exactly who they are.

—Nancy Rue

For 24 years of my adult life, by choice I weighed well over 200 pounds. I say 'by choice' because I have never 'accidentally' eaten anything, so when I choose to eat too much, I have chosen to weigh too much.

—Zig Ziglar

The reason fat men are good natured is they can neither fight nor run.

—Theodore Roosevelt

We don't see things as they are, we see them as we are.

—Anais Nin

Do you know that feeling? When everything you do seems like a struggle. Where you don't wanna leave the house because you know everyone is judging you. Where you cant even ask for directions in fear that they critise you. Where everyone always seems to be picking out your flaws. That feeling where you feel so damn sick for no reason.

Do you know that feeling where you look in the mirror and completely hate what you see. When you grab handfuls and handfuls of fat and just want to cut it all off. That feeling when you see other beautiful girls and just wish you looked like them. When you compare yourself to everyone you meet. When you realise why no one ever showed interest in you. That feeling where you become so self conscious you don't even turn up at school. That feeling when you feel so disappointed in who you are and everything you have become. That feeling when every bite makes you wanna be sick. When hunger is more satisfying than food. The feeling of failure when you eat a meal.

Do you know that feeling when you cant run as far as your class. Fear knowing that everyone thinks of you as the 'Unfit FAT BITCH' That feeling when you just wanna let it all out but you don't wanna look weak. The fear you have in class when you don't understand something but your too afraid to ask for help. The feeling of being to ashamed to stand up for yourself.

Do you know the feeling when your deepest fear becomes a reality. Fear that you will NEVER be good enough. When you feel as if you deserve all the pain you give yourself. When you finally understand why everyone hates you. FINALLY realising the harsh truth. Understanding that every cut, every burn, every bruise you have even given yourself, you deserved. In fact you deserved worse. That feeling when you believe you deserve constant and brutal pain.

Do you know what it feels like to just want to give up. When you just want all the pain to end but you want it to continue? Or am i just insane?

—Anonymous Student

I realized everyone around me was wearing a uniform. Black pants, white button-down shirts, green ties. Gotta love the smell of institutional equality in the morning.

—Francesca Zappia

Beauty is what remains inside a body after it has wrinkled.

—Olaotan Fawehinmi

Beware, as long as you live, of judging people by appearances.

—Jean de la Fontaine

My mother doesn't like tattoos. She says art belongs on a wall. Well I say no one, not even my mother, gets to tell me that I can't be a masterpiece.

—Hannah Sykes

I've recently had someone tell me, 'You should stop saying how old you are.' And I'm like, 'No!' That's nonsense, and it's also dumb. Lie the other way! I think I'm a decent-looking 40, but if I told you I was 60 you'd be like, 'You look incredible.'

—Jessi Klein

Celebrities say, 'Oh, I lost the weight because I chase the baby around.' I didn't think about it that hard, but then I had a baby....The baby doesn't move! The baby didn't move for eight months! It's a lie.

—Jessi Klein

I don't get it. I just don't get it. If Art is supposed to imitate Life, why do they want all the actors to be thin? There are fat people in the world. Shouldn't there be a few of us actors to represent them?

—Camryn Manheim

To start telling people that you're beautiful, or just feel beautiful, just start acting like you are the most beautiful woman in the world. And it really improves everything! Because your sort of psyche responds to it —like this is truthful!

—Margaret Cho

Beauty is not all-important as an asset...I cannot for the moment recall a single great actress who is a beauty. At least not in the popularly accepted idea of what constitutes beauty.

--Laurette Taylor

Any actress who appears in public without being well-groomed is digging her own grave.

—Joan Crawford

Being a Dream Girl is never going to be about what you look like or how much you weigh. After all, our physical appearances are just reflections of our inner worlds. What makes you a Dream Girl is your emotional sensitivity, your self-awareness, and your ability to communicate who you are effectively and compassionately in the world.

—Jennifer Elisabeth

We dress the way we think.

—Stella Adler

No sooner have you feasted on beauty with your eyes than your mind tells you that beauty is vain and beauty passes.

—Virginia Woolf

Jewelry takes people's minds off your wrinkles.

—Sonja Henie

Those that don't got it, can't show it. Those that got it, can't hide it.

—Zora Neale Hurston

5-year-old daughter: Why does Mom wear makeup?

Me: To look pretty.

5-year-old daughter: But she's already pretty.

Me: Awww.

5-year-old daughter: Dad, you should wear makeup.

—James Breakwell

I bet attractive people think the world is a lot more polite than it really is.

—Stephen Lockyer

Never before has a generation of parents faced such awesome competition with the mass media for their children's attention. While parents tout the virtues of premarital virginity, drug-free living, nonviolent resolution of social conflict, or character over physical appearance, their values are daily challenged by television soaps, rock music lyrics, tabloid headlines, and movie scenes extolling the importance of physical appearance and conformity.

--Marianne E. Neifert

When a man gets up to speak, people listen then look. When a woman gets up, people look; then, if they like what they see, they listen.

--Pauline Frederick

Beauty is variable; ugliness is constant.

—Doug Horton

Women ruin music. If the ladies are ill-favoured, the men do not want to play next to them, and if they are well-favoured, they can't.

--Sir Thomas Beecham

The human body is the best work of art.

—Jess C. Scott

In 2010, three professors at Duke’s Fuqua School of Business asked roughly 2,000 people to look at a long series of photos. Some showed CEOs and some showed non-executives, and the participants didn’t know who was who. The participants were asked to rate the subjects according to how ‘competent’ they looked. Among the study’s findings: CEOs look significantly more competent than non-CEOs; CEOs of large companies look significantly more competent than the CEOs of small companies; and, all else being equal, the more competent a CEO looked, the fatter the paycheck he or she received in real life. And yet the authors found no relationship whatsoever between how competent a CEO looked and the financial performance of his or her company.

--Don Peck

Examples of bias abound. Tall men get hired and promoted more frequently than short men, and make more money. Beautiful women get preferential treatment, too—unless their breasts are too large. According to a national survey by the Employment Law Alliance a few years ago, most American Workers don’t believe attractive people in their firms are hired or promoted more frequently than unattractive people, but the evidence shows that they are, overwhelmingly so. Older workers, for their part, are thought to be more resistant to change and generally less competent than younger workers, even though plenty of research indicates that’s just not so. Workers who are too young or, more specifically, are part of the Millennial generation are tarred as entitled and unable to think outside the box.

--Don Peck

In categories like cars or clothes, brands aren’t just signals of quality; they also help us communicate our identities. When somebody totes a Fendi bag or drives a Harley-Davidson chopper, she is sending a message (particularly when doing both at the same time).

—Derek Thompson

A man of eighty has outlived probably three new schools of painting, two of architecture and poetry and a hundred in dress.

—Lord Byron

A dress is a piece of ephemeral architecture, designed to enhance the proportions of the female body.

—Christian Dior

Of all sciences, there is none where first appearances are more deceitful than in politics.

--David Hume

While being called beautiful is extremely flattering, I would much rather be noticed for my work as an actress.

—Halle Berry

From birth to age 18, a girl needs good parents, from 18 to 35 she needs good looks, from 35 to 55 she needs a good personality, and from 55 on she needs cash.

--Sophie Tucker

Yes, oh yes, in spite of how far we've come, our looks are still up there on the checklist of our success as women. It is on our checklist in an arbitrary omnipresent way that we did not necessarily invite. Perhaps we once made it a priority. Perhaps others made it a priority and we correspondingly internalized it by default. We might even occasionally boycott it, hoping to escape this particular paradigm of self worth and success. But either way, whether we imposed it upon ourselves or someone else did, it's there now and has been for a long while....The truth is that we know it. We see it, live it, breathe it, watch TV about it, read about it. We see how Hilary Clinton, Sarah Palin, Michelle Obama and others are irrelevantly defined by it in the political sphere when there is hardly a media whisper of George W. Bush's, Bill Clinton's or Mitt Romney's appearance. Every once in a while we might hear about Barack Obama's ears, but that's about it. Looks do not define men like they still define women, even in the most serious platforms in the world. This is a beautiful but ugly remnant of a time when women were the trophies and property of men, when our entire worth was once based on appearance, pedigree, purity and child-bearing ability.

—Juliette Fretté

I think that most of the beauty of women evaporates when they achieve domestic happiness at the price of their independence.

--Cyril Connolly

Girls have long been evaluated on the basis of appearance and caught in myriad double binds: achieve, but not too much, be polite, but be yourself, be feminine and adult; be aware of our cultural heritage, but don't comment on the sexism....Girls are trained to be less than who they really are. They are trained to be what the culture wants of its young women, not what they themselves want to become.

--Mary Pipher

The body of a young woman is God's greatest achievement...Of course, He could have built it to last longer, but you can't have everything.

--Neil Simon

Attractive souls are different than beautiful souls. Attractive souls take care of their outward appearance for appearance sake. Beautiful souls care for themselves inwardly and outwardly, so they can be of value to themselves and to others.

—Toni Sorenson

THE STAGES OF WOMAN

Age 3: She looks at herself and sees a Queen.

Age 8: She looks at herself and sees Cinderella.

Age 15: She looks at herself and sees an Ugly Sister (Mum I can't go to school looking like this!)

Age 20: She looks at herself and sees 'too fat/too thin, too short/too tall, too straight/too curly'—but decides she's going out anyway.

Age 30: She looks at herself and sees 'too fat/too thin, too short/too tall, too straight/too curly' - but decides she doesn't have time to fix it, so she's going out anyway.

Age 40: She looks at herself and sees 'clean' and goes out anyway.

Age 50: She looks at herself and sees 'I am' and goes wherever she wants to go.

Age 60: She looks at herself and reminds herself of all the people who can't even see themselves in the mirror anymore. Goes out and conquers the world.

Age 70: She looks at herself & sees wisdom, laughter and ability, goes out and enjoys life.

Age 80: Doesn't bother to look. Just puts on a purple hat and goes out to have fun with the world.

--Unknown

A woman knows she's wearing the right dress, when her man wants to take it off.

—Robert Paul

So much has been said and sung of beautiful young girls, why doesn't somebody wake up to the beauty of old women?

--Harriet Beecher Stowe

Couples tended to be of roughly equivalent personal attractiveness, though of course factors such as money often seemed to secure a partner of significantly better looks than oneself.

—Robert Galbraith

Mental health data from the 1950's on middle-aged women showed them to be a particularly distressed group, vulnerable to depression and feelings of uselessness. This isn't surprising. If society tells you that your main role is to be attractive to men and you are getting crow's feet, and to be a mother to children and yours are leaving home, no wonder you are distressed.

--Grace Baruch, Rosalind
Barnett, and Caryl
Rivers

Every human body has its optimum weight and contour, which only health and efficiency can establish. Whenever we treat women's bodies as aesthetic objects without function we deform them.

—Germaine Greer

Rather than condemn Adele for a few extra pounds, we might just revel in her extraordinary music. (Does anyone care what Jay-Z weighs?)

--Debra Spar

I didn't want to let women down. One of the stereotypes I see breaking is the idea of aging and older women not being beautiful.

--Annie Leibovitz

A recent study has found that women who carry a little extra weight live longer than the men who mention it.

—Internet Meme

Women always feel like they're being stared at and judged, and rightfully so.

—Rob Schneider

High heels? Painful pleasure.

—Christian Dior

Girls blush, sometimes, because they are alive, half wishing they were dead to save the shame. The sudden blush devours them, neck and brow; They have drawn too near the fire of life, like gnats, and flare up bodily, wings and all. What then? Who's sorry for a gnat or girl?

—Elizabeth Barrett
Browning

That's the key, you know, confidence. I know for a fact that if you genuinely like your body, so can others. It doesn't really matter if it's short, tall, fat or thin, it just matters that you can find some things to like about it. Even if that means having a good laugh at the bits of it that wobble independently, occasionally, that's all right. It might take you a while to believe me on this one, lots of people don't because they seem to suffer from self-hatred that precludes them from imagining that a big woman could ever love herself because they don't. But I do. I know what I've got is a bit strange and difficult to love but those are the very aspects that I love the most! It's a bit like people. I've never been particularly attracted to the uniform of conventional beauty. I'm always a bit suspicious of people who feel compelled to conform. I personally like the adventure of difference. And what's beauty, anyway?

—Dawn French

There's no better makeup than confidence.

—Shakira Ripoll

Many openly show discontentment with their looks, but few with their intelligence. I, however, assure you there are many more plain minds than faces.

—Bryant H. McGill

My power is as great as is the power of money. The qualities of money are my—the possessor's—qualities and potentialities. What I am and can do, therefore, is by no means determined by my individuality. I am ugly, but I can buy the most beautiful woman. So I am not ugly, for the effect of ugliness, its repulsive power, is eliminated by money.

--Karl Marx

A mask of gold hides all deformities.

--Thomas Dekker

With money in your pocket, you are wise, and you are handsome, and you sing well too.

--Jewish Proverb

Teach us that wealth is not elegance, that profusion is not magnificence, that splendor is not beauty.

--Benjamin Disraeli

Fashion is what you adopt when you don't know who you are.

—Quentin Crisp

Beauty is born of health within.

--M. V. O'Shea

To look the best, eat the best.

—Slogan

By choosing healthy over skinny you are choosing self-love over self-judgment. You are beautiful!

—Steve Maraboli

Most people throughout the world, not just in Newport Beach, care more about their faces, their boobs, their bellies, their butts, and their abs than they do their brains. But it is your brain that is the key to having the face, the breasts, the belly, the butt, the abs, and the overall health you have always wanted; and it is brain dysfunction, in large part, that ruins our bodies and causes premature aging.

—Daniel G. Amen

Before you worry about the beauty of your body, worry about the health of your body.

—Amit Kalantri

I remember the first time I was sick. I had gone to play with a boy, Luis León, and on the patio he threw a wooden log at my foot, and this was the pretext they used at home when my leg began to grow thin. I remember they said that it was a white tumor or paralysis. I missed a lot of school [Frida spent nine months in bed, and and at seven she wore (polio) booties]. I do not remember a lot, but I continued jumping, only not with the right leg anymore. I developed a horrible complex, and I hid my leg. I wore thick wool socks onto the knee, with bandages underneath. This happened when I was seven years old, and my papa and my mama begun to spoil me a lot and to love me more. The foot leaned to the side, and I limped a little. This was during the period when I had my imaginary friend. (9 September 1950)

—Frida Kahlo

A fit, healthy body—that is the best fashion statement.

Jess C. Scott

Better health is more important than beauty and with better health comes beauty.

—Auliq Ice

I would rather lose a good earring than be caught without make-up.

—Lana Turner

When I was twelve years old I caught my first strong glimpse of one of the fundamental forces of existence, whose votary I was destined to be for life—namely, Beauty.

—Georg Brandes

When kids dress up, their behavior dresses up, too.

—Brian Pindar

Seeing ourselves as others see us would probably confirm our worst suspicions about them.

—Franklin P. Adams

You're FAT—and don't try to sugarcoat it, because you'll just eat that, too.

—Phillip C. McGraw

The clothes may vary, but the person is the same.

—Idries Shah

In anger, you look ten years older.

--Hedda Hopper

There is no sight so ugly as the human face in anger.

--Louise Fitzhugh

If a man tells a woman she is beautiful, she will overlook most of his other lies.

--Ashwin Sanghi

The expectation to be beautiful always makes me feel ugly because I feel like I can't live up to it.

—Michelle Williams

Whole life is a search for beauty. But, when the beauty is found inside, the search ends and a beautiful journey begins.

—Harshit Walia

Maybe one of the most heartening findings from the psychology of pleasure is there's more to looking good than your physical appearance. If you like somebody, they look better to you. This is why spouses in happy marriages tend to think that their husband or wife looks much better than anyone else thinks that they do.

—Paul Bloom

It is your brain that decides to get you out of bed in the morning to exercise, to give you a stronger, leaner body, or to cause you to hit the snooze button and procrastinate your workout. It is your brain that pushes you away from the table telling you that you have had enough, or that gives you permission to have the second bowl of Rocky Road ice cream, making you look and feel like a blob. It is your brain that manages the stress in your life and relaxes you so that you look vibrant, or, when left unchecked, sends stress signals to the rest of your body and wrinkles your skin. And it is your brain that turns away cigarettes, too much caffeine, and alcohol, helping you look and feel healthy, or that gives you permission to smoke, to have that third cup of coffee, or to drink that third glass of wine, thus making every system in your body look and feel older. Your brain is the command and control center of your body. If you want a better body, the first place to ALWAYS start is by having a better brain.

—Daniel G. Amen

Translation error is compounded by bias error. We distort others by forcing into them our preferred ideas and gestalts, a process Proust beautifully describes: We pack the physical outline of the creature we see with all the ideas we already formed about him, and in the complete picture of him which we compose in our minds, these ideas have certainly the principal place. In the end they come to fill out so completely the curve of his cheeks, to follow so exactly the line of his nose, they blend so harmoniously in the sound of his voice that these seem to be no more than a transparent envelope, so that each time we see the face or hear the voice it is our own ideas of him which we recognize and to which we listen.

—Irvin D. Yalom

Why is it considered seductive for women to wear beautiful clothes? Wouldn't it make more sense to wear something so ugly that a guy couldn't wait to take it off you?

—Flash Rosenberg

Why do women want to dress like men when they're fortunate enough to be women? Why lose femininity, which is one of our greatest charms? We get more accomplished by being charming than we would be flaunting around in pants and smoking. I'm very fond of men. I think they are wonderful creatures. I love them dearly. But I don't want to look like one. When women gave up their long skirts, they made a grave error.

—Tasha Tudor

What is it about wearing a tuxedo or that little black dress, that makes us feel confident, beautiful, splendid, even invincible?

We put on formal wear and suddenly we become extraordinary.

On the days when you feel low and invisible, why not try this on for size: imagine you are wearing a fantastic tailored tuxedo or a stunning formal gown.

And then proceed with your day.

—Vera Nazarian

Fact: I don't know of a single girl who doesn't wish the show-it-all boxer-shorts phenomenon would go away as well. Guys, we just don't want to see your underwear. Truthfully, we believe that there is a direct correlation between how much underwear you show and how much you've got upstairs, if you know what I mean.

—Lisa Samson

Clothes as text, clothes as narration, clothes as a story. Clothes as the story of our lives. And if you were to gather all the clothes you have ever owned in all your life, each baby shoe and winter coat and wedding dress, you would have your autobiography.

—Linda Grant

Over the years, denim has gone from straight-legged pants on cowboys and farmers to bell-bottoms on front-line feminists to boot-cut, skinny-cut, high-waisted, boyfriend, and mom jeans—plus skirts and jackets—for work, weekends, and evenings. It is a blank slate for the expression of any trend. It's durable and looks as good destroyed as it does pristine. Its use, value, and popularity have never failed.

—Stacy London

I'd rather wear jewels in my hair than anywhere else. The face should have the advantage of this brilliance.

—Hedy Lamarr

After a visit to the beach, it's hard to believe that we live in a material world.
—Pam Shaw

Beauty, to me, is about being comfortable in your own skin. That, or a kick-ass red lipstick.
—Gwyneth Paltrow

Consider the fact that maybe...just maybe...beauty and worth aren't found in a makeup bottle, or a salon-fresh hairstyle, or a fabulous outfit. Maybe our sparkle comes from somewhere deeper inside, somewhere so pure and authentic and REAL, it doesn't need gloss or polish or glitter to shine.
—Mandy Hale

Although golf was originally restricted to wealthy, overweight Protestants, today it's open to anybody who owns hideous clothing.
—Dave Barry

It's not very easy to grow up into a woman. We are always taught, almost bombarded, with ideals of what we should be at every age in our lives: 'This is what you should wear at age twenty', 'That is what you must act like at age twenty-five', 'This is what you should be doing when you are seventeen.' But amidst all the many voices that bark all these orders and set all of these ideals for girls today, there lacks the voice of assurance. There is no comfort and assurance. I want to be able to say, that there are four things admirable for a woman to be, at any age! Whether you are four or forty-four or nineteen! It's always wonderful to be elegant, it's always fashionable to have grace, it's always glamorous to be brave, and it's always important to own a delectable perfume! Yes, wearing a beautiful fragrance is in style at any age!

—C. JoyBell C.

'You look... amazing!'

And I have to say, I agree. I'm wearing all black - but expensive black. The kind of deep, soft black that you fall into. A simple sleeveless dress from Whistles, the highest of Jimmy Choos, a pair of stunning uncut amethyst earrings. And please don't ask how much it all cost, because that's irrelevant. This is investment shopping. The biggest investment of my life.

I haven't eaten anything all day so I'm nice and thin and for once my hair has fallen perfectly into shape. I look... well, I've never looked better in my life.

But of course, looks are only part of the package, aren't they?

—Sophie Kinsella

A woman's perfume tells more about her than her handwriting.

—Christian Dior

[Looking like a straight girl] means wearing clothes that seek and destroy comfort. These are garments designed by gay men to attract heterosexual men. The straight girl is simply the hanger for an inside joke.

—Mary Dugger

It is at despair at not being able to be noble and beautiful by natural means that we have made up our faces so strangely.

—Charles Baudelaire

There will be days that you don't want to dress up and if you have some decent looking athletic wear, you can give the illusion that you've just been working out, as opposed to giving up on life.

—Big Mama

Make up is generally there to make you look better, not make you look like you're wearing make up.

—Hadley Freeman

Being well-dressed gives a feeling of inward tranquility which psychoanalysis is powerless to bestow.

—Sebastian Horsley

To me, clothing is a form of self-expression - there are hints about who you are in what you wear.

—Mark Jacobs

Young people, however, tend to ignore the customs of their elders. Adolescent rebellion has been responsible for all manner of absurd costumes. The more ridiculous a certain fashion is, the more adolescents will cling to it.

—David Eddings

I love Prada. Not so much the clothes, which are for malnourished thirteen-year-olds, but I covet, with covety covetousness, the shoes and handbags. Like, I LOVE them. If I was given a choice between world peace and a Prada handbag, I'd dither. (I'm not proud of this, I'm only saying.)

—Marian Keyes

You don't have to be perfect to be pretty.

—Carson Kressley

I'd wear any of my private attire for the world to see. But I would rather have an open flesh wound than ever wear a band aid in public.

—Lady Gaga

Judge a tree from its fruit; not from the leaves.

—Euripides

At my old job, my manager used to say, 'The most important part of your uniform, is your smile.' Until the day I forgot to wear pants.

--Adam Cozens

The most pleasant and alluring curve on a woman is the smile

—*Treasure Stitches*

Whether it's a \$50,000 platinum grill (worn by rapper Lil Jon) or an opulent necklace eyed by a woman in Beverly Hills, the desire for bling cuts across race, class and gender....In our culture, a lot of what drives us is this quest for more—money, fame, beauty. This is an addictive quest. And you can know it's bad, but you're still addicted.

—Lauren Greenfield

Day after day, I could feel the confidence drain from my body. I was not what these guys wanted. They wanted thinner, blonder, dumber ... My sassy one-liners were only working on the cafeteria employees, who I was visiting all too frequently, tacking on not the Freshman 15, but the 30, in record-breaking time, which led my mother to make comments over winter break like, 'You look healthy!'

—Amy Schumer

Life is full of challenges, seen and unseen, so to look and feel great, you must hold your head up each day and project your inner confidence.

—Cindy Ann Peterson

Project a confident image through good body posture.

—Cindy Ann Peterson

Stand tall and be proud. Realize confidence is charismatic and something that is something money can't buy, it radiates from within you.

—Cindy Ann Peterson

For me, glamour is celebrating what we have instead of what we long for.

—Isabella Rossellini

You can't let people scare you. You can't go your whole life trying to please everyone else. You can't go through life worried about what everyone else is going to think. Whether it's your hair, clothes, what you have to say, how you feel, what you believe and what you have. You can't let the judgment of others stop you from being you. Because if you do, you're no longer you. You're someone everyone else wants you to be.

—Unknown

Beauty is also submitted to the taste of time, so a beautiful woman from the *Belle Epoch* is not exactly the perfect beauty of today, so beauty is something that changes with time.

—Karl Lagerfeld

You bombard them with images of what they ought to be, and you make them feel grotty for being the way they are. You're working with the gap between reality and perception. That's why you have to hit them with something new, something they've never seen before, something they aren't. Nothing sells like anxiety.

—Margaret Atwood

Why hoard away so many back-issues of *People Magazine*? Fashion magazines are just empty promises. You can go bankrupt blowing all your cash on expensive beauty products, but the only way you'll ever look just like the people on those glossy front covers is if you know how to use computer editing software for photographs. Besides, people who think they are ugly, are never really all that ugly anyway. People who think they are pretty, are rarely ever all that pretty.

—Rebecca McNutt

What we wear affects how we feel, how we act, how we move. And that they do notice. Especially the move. Get dressed, smoke the eyes. You'll know you look good so you'll feel good. You'll have a better time.

—Nora Roberts

We are expected to be pretty and well-dressed until we drop.

—Edith Wharton

If you don't smell good, then you don't look good.

—Katy Elizabeth

I'll stop wearing black when they invent a darker color.

—Emmanuelle Alt

Antoinette had squinty eyes she could barely open under the six pounds of mascara and teal eye shadow she must've applied with a paint roller, and lips that were puckered on a permanent basis as if she were storing lemons in the deep recesses of her jowls. She smelled like a bull that got loose in a perfume shop, and had pointy high heeled shoes that threatened to burst out the sides at any moment from the pressure of being three sizes too small.

—Nicole Castle

When you paint your lips, eye lids, nails or whatever, to look attractive, don't forget your up stairs (intellect). If you leave it behind, I will consider all other colors invalid.

—Michael Bassey
Johnson

It's an intrinsic part of being a woman. Every woman in the world has some part of herself that she absolutely hates.

Her hands are too small, her feet are too big, her hair is too straight, too curly, her ears stick out, her bums too flat, her nose is too big and, you know, nothing you can say will change how we feel.

What men don't understand is, the right clothes, the right shoes, the right makeup it just... It, it hides the flaws we think we have.

They make us look beautiful to ourselves.

That's what makes us look beautiful to others.

Used to be all she needed to feel beautiful was a pink tutu and a plastic tiara.

And we spend our whole lives trying to feel that way again.

—Richard Castle

At its best fashion is a game. But for women it's a compulsory game, like net ball, and you can't get out of it by faking your period. I know I have tried. And so for a woman every outfit is a hopeful spell, cast to influence the outcome of the day. An act of trying to predict your fate, like looking at your horoscope. No wonder there are so many fashion magazines. No wonder the fashion industry is worth an estimated 900 billion dollars a year. No wonder every woman's first thought is, for nearly every event in her life, be it work, snow or birth. The semi-despairing cry of 'but what will I wear?' Because when a woman says I have nothing to wear, what she really means is there is nothing here for who I am supposed to be today.

—Caitlin Moran

Fashion is one human being's unconquerable will to look just like all the others.

--Unknown

When I look back on the stuff I used to wear, I wonder why somebody didn't try to stop me. Just a friendly warning, 'You may regret this,' would have been fine.

—Ellen DeGeneres

If a woman's young and pretty, I think you can see her good looks all the better for being plainly dressed.

--George Eliot

Almost any woman can dress well enough to attract the admiration of a man; it is the test of a well-dressed woman that she can attract the admiration of other women.

--Robert Lynd

If most of us are ashamed of shabby clothes and shoddy furniture, let us be more ashamed of shabby ideas and shoddy philosophies.... It would be a sad situation if the wrapper were better than the meat wrapped inside it.

—Albert Einstein

Just around the corner in every woman's mind - is a lovely dress, a wonderful suit, or entire costume which will make an enchanting new creature of her.

—Wilhela Cushman

Remember that always dressing in understated good taste is the same as playing dead.

—Susan Catherine

There is nothing touches our imagination so much as a beautiful woman in a plain dress.

—Joseph Addison

Girls do not dress for boys. They dress for themselves and, of course, each other. If girls dressed for boys they'd just walk around naked at all times.

—Betsey Johnson

Fashion is the science of appearances, and it inspires one with the desire to seem rather than to be.

--Edwin Hubbel Chapin

Better a bald head than none at all.

--Austin O'Malley

I am obsessed with beauty. I want everything to be perfect, and of course it isn't. And that's a tough place to be because you're never satisfied.

—Robert Mapplethorpe

Smart girls like to hear they're pretty. Pretty girls like to hear they're smart.

—Unknown

Shyness has a strange element of narcissism, a belief that how we look, how we perform, is truly important to other people.

—André Dubus

A useful education served women best....To learn how to grow old gracefully is perhaps one of the rarest and most valuable arts which can be taught to a woman. Yet, when beauty is all that is expected or desired in a woman, she is left with nothing in its absence. It is a most severe trial for those women to be called to lay down beauty, who have nothing else to take up. It is for this sober season of life that education should lay up its rich resources.

—Karen Swallow Prior

Taking joy in living is a woman's best cosmetic.

—Rosalind Russell

'Look, girls know when they're cute,' he said. 'You don't have to tell them. All they need to do is look in the mirror. I have one friend out in New York, an attorney. She moved out there after the school year to take the bar. She doesn't have a job. I was like, 'How are you going to get a job there in this market?' And she's like, 'I'll wink and I'll smile.' She's a pretty girl. Whether that works despite her poor grades is yet to be seen.'

--Daniel Amory

When I first began, the technicians, camera and makeup men made me feel so self-conscious that I began to have the biggest inferiority complex about my looks.

—Jessie Matthews

It matters more what's in a woman's face than what's on it.

—Claudette Colbert

Being happy actually affects the way that you look.

—Kelly Preston

As you get older you will understand more and more that it's not about what you look like or what you own. It's all about the person you've become.

—*lifehack.org*

From a social psychological standpoint, the selfie phenomenon seems to stem from two basic human motives. The first is to attract attention from other people. Because people's positive social outcomes in life require that others know them, people are motivated to get and maintain social attention. By posting selfies, people can keep themselves in other people's minds. In addition, like all photographs that are posted on line, selfies are used to convey a particular impression of oneself. Through the clothes one wears, one's expression, staging of the physical setting, and the style of the photo, people can convey a particular public image of themselves, presumably one that they think will garner social rewards.

—Mark R. Leary

One of the reasons I grew my hair long last year was that I like how my bangs cover my eyes: it helps me block out the things I don't want to see.

—R. J. Palacio

You get the face you build your whole life, with work and loving and grieving and laughing and frowning.

--Catherynne M. Valente

I think they all went too far. Their jeans got too low, their tops got too see-through. Personally, I think that sexy is keeping yourself mysterious. I'm really an old-fashioned girl, and I think I'm totally sexy.

—Stevie Nicks

In youth and beauty wisdom is but rare!

—Homer

A man in love mistakes a pimple for a dimple.

--Japanese Proverb

Wanting someone because of their beauty is not the same as love, it's infatuation. Wanting someone for their intelligence is not love, it's admiration. Wanting someone without knowing why is love.

—*exploringyourmind.com*

It is better to be first with an ugly woman than the hundredth with a beauty.
--Pearl Buck

Love is the delightful interval between meeting a beautiful girl and discovering that she looks like a haddock.
--John Barrymore

In the cuisine of love there are flavors for all tastes—else ugly women would never be sought after.
--James G. Huneker

A uniform provides three-quarters of a man's valour.
--Jean de La Fontaine

The lover says 'How beautiful you are, now that you love me.'
—Marlene Dietrich

Beauty is
dad kissing mom's hand when it cramps.
Beauty is
seeing a Persian woman dance.
Ugly is not the absence of beauty.
Ugly
is the inability to identify it.
The inability
to be surprised by it.
It is the persistent reluctance
to be made a child by it.
Beauty is
simply
the manifestation of
love.

—Kamand Kojouri

I am visible—see this Indian face—yet I am invisible. I both blind them with my beak nose and am their blind spot. But I exist, we exist. They'd like to think I have melted in the pot. But I haven't, we haven't.

--Gloria Anzaldúa

What hurts Indians most is that our costumes are considered beautiful, but it's as if the person wearing it didn't exist.

--Rigoberta Menchú

Conspicuous consumption...is not an unambiguous signal of personal affluence. It's a sign of belonging to a relatively poor group. Visible luxury thus serves less to establish the owner's positive status as affluent than to fend off the negative perception that the owner is poor. The richer a society or peer group, the less important visible spending becomes.

--Virginia Postrel

Visible consumption lets individuals show strangers they aren't poor. Since strangers tend to lump people together by race, the lower your racial group's income, the more valuable it is to demonstrate your personal buying power.

--Virginia Postrel

The heirs of slaveholders could never directly acknowledge our beauty or reckon with its power. And so the beauty of the black body was never celebrated in movies, on television shows, or in the textbooks I'd seen as a child. Everyone of any import, from Jesus to George Washington, was white.

—Ta-Nehisi Coates

Racism is taught in our society, it is not automatic. It is learned behavior toward persons with dissimilar physical characteristics.

—Alex Haley

When I went to drama school, I knew I was at least as talented as other students, but because I was a black man and I wasn't pretty, I knew I would have to work my butt off to be the best that I would be, and to be noticed.

—Lance Reddick

A study by a pair of business-school professors found that when subjects were made to feel a lack of social power, they were willing to pay more for high-status goods, presumably to compensate for lower status. Perhaps this is why blacks and Hispanics—groups that have historically had lower social status than whites—spend more on clothing, jewelry, and cars than do whites of comparable income.

—Matthew Hutson

There is only one pretty child in the world, and every mother has it.

—Chinese Proverb

Striving for perfection in mind, body and spirit is a Korean way of life, and the cult of endless self-improvement begins as early as the hagwons, cram schools that keep the nation's children miserable and sleep-deprived, and sends a sizable portion of the population under the plastic surgeon's knife.

—Gary Shyteyngart

A heart in love with beauty never grows old.

—Turkish Proverb

Wear a smile and have friends; wear a scowl and have wrinkles.

—George Eliot

Some arresting advice: 'If you want to be popular, live so that a blind person would like you.' Lasting popularity depends not on a pretty face or being handsome, but upon inner qualities that communicate themselves to others through media other than sight.

—*The Pepper Box*

Without wearing any mask we are conscious of, we have a special face for each friend.

—Oliver Wendell Holmes

Joyfulness keeps the heart and face young. A good laugh makes us better friends with ourselves and everybody around us.

—Orison Swett Marden

Choose a wife rather by your ear than your eye.

--Thomas Fuller

All husbands are alike, but they have different faces so you can tell them apart.

--Ogden Nash

Mind, not body, makes a lasting marriage.

--Latin Proverb

I see no marriages fail sooner, or more troubled, than such as are concluded for beauty's sake, and huddled up for amorous desires.

—Michel de Montaigne

Many a man in love with a dimple makes the mistake of marrying the whole girl.

--Stephen Leacock

He who marries a beauty marries trouble.

--Nigerian Proverb

Who will have a handsome wife, let him choose her upon Saturday,
and not upon Sunday, when she is in her fine clothes.

--James Howell

If you wanna be happy for the rest o' your life,
Never make a pretty woman your wife.
And from my personal point of view,
Get an ugly girl to marry you.

--Jimmy Soul

I...chose my wife, as she did her wedding gown, not for a fine glossy surface, but
such qualities as would wear well.

--Oliver Goldsmith

Whatever you may look like, marry a man your own age—as your beauty fades, so
will his eyesight.

--Phyllis Diller

All brides are so beautiful, so where do all those homely housewives come from?

--Milton Berle

After marriage, the other man's wife looks more beautiful.

—Navjot Singh Sidhu

People who live together naturally catch the looks and air of one another and
without having one feature alike, they contract a something in the whole
countenance which strikes one as a resemblance.

—Frances Burney

When you see a woman who can go nowhere without a staff of admirers, it is not so
much because they think she is beautiful, it is because she has told them they are
handsome.

--Jean Giraudoux

No fathers or mothers think their own children ugly.

—Miguel de Cervantes

Women have more strength in their looks than we have in our laws, and more power in their tears than we have by our arguments.

--John Faucit Saville

A witty woman is a treasure; a witty beauty is a power.

--George Meredith

All heiresses are beautiful.

--John Dryden

Women who are either indisputably beautiful, or indisputably ugly, are best flattered upon the score of their understandings; but those who are in a state of mediocrity, are best flattered upon their beauty, for every woman who is not absolutely ugly thinks herself handsome.

--Lord Chesterfield

There should be as little merit in loving a woman for her beauty, as a man for his prosperity, both being equally subject to change.

—Alexander Pope

Never marry but for love; but see that thou lovest what is lovely.

—William Penn

Remember, that if thou marry for beauty, thou bindest thyself all thy life for that which perchance will neither last nor please thee one year; and when thou hast it, it will be to thee of no price at all; for the desire dieth when it is attained, and the affection perisheth when it is satisfied.

--Sir Walter Raleigh

A handsome woman is a jewel; a good woman is a treasure.

—Saadi

It is a common phenomenon that just the prettiest girls find it so difficult to get a man.

--Heinrich Heine

Let us leave pretty women to men without imagination.

--Marcel Proust

I've always it was more pleasant to surround yourself with attractive girls rather than ugly ones. It's like putting flowers, not rutabagas in your vase.

--James Kimberly

Her face was her chaperone.

--Rupert Hughes

Plain women know more about men than beautiful women do.

--Katharine Hepburn

A poor beauty finds more lovers than husbands.

--Proverb

Choose neither women nor linen by candlelight.

--Proverb

The average man is more interested in a woman who is interested in him than he is in a woman—any woman—with beautiful legs.

--Marlene Dietrich

Many a man has fallen in love with a girl in a light so dim he would not have chosen a suit by it.

--Maurice Chevalier

The trouble with life is that there are so many beautiful women—and so little time.

--John Barrymore

The night shows stars and women in a better light.

—Lord Byron

A man must marry only a very pretty woman in case he should ever want some other man to take her off his hands.

--Sacha Guitry

No woman need feel the smallest twinge of shame at being as stupid as an egg. Plain women should know just a little more than pretty ones, and downright ugly ones just a bit more still; but no woman, whatever her physiognomy, should know more than a man. That is, if she wants to be loved by him.

--Virginia Graham

Of two evils choose the prettier.

--Carolyn Wells

None but the brave can live with the fair.

--Frank McKinney

The man who compliments nine women on their looks and the tenth on her cleverness makes but one mistake.

—Evan Esar

If you are ever in doubt as to whether or not you should kiss a pretty girl, always give her the benefit of the doubt.

--Thomas Carlyle

Beauty opened all the doors; it got me things I didn't even know I wanted, and things I certainly didn't deserve.

—Janice Dickinson

Beauty, like ice, our footing does betray; Who can tread sure on the smooth, slippery way: Pleased with the surface, we glide swiftly on, And see the dangers that we cannot shun.

—John Dryden

A thing of beauty is an expense forever.

—Evan Esar

If a girl won't look after her figure, neither will a man.

—Evan Esar

Money is a form of magic: it turns a long, lanky girl who has it into a tall, stately creature.

—Unknown

A man's hardest problem is to find a girl attractive enough to please him and dumb enough to like him.

—Evan Esar

In the battle of the sexes women rely on two weapons—cosmetics and tears.

--Unknown

The highest prize in a world of men is the most beautiful woman available on your arm and living there in her heart loyal to you.

--Norman Mailer

Is it just me, or is the world full of beautiful women?

—Robbie Coltrane

A Code of Honor: Never approach a friend's girlfriend or wife with mischief as your goal. There are just too many women in the world to justify that sort of dishonorable behavior. Unless she's really attractive.

—Bruce Jay Friedman

If your boyfriend tells you to lose weight, you should absolutely do as he says. Drop 150 pounds instantly by dumping his stupid ass and then go eat a pizza like the beautiful bitch you are.

—*facebook.com / QueenofSass*

Don't go for looks, they can deceive. Don't go for wealth, even that fades away. Go for someone who makes you smile because it takes only a smile to make a dark day seem bright.

—*boardofwisdom.com*

As of late I've found physical attraction is no longer enough. I need genuine connection. I need to undress the layers of a soul before I feel a desire to tear away any clothes. Passion remains the fire, but now intimacy strikes the match, and friendship has become the fuel.

—Beau Taplin

No matter how attractive she is, just remember, somewhere, some guy is tired of her shit.

—*The Chive*

Whenever, at a party, I have been in the mood to study fools, I have always looked for a great beauty: they always gather round her like flies around a fruit stall.

—Jean Paul

You think he's going to like you better, but then one day you look in the mirror and realize you've changed yourself - physically and emotionally - into a woman who's totally different from the one he was attracted to the first place.

—Shelley Duvall

Being a sex symbol has to do with an attitude, not looks. Most men think it's looks, most women know otherwise.

—Kathleen Turner

Men who are too good looking are never good in bed because they never had to be.

—Sarah Jessica Parker

Certain things catch your eye, but pursue only those that capture the heart.

—Ancient Indian Proverb

She wore a short skirt and a tight sweater and her figure described a set of parabolas that could cause cardiac arrest in a yak.

—Woody Allen

A big milestone of male maturity is when you stop putting up with annoying girls because they're hot.

—*theChive*

Beauty without wit offers nothing but the enjoyment of its material charms, whilst witty ugliness captivates by the charms of the mind, and at last fulfills all the desires of the man it has captivated.

—Giacomo Girolamo
Casanova

She wore far too much rouge last night and not quite enough clothes. That is always a sign of despair in a woman.

—Oscar Wilde

We want to look desirable. We want others to want to mate with us. No different than a colorful peacock. When girls dress up for their night out at the club, they are doing what all animals do when they try to make themselves desirable for a potential mate. That's the whole point behind the fashion, perfume, cosmetics, diet, and plastic surgery industries.

—Oliver Markus

I think, head up and shoulders back. Not only does it make you look taller and thinner but it gives you confidence and boosts your self-esteem.

—Shelley Long

Say what you want about long dresses, but they cover a multitude of shins.

—Mae West

He that dares not grasp the thorn
Should never crave the rose.

—Anne Bronte

Every time you get dressed, remember...if you die today, that's going to be your ghost outfit, forever.

—Internet Meme

There is no personal charm so great as the charm of a cheerful temperament.

--Henry Van Dyke

Never teach false morality. How exquisitely absurd to teach a girl that beauty is of no value, dress of no use! Beauty is of value—her whole prospects and happiness in life may often depend upon a new gown or a becoming bonnet; if she has five grains of common sense, she will find this out. The great thing is to teach her their just value, and that there must be something better under the bonnet than a pretty face, for real happiness. But never sacrifice truth.

--Sydney Smith

Good looks only take you so far.

—Angie Everhart

I...resent the whole fashion thing. Good God—never wearing the same thing twice and all of those things. It's a pain in the ass.

—Jennifer Aniston

Flowers have an expression of countenance as much as men or animals. Some seem to smile; some have a sad expression; some are pensive and diffident; others again are plain, honest and upright, like the broad-faced sunflower and the hollyhock.

--Henry Ward Beecher

Driven by a sense of mischief, flappers dressed to be rather smart and naughty.

—Colleen Moore

Clothes make a statement. Costumes tell a story.

—Mason Cooley

Women wear too much and are too fussy. You can't see the person for all the clutter.

—Julie Andrews

New Rule: Designers of women's Halloween costumes must admit that they're not even trying. They just choose a random profession, like nurse or referee, and put the word 'sexy' in front of it, thereby perpetuating the idea of Halloween as a day when normally shy women release their inner sluts and parade around like vixens, and I just completely forgot what I was complaining about.

--Bill Maher

I've always loved Halloween: the one day of the year when you can blatantly dress as your number-one obsession and people will smile instead of snicker.

—J. C. Lillis

Just because you don't look like somebody who you think is attractive doesn't mean you aren't attractive. Flowers are pretty but so are Christmas lights and they look nothing alike.

—Internet Meme

There is something beautiful about all scars of whatever nature. A scar means the hurt is over, the wound is closed and healed, done with.

—Harry Crews

Nothing is more beautiful than cheerfulness in an old face.

—Jean Paul Friedrich
Richter

No spring nor summer beauty hath such grace as I have seen in one autumnal face.

--John Donne

Three elderly people were talking about what their grandchildren would be saying about them fifty years from now.

'I would like my grandchildren to say, 'He was successful in business,' declared the first man.

'Fifty years from now,' said the second, 'I want them to say, 'He was a loyal family man.'"

Turning to the third one, a lady, he asked, 'So what do you want them to say about you in fifty years?'

'Me?' the third one replied. 'I want them to say, 'She certainly looks good for her age.'"

—*retirement-stories.com*

The young man is handsome, but the old superb....Fire is seen in the eyes of the young, but it is light that we see in the told man's eyes.

—Victor Hugo

I've decided I'm going to start saying I'm older than I am. When I tell people I'm 65, they'll say, 'You look amazing!'

—Allison Janney

Look in the mirror and embrace yourself. Love yourself the way you are. Don't accept the idea that aging is defined solely as a matter of decline. Rejoice in the fact that lots of things get better and improve with age. Enjoy the fact that there is more happiness and less stress, anger and strife.

—Dr. Bill Thomas

When people tell you how young you look, they are telling you how old you are.

—Cary Grant

I think for a woman, the hardest thing about growing old is becoming invisible. There's something very front and center about being young.

—Amy Grant

I don't want to brag or make anybody jealous, but...I can still fit into the earrings I wore in high school.

—*someecards.com*

I believe my house is haunted. Every time I look in the mirror a crazy old lady stands in front of me so I can't see my reflection.

—*funnyand.com*

I'm a woman that loves make-up and getting dressed up. As I get older, I don't look as good, but I don't give a damn. There's a huge pressure on young girls to look a certain way these days but, as I age, I've lost that incredible insecurity of youth.

—Helen Mirren

You reach the point somewhere around 60 when you decide to just go ahead and weird out. When someone rings the doorbell, you don't check to see how you look. You just open the door. It's their problem, whoever they are....Some people call this going to seed. Others call it the beginning of wisdom.

—Robert Folghum

If you want to look young and thin hang around old fat people.

—Jim Eason

When you're a child you make funny faces at the mirror...In middle age the mirror gets freakin' even!

—Ged Backland

Some people try to turn back their odometers. Not me, I want people to know 'why' I look this way. I've traveled a long way and some of the roads weren't paved.

—*seniorresources.com*

An old man with overalls walked by; I don't think old people should wear overalls; it makes them look like shrivelly toddlers.

—Aimee Bender

You may search my time-worn face.
You'll find a merry eye that twinkles.
I am NOT an old lady.
Just a little girl with wrinkles.

—Edythe E. Bregnard

The harsh truth is, most red-haired men look like blondes who've spoiled from lack of refrigeration. They look like brown-haired men who've been composted out behind the barn. Yet that same pigmentation that on a man can resemble leaf mold or junkyard rust, a woman wears like a tiara of rubies.

—Tom Robbins

I don't care what people think of me. At least mosquitoes find me attractive.

—Diva Fierce

The charms of a passing woman are usually in direct relation to the speed of her passing.

—Marcel Proust

What I was in Ireland, I saw all these women with platinum silver hair. There was something about them—they were all so beautiful. My friend said, 'It's because they haven't done anything to their faces. They look like a real 50-year-old or 60-year-old. They don't look plastic.' I say, you've earned that crease. If you got a laugh line, you've earned. It means you're really happy. I'm fine with creases.

—Octavia Spencer

A fat paunch never breeds fine thoughts.

—Saint Jerome

Is not the most erotic portion of a body where the garment gapes?

—Roland Barthes

In your clothes, avoid too much gaudiness. Do not value yourself upon an embroidered gown and remember that a reasonable word, or an obliging look, will gain you more respect than all your fine trappings.

—Sir George Savile

Yes, we have a dress code. You have to dress.

—Scott McNealy,
Co-Founder of
Sun
Microsystems

A woman whose smile is open and whose expression is glad has a kind of beauty no matter what she wears.

—Anne Roiphe

Things are beautiful if you love them.

—Jean Anouilh

Who would not give up wit for power and beauty?

—Mason Cooley

Singing is the love of my life, but I was ready to give it all up because I couldn't handle people talking about how fat I was.

—Stevie Nicks

There is one thing certain about a well-dressed woman: she has taken trouble. And to take trouble is to strengthen character.

--Robert Lynd

No one looks or feels attractive when angry.

—Allan Looks

Like so many things, the Miss America pageant began as a marketing scheme. Held in Atlantic City just after Labor Day, it started in 1921 as a way for newspapers to increase their circulation and for the resort's businesses to extend their profitable summer season. Newspapers across the country held contests judging photographs of young women, and winners came to Atlantic City for a competition where they were evaluated on 'personality and social graces.' There was no equivocating. Women's beauty—white women's beauty—was a tool.

Since its inception, the pageant has evolved in some ways and not so much in others. The talent competition was introduced in 1938 so that perhaps the young women could be judged on more than just their appearance, but with that small bit of progress came regression. That same year, the pageant chose to limit eligibility to single, never-married women between the ages of 18 and 28. The kind of beauty the pageant wanted to reward was very specific and very narrow—that of the demure, slender-but-not-too-thin woman, the girl next door with a bright white smile, a flirtatious but not overly coquettish manner, smart but not too smart, certainly heterosexual. There was even a 'Rule 7,' abandoned in 1940, that stated that Miss America contestants had to be 'of good health and of the white race.' The winner spent the year doing community service, but also peddling sponsors' products and, later, entertaining U.S. Troops.

—Roxane Gay

Human relationships are rich and they're messy and they're demanding. And we clean them up with technology. Texting, email, posting, all of these things let us present the self as we want to be. We get to edit, and that means we get to delete, and that means we get to retouch, the face, the voice, the flesh, the body—not too little, not too much, just right.

--Sherry Turkle

For good or for bad, we define ourselves in many ways by the gadgets we use and the clothes we wear. We don't want to surround ourselves with cheap products. Nobody really aspires to that. We also don't want to pay for a diamond-encrusted ereader. We don't need bling; we just need to feel like the design speaks to us.

--Jason Merkoski

Where's the man could ease a heart
Like a satin gown?

—Dorothy Parker

Beauty is only temporary, but your mind lasts you a lifetime.

—Alicia Machado

Even the media has a twisted image of reality. Magazines have photoshopped images of men and women models and celebrities on their covers. We are flooded with images of perfection and material things. Those influences can take over your mind, causing you to want to keep up with those celebrities on television and in magazines in any way possible. You cannot be happy if you constantly compete with others for public approval.

--Tisha Marie Payton

My grades are telling me to be a TROPHY WIFE. But my looks are telling me to STUDY HARDER!

—Internet Meme

[Me, on my deathbed]

Wife: Is that what you're going to wear?

—Simon Holland

People do not fully realize that there are terrible consequences when people become things. Self-image is deeply affected. The self-esteem of girls plummets as they reach adolescence partly because they cannot possibly escape the message that their bodies are objects, and imperfect objects at that.

--Jean Kilbourne

The walls, where there was room, were well decorated with calendars and posters showing bright, improbable girls with pumped-up breasts and no hips—blondes, brunettes and redheads, but always with this bust development, so that a visitor of another species might judge from the preoccupation of artist and audience that the seat of procreation lay in the mammarys. Alice Chicoy...who worked among the shining girls, was wide-hipped and sag-chested and she walked well back on her heels...She was not in the least jealous of the calendar girls and the Coca-Cola girls. She had never seen anyone like them, and she didn't think anyone ever had.

--John Steinbeck

I don't want everybody to be beautiful, not in that unlined, creaseless, symmetrical way. Android beauty, like it comes out of a test tube. Beauty without blemish or mark. Not only do I not identify with such people, I don't believe in them either. I don't even find them attractive. This is what makes watching television so hard: they don't cast actors anymore, only models. When they make a movie of my life, they'd better cast a character actor in the lead. Don't try to tell me I'm not a character.

--Lisa Samson

Marry someone who knows how to cook. Looks go away. Hunger doesn't.

—Internet Meme

Focusing on the exterior doesn't make me happy. If I want peace and serenity, it won't be reached by getting thinner or fatter.

—Elle Macpherson

A face is too slight a foundation for happiness.

—Mary Wortley

We look so very different from the way we sound. It's a shock, similar to hearing your own voice for the first time, when you're forced to wonder how the rest of you comes across if you sound nothing like the way you think you sound. You feel dislodged from the old shoe of yourself.

--Elizabeth Hay

If you obsess about your looks, it kills your spirit.

—Lauren Hutton

Trying to find your perfect partner? Just tell the police someone robbed you, and when they ask for a description just describe exactly the sort of person you find most attractive—they'll get a bunch of them in a line up.

—*theChive*

That's the mistake women make—you shouldn't see your makeup. We don't want to look like we've made an effort.

—Lauren Hutton

I asked my wife who she thought was better looking, me or Ryan Gosling. The good news: she picked me. The bad news: I'm married to a liar.

—Ryan Reynolds

A women's greatest asset is her beauty.

—Alex Comfort

Freshman year, I was in denial that I was a victim of the freshman fifteen so I just kept telling myself that my face was still swollen from getting my wisdom teeth removed 10 months ago.

—Lily Cozad

On the exquisiteness of the Japanese woman, this flower-like creature—I have... remained reticent; for here the common mortal must cede the word to the poet.

—Albert Einstein

Nudists have no fashion sense.

—Peter Kunkel

I stared at her black hair. It was shiny like the promises in magazines.

--Alice Sebold

Beauty magazines make my girlfriend feel ugly.

--James de la Vega

When you smile, those who see your smile, smile back, even if very briefly. And as they smile, they use facial muscles which trigger the release of neurochemicals in their brain associated with feelings of pleasure—and they are thus likely to feel happy in your company.

—Dr. Jessica Carbino

The stronger a smile, the more attractive a face looked.

—*Cognition and Emotion Journal*

I have a picture of myself in my mind as I walk around every day, until I look in the mirror—and then I'm stunned.

—Patty Duke

Something pretty... that's just the surface. People worry so much about aging, but you look younger if you don't worry about it.

—Jeanne Moreau

In one of Clarence Darrow's first recorded court battles, the grizzled veteran who opposed him sought repeatedly to belittle him in the eyes of the jury by referring to him as 'my beardless adversary.' Darrow concluded his summation by remarking, 'My opponent seems to condemn me for not having a beard. Let me reply with an anecdote. The King of Spain once entrusted a youthful liege with an important message to the court of a neighboring monarch. The latter flew into a rage and cried, 'Does the King of Spain lack men, that he sends me a beardless boy?' The young ambassador answered, 'Sire, had my king but known you imputed wisdom to a beard, he would have sent you a goat.'

—Bennett Cerf

People remain what they are even if their faces fall apart.

—Bertolt Brecht

Nine-year-old Grace Bedell lived in the Village of Westfield, New York, in 1860. The first time she saw a photograph of the newly elected President of United States, she thought he would be better looking if he grew whiskers, and what is more, she sat down and wrote him so. Mr. Lincoln gravely replied that it might look like a piece of silly affectation for him to begin raising a beard at this stage of his career. No, answered Grace, it was the right thing for him to do, for he looked much too solemn, and she believed other little girls, like herself, would be scared of him without whiskers.

When Mr. Lincoln's special train carried him to New York, and the inauguration at Washington, he ordered a stop at Westfield and, from the rear platform, announced, 'I have a correspondent in this place named Grace Bedell, and if she is present I would like to see her.' Grace stepped forward, and Mr. Lincoln told her, 'You see, I let these whiskers grow for you, Grace. I hope you think I'm better looking now.' Then he kissed her, and Greece cried with joy, and the train moved on, and maybe one or two spectators realized that they had witnessed a wonderful example of American democracy in the truest sense.

—Bennett Cerf

Nora Ephron speaks regretfully about the pouches, jowls, wrinkles and ripples of flab she has accumulated in late middle age. Recalling a recent luncheon with her female friends, she notes her surprise upon the realization that they were all wearing turtleneck sweaters.

Why turtlenecks?

'Oh, the necks. There are chicken necks. There are turkey gobbler necks. There are elephant necks. There are necks with wattles and necks with creases that are on the verge of becoming wattles. There are scrawny necks and fat necks, loose necks, creepy necks, banded necks, wrinkled necks, stringy necks, saggy necks, flabby necks, mottled necks. There are necks that are an amazing combination of all of the above.

—Dinty W. Moore

For ceremonial functions, the president should dress in suit and tie and be the president of the United States. In the field he should wear khaki slacks, open shirts, long sleeves with the sleeves rolled up. It is my judgment that he should not wear helmets or hats. A fatigue jacket would be fine in the field with soldiers on Thanksgiving Day.

—Roger Ailes

[Of the Ziegfeld Follies Chorus Girls] The girls are so beautiful. It's sad to think that twenty years from now, they'll all be five years older!

—Will Rogers

Marilyn Monroe was a curvy girl: she had boobs and she didn't have a 24-inch waist. To me that's really inspiring and makes me feel like my body can be accepted....Telling someone they don't deserve to feel insecure because their body is 'fine' or 'just like' whomever...is wrong....people with mental health issues—depression, eating disorders, body dismorphia— sometimes don't get the help they need because they're shamed into being quiet....Mental illness gets worse when people say that you don't have a right to feel the way you do....Do not encourage this behavior. It is destructive. More destructive than you'll ever realize. You may not understand someone's insecurity—but respect it.

—Lili Reinhart

Cher's operations have gradually replaced a strong, decidedly 'ethnic' look with a more symmetrical, delicate, 'conventional' ... and ever-youthful version of female beauty ... Her normalised image ... now acts as a standard against which other women will measure, judge, discipline and "correct" themselves.

—Caroline Ramazanoglu

Cher is the coolest woman who ever stood in shoes. Why? Because her motto is, 'I don't give a shit what you think, I'm going to wear this multicolored wig.' There are folks all over America who would, in their heart of hearts, love to date people half their age, get multiple tattoos and wear feathered headdresses. Cher does it for us.

—Jancee Dunn

People expect a lot more from someone they think looks interesting. It's a burden.

—Catherine Deneuve

When red-haired people are above a certain social grade their hair is auburn.

—Mark Twain

It's not the appearance, it's the essence. It's not the money, it's the education. It's not the clothes, it's the class.

—Coco Chanel

Alas, after a certain age every man is responsible for his face.

—Albert Camus

Beauty is an illusion.

—Abhijit Naskar

In the 1700s, many women wore hairstyles measuring more than two feet high. They were supported by small cushions and wire frames, covered with powder and were decorated with feathers, jewels, or tassels. Exactly why they consented to do this is anybody's guess.

—Roger Matile

The most liberating thing I did early on was to free myself from any concern with my looks as they pertained to my work.

—Meryl Streep

Fashion exists for women with no taste, etiquette for people with no breeding.

—Queen Marie
of Romania

Every time a woman leaves off something she looks better, but every time a man leaves off something he looks worse.

—Will Rogers

My eyes are too big, my nose is too flat, my ears stick out, my mouth is too big and my face is too small... my body is thin as a clarinet and my ankles are so skinny that I wear two pairs of bobby socks because I don't want people to see how thin they are.

—Goldie Hawn

I often stood in front of the mirror alone, wondering how ugly a person could get.

—Charles Bukowski

I approve of anyone wearing what the establishment says you must not wear.

—Florynce R. Kennedy

There is beauty everywhere. Just put your heart into your eyes.

—Hans Taeger

True beauty is measured by the number of pearls within you, not those around your neck.

—Suzy Kassem

Women have to show that tummy to stay noticed.

—Crystal Gayle

Most people are nondescript. A few are stunningly attractive. But look closely, look deep and you'll find singular beauty in everyone.

—Dan L. Miller

You don't love someone for their looks, or their clothes, or for their fancy car, but because they sing a song only you can hear.

—Oscar Wilde

Fashion is what one wears oneself. What is unfashionable is what other people wear.

—Oscar Wilde

The weirder you're going to behave, the more normal you should look. It works in reverse, too. When I see a kid with three or four rings in his nose, I know there is absolutely nothing extraordinary about that person.

—P. J. O'Rourke

Beauty is a behavior. As is ugliness.

—Richelle E. Goodrich

People have enough reasons not to like you just based on how you look; don't give them any more based on how you act.

—Una LaMarche

Tired of being fat & ugly...join Main Street Gym & just be ugly.

—Internet Meme

I'm not overweight. I'm just nine inches too short.

—Shelley Winters

People are more violently opposed to fur than leather because it's safer to harass rich women than motorcycle gangs.

—Alexei Sayle

Let's teach our daughters it's not about being beautiful. Teach them to be bold. Be silly. Be strong. Be confident. Be independent and intelligent. Be brave and be fierce. Be real, in a world full of fake. LET'S REDEFINE BEAUTY.

—@WholeSelfHealth / FB

Humans seem to be especially vulnerable to cute things. Research dating back to the 1940s shows that virtually any creature with babylike features—large eyes, a bulging forehead, short limbs—is capable of drawing our affection, from the unsurprising (seals, koalas) to the odd (axolotls, a type of salamander) to the inanimate (Mickey Mouse).

—Sarah Elizabeth Adler

I got sent a screenplay once where the character was described as '37 but still attractive.' That pissed me off.

—Actress Kathleen
Turner

I was teased a lot because I was skinny and tall. Kids are mean. When they would tease me, I would fight them.

—Lishone Bowsky

Research suggests that less dramatic events than abuse can also spark violence in girls. Many students experienced daily teasing about grooming and appearance. But at a time when kids are turning to violence to settle even petty disputes, such harassment can be dangerous.

The toughest girls I knew were the least well-kept girls. Other girls would start picking on them when they were six or seven, and it was clear that these children couldn't do anything about it. They couldn't fix their own hair. You could tell there was no parent at home who was taking care of them, making sure their stuff was washed.

—Geoffrey Canada

A large and growing body of research reports that for both men and women, social-media use is correlated with body dissatisfaction.

—Kate Julian

Sometimes the most beautiful people are beautifully broken.

—Robert M. Drake

Cheekbones that cut like ice and eyes like liquid scotch. Loren Hale is an alcoholic beverage and he doesn't even know it.

—Krista Ritchie

We all know mirrors don't lie...I'm just grateful that they don't laugh!

—Internet Meme

If I had a dollar for every time a girl found me not attractive, they eventually would.
—Internet Meme

Outside Trump rallies, vendors sold T-shirts showing Trump as a bare-chested boxer towering over a suggestively posed Clinton. TRUMP 2016. FINALLY SOMEONE WITH BALLS read one pin. Declared another: DON'T BE A PUSSY. VOTE FOR TRUMP IN 2016. Inside the rallies, crowds chanted 'Lock her up,' a taunt never directed at Trumps' male primary rivals. Again and again, Trump responded to women who challenged him politically—Fox News's Megyn Kelly, his rival presidential candidate Carly Fiorina, MSNBC's Mika Brzezinski, Democratic Senator Elizabeth Warren—by calling them ugly. After his second debate with Clinton, he observed that she had 'walked in from of me,' and 'believe me, I wasn't impressed.' The implication was clear: No matter how high a woman ascends, she's ultimately just a body whose value is determined by men.

—Peter Beinart

When a girl feels that she's perfectly groomed and dressed she can forget that part of her. That's charm. The more parts of yourself you can afford to forget the more charm you have.

—F. Scott Fitzgerald

Flapper signifies...pretty, impudent, superbly assured, as worldly wise, briefly clad, and 'hard-berled' as possible.

—F. Scott Fitzgerald

A man being rich is like a girl being pretty.

—Marilyn Monroe as
Lorelie in
*Gentlemen Prefer
Blondes*

Elizabeth [Taylor] didn't consider herself...truly beautiful. She felt that being too impeccable, too groomed, too studied—'so that you can feel the vanity behind it'—made beauty boring. Her ideals of feminine beauty were women like Lena Horne and Ava Gardner, earthier women ablaze with life and heart.

—Sam Kashner and
Nancy
Schoenberger

When people ask me why I don't have any tattoos, I ask them, 'Would you put a bumper sticker on a Ferrari?'

—Internet Meme

Wife: Is that what you're wearing?

Me: I guess not.

—Simon Holland

I was never a trophy wife, but I did get a participation certificate.

—Internet Meme

[I]f we revert to history, we shall find that the women who have distinguished themselves have neither been the most beautiful nor the most gentle of their sex.

—Mary Wollstonecraft

The pretty ones are usually unhappy. They expect everyone to be enamored of their beauty. How can a person be content when their happiness lies in someone else's hands, ready to be crushed at any moment? Ordinary-looking people are far superior, because they are forced to actually work hard to achieve their goals, instead of expecting people to fall all over themselves to help them.

—J. Cornell Miche

20 things that women should stop wearing after the age of 30: 1-20: The weight of other people's expectations and judgments.

—Maura Quint

To look almost pretty is an acquisition of higher delight to a girl who has been looking plain the first fifteen years of her life than a beauty from her cradle can ever receive.

—Jane Austen

I've had a great deal of experience with adolescents over the centuries, and I've discovered that as a group these awkward half children take themselves far too seriously. Moreover, appearance is everything for the adolescent. I suppose it's a form of play-acting. The adolescent knows that the child is lurking under the surface, but he'd sooner die than let it out, and I was no different. I was so intent on being grown-up that I simply couldn't relax and enjoy life.

Most people go through this stage and outgrow it. Many, however, do not. The pose becomes more important than reality, and these poor creatures become hollow people, forever striving to fit themselves into an impossible mold.

—David & Leigh Eddings

There are few physiques I loathe more than the heavy low-slung pelvis, thick calves and deplorable complexion of the average coed (in whom I see, maybe, the coffin of coarse female flesh within which my nymphets are buried alive).

—Vladimir Nabokov

He'd been given an assignment to write about teen beauty pageants [...], which he'd accepted because he enjoyed blood sports as much as the next person.

—David Baldacci

Your body type shouldn't dictate your success. Remarkable dancers come in many different packages. As with any pursuit in life, it's up to you to make the most with whatever it is you've been given. So treat your body, your instrument, with care. Learn to love it and respect it. It is one of the unique things about you that makes you, you.

—Francisco Gella

There's this girl at my school, and nobody likes her because she smells like she takes a shower once upon a Christmas. The teachers can't make you be friends with her or any other person. You chose who you want to be friends with. You wouldn't want to be caught hanging around that person, because they would think you took a shower once upon a Christmas.

—Middle School Student
Daquan as quoted
by Kathleen
Cushman & Laura
Rogers

The physical growth of students varies more in grade five through eight than in any other years. Boys' growth rates and timing are haphazard at best. A quick glance inside almost any middle school classroom reveals both muscular, physically mature boys, and boys who appear to have been smuggled out of the fourth grade.

The same variety is evident among girls. By ages 12 to 14, many girls look like high school seniors and, to the chagrin of school principals and nervous parents, they enjoy it. They are the students who can't understand why we don't permit high school students to attend middle school dances.... Middle level students quickly develop a new concern about how they look, spending an inordinate amount of time in front of mirrors, lamenting whatever is out of proportion, admiring what seems in place, and assuring themselves that nobody else in the world has the same problems.

—Samuel H. Campbell

Beauty had nothing to do with the garbage TV tried to sell us. It was more a matter of confidence. Either way, I had none.

—Gaia B. Amman

Some people were simply created with the right genes and the proper social skills, I figured. They ended up at a lunch table with a group of good-looking individuals, like them, who did what all good-looking individuals managed: making the rest of us feel both envious of them and sad for ourselves, intentional or not. They had activities outside of school and followers online—people of social necessity who sat at home on Friday nights and ‘liked’ popular posts in hopes that they, too, might one day be as attractive and personable.

—Bryant A. Loney

When I was a teen, I liked to hang out around popular girls, I thought they had some magic, secrets that only they knew and I wanted to learn it... Though pretty soon I realized... popular girls were just like spam... they promised a lot, but only thing they had and could use were their well-built bodies and ability to apply make-up here and there. Mostly they were deceptive and had no senses... they had no idea about friendship, kindness and beauty as it is. Friendship for them was not something more than poor relations, sort of like in God Father. Love for them was not something bigger than sex. Kindness for them was to have a kitty or a dog (which was already very rare case)... And beauty for them was... well, you can imagine. Concentrated selfishness.

—Galina Nelson

Beauty is one of the great facts of the world, like sunlight, or springtime, or the reflection in dark waters of that silver shell we call the moon. You have only a few years in which to live really, perfectly, and fully. When your youth goes, your beauty will go with it, and then you will suddenly discover that there are no triumphs left for you.

—Oscar Wilde

Her fine high forehead sloped gently up to where her hair, bordering it like an armorial shield, burst into lovelocks and waves and curlicues of ash blonde and gold. Her eyes were bright, big, clear, wet and shining, the color of her cheeks was real, breaking close to the surface from the strong young pump of her heart. Her body hovered delicately on the last edge of childhood—she was almost eighteen, nearly complete, but the dew was still on her.

— F. Scott Fitzgerald

Youth is happy because it has the capacity to see beauty. Anyone who keeps the ability to see beauty never grows old.

—Franz Kafka

It seems to me that what we call beauty in a face lies in the smile: if the smile heightens the charm of the face, the face is a beautiful one; if it does not alter it, the face is ordinary, and if it is spoiled by a smile, it is ugly.

—Leo Tolstoy

We place such crazy importance on physical appearance in our image-obsessed culture, on youth and beauty to define our sense of self-worth, that aging, by default, becomes a kind of defect, something secret and corrosive and shameful.

—Ruth Ozeki

The hardest period in life is one's twenties. It's a shame because you're your most gorgeous, and you're physically in peak condition. But it's actually when you're most insecure and full of self-doubt. When you don't know what's going to happen, it's frightening.

—Helen Mirren

Young things like you don't need any ornaments but those you wear to-night: youth, health, intelligence, and modesty.

—Louisa May Alcott

The three of them were beautiful, in the way all girls of that age are beautiful. It can't be helped, that sort of beauty, nor can it be conserved; it's a freshness, a plumpness of the cells, that's unearned and temporary, and that nothing can replicate. None of them was satisfied with it, however; already they were making attempts to alter themselves into some impossible, imaginary mould, plucking and pencilling away at their faces.

—Margaret Atwood

Violet will be a good color for hair at just about the same time that brunette becomes a good color for flowers.

—Fran Lebowitz

I never expected to see the day when girls would get sunburned in the places they do now.

—Will Rogers

If most men and women were forced to rely upon physical charm to attract lovers, their sexual lives would be not only meager but in a youth-worshipping country like America painfully brief.

--Gore Vidal

Nothing looks better in your 50s than sunscreen in your 20s.

—Jennifer Garner

At what age is being naked not beautiful anymore? Is there a sell-by date on us?

—Cindy Crawford

If only our eyes saw souls instead of bodies how different our ideals of beauty would be.

—Lauren Jauregui

THIS UGLY WORLD

Kids may flee a frightful worm,
Or pause to crush the furry wretch.
But little did those children know
The beauty yet to be.

As girls do grow they often think
That beauty rules the face,
The figure, and the dress.
They don't yet know
There's beauty in evoking smiles
When you yourself are sad.
There's beauty in big bodies,
If the heart is big as well.
There's beauty in pure thoughts,
Exuberance, a soul that glows.

So look, don't judge.
I'll guarantee.
That beauty dwells
In all you see.

—Dan L. Miller

People are not beautiful for the way they look, walk or talk. They are beautiful for the way they Love, Care & Share.

—*Humanity@love4humans*

Since my growth spurt at 13, it seemed like I'd been looming over everyone. Being tall was supposed to make you confident, but it just made me feel excessive. There was too much of me, always, and I was always so awkward and quiet, failing to earn all the space I took up.

—Leslie Jamison

[Susan] Sontag...warns 'We not only split off—with the greatest facility—the 'inside' (character, intellect) from the 'outside' (looks); but we are actually surprised when someone who is beautiful is also intelligent, talented, good.' The power of beauty is self-negating, it is a 'power...always conceived in relation to men; it is not the power to do but the power to attract.' We need 'some critical distance' from beauty if we are to avoid the 'crude trap' of treating a woman's self-presentation as separable from, and opposed to, her interior self.

—Merve Emre

I'm as handsome as ever, but no one takes any notice of me because I'm married.

—Louisa May Alcott

It's amazing how lovely common things become, if one only knows how to look at them.

—Louisa May Alcott

Not everyone is gonna think I'm funny or pretty and that's okay. They're wrong though.

—*ifunny.co*

Some people try to turn back their odometers, not me, I want people to know why I look this way. I've traveled a long way, and some of the roads weren't paved.

—*GodFruits.com*

Get married to a man who is older than you, so that by the time you start losing your beauty, he is also losing his eyesight.

—Internet Meme

As we grow old,...the beauty steals inward.

—Ralph Waldo Emerson

A 2018 national survey of more than 1,000 10-to-19-year-olds conducted by the polling firm *PerryUndem* found that young women believe there were many ways to be a girl—they could shine in math, sports, music, leadership (the big caveat being that they still felt valued primarily for their appearance).

—Peggy Orenstein

Someone decided that women will shave their legs and men won't and everyone just went with it.

—*theChive*

Do not judge by appearances; a rich heart may be under a poor coat.

—Scottish Proverb

Them: You look better without your glasses.

Me: Thanks, you look better without my glasses too.

—Internet Meme

Most of us long for beauty—in nature, in art, in what we see in the mirror and what we see in romantic partners. Physical beauty captures our attention, whether we want it to or not. One layer of physical beauty is relatively universal. For example, around the world, humans find features like clear, flawless skin visually appealing.....Our quest to attain physical beauty for ourselves drives a startling array of behaviors—everything from purchasing cosmetics to chronic dieting. Our desire for physical beauty in others leaves us prone to biases. We are told not to judge books by covers, but this tendency is nearly impossible to shut down when it comes to physical attractiveness.

—Renee Engeln

As a fitness instructor for 20 years in America and as a CrossFit athlete, I've often heard women say, 'I want to be strong, but I don't want to be big, as in too muscular.' Women will limit themselves in what they are physically able to do because they're worried about not looking feminine. That's really interesting to me because you wouldn't say, 'I don't want to study anymore because I don't want to be too smart.' Why are we limiting ourselves in this way?

—Jennifer McGee
Preschern

According to two studies...women, at least, are rated by others as more competent when they wear formal attire. And we actually act as though dress influences our ability.

—Amanda Mull

I coach teenage girls for soccer and I hear them say, ‘I’m not pretty’ or ‘I want to be attractive to boys.’ I told them to forget about that. They’re bombarded with this message of fake beauty by Hollywood. Instead of focusing on the physical, ‘what I look like,’ change that and say ‘Wow, what can my body do? How strong can I be?’ I think it’s a complete reframing of the concept of beauty. This is about being the best possible version of yourself—and that is beautiful.

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Researchers at Harvard identified what they called the red sneakers effect. It posits that as long as the person ignoring workplace guidelines is perceived to be doing it purposefully, evaluations of that person improve—think Mark Zuckerberg and his ‘fuck you’ hoodies in early Facebook business meetings. After all, there’s no greater power than being exempt from the rules that govern everyone else.

—Amanda Mull

If your first impression is a good one and shows you’re taking the job seriously, the association between being dressed well and credibility and knowledge is strong enough that what you do later doesn’t matter as much. As long as you don’t draw too much attention to yourself by being bad at your job or making your co-workers miserable, you can safely start wearing that one sweater you love that’s sort of like a fancy bathrobe.

—Regan Gurung

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Oh, how I regret not having worn a bikini for the entire year I was twenty-six. If anyone young is reading this, go, right this minute, put on a bikini, and don’t take it off until you’re thirty-four.

—Nora Ephron

Have you ever thought: 'I'm fat.' 'I'm old.' 'I'm worn out.'

I was young once. To all my female friends from 50 years and up: Most of us are going through the next phase of our lives. We're at that age where we see wrinkles, gray hair and extra pounds. We see the cute 25-year-olds and reminisce. But we were also 25, just as they will one day be our age. What they bring to the table with their youth and zest, we bring with our wisdom and experience. We have raised families, run households, paid the bills, dealt with diseases, sadness, and everything else life has assigned us. Some of us have lost those that were nearest and dearest to us. We are survivors. we are warriors in the quiet. We are women. Even if our body may not be what it once was, it carries our soul, our courage and our strength. We shall all enter this chapter of our lives with humility and pride over everything we have been through, and should never feel bad about getting older. It's a privilege that is denied many.

—Jan Jackson

For beautiful eyes look for the good in others;
For beautiful lips speak only words of kindness;
And for poise, walk with the knowledge that you are never alone.

—Audrey Hepburn

Cleopatra is often portrayed as an elegant temptress in art and film, but there's evidence that she wasn't as physically striking as you might think. Ancient Egyptian coins adorned with her face reveal that she likely had a strong jawline and a hooked nose. It's believed that Cleopatra worked hard to control how she was perceived by the public, and her image on Egyptian coins was a way to appear more masculine in order to emphasize her power and right to rule.

Additionally, historian Plutarch wrote that her looks were 'not altogether incomparable.' However, he did say that her intellect, wit, charm, and 'sweetness in the tones of her voice' made her irresistible to everyone. Impressively, Cleopatra spoke as many as a dozen languages and was educated in mathematics, philosophy, oratory, and astronomy.

— Emma Taggart

Do you ever just forget to hide your expressions for a minute and then you're like
woah I did not mean to make that face out loud.

—Ann Mark

The rational-dress movement, which emerged in the mid-19th century, called for reducing the weight of undergarments from as much as 14 pounds to a still-hefty seven.

—Helen Lewis

When you're a bigger size woman like me, people often like to say 'Yea...she has such a pretty face'...As if being full figured is such a disgrace. Honey, I'm cute in the face...and I'm thick in the waist...I look good whether I'm in cotton, jeans or lace. I'm beautiful, vibrant, quite smart, and above all else I treat people with fairness and respect! There's more to me than my weight. I also have a heart of gold! Yes, my clothes may be a bigger size, that just means I'm a bigger prize. We are not all self-conscious about our weight. So don't think a smaller frame gives you more pull. I'm a fabulous curvy woman with a figure that's full, but I've ALWAYS believed that my heart is bigger than my waist—and that's what matters most!!!! So let's lift each other up no matter what size we are...We all have feelings and should never be prejudged based on the numbers on a scale. Beauty comes from the size of your heart, not the size of your jeans.

—Facebook Post by
Winnie Braid

Beginning in preschool, Black students are disproportionately disciplined in schools, from teacher-issued referrals, to corporal punishment, to police arrests and their attendant violence. And it is not simply that black students are over-represented in these areas, but rather it is about the ways our bodies—our skin, our hair, our clothes, our voice, our body language, our cadence, our presence—have always represented a dangerous intrusion within educational institutions structured by anti-black solidarity.

—Kihana Miraya Ross

Dear Girls,

Dressing immodestly is like rolling around in manure. Yes, you'll get attention, but mostly from pigs.

Sincerely,
Real Men

—Internet Meme

In every form of media, girls are bombarded with negative messages about their appearance. I didn't feel comfortable in my own skin until I started questioning the systems and underlying mentalities that contribute to the objectification of women's bodies. The most potent way to rebel against a culture of self-deprecation is to love yourself and encourage others to do the same.

—Lorena Koppel-Torres

Nature's work is often incomplete.

—Max Factor, Cosmetics
Pioneer

Pundits blame [selfies] for creating an upswell of self-regard, a culture where everyone is constantly primping for the camera and focusing on themselves while ignoring the world around them. Some academic research supports this dim view: one study published in October 2019 found that the highest levels of selfie-taking correlates with ‘grandiose narcissism’—an inflated sense of self. And famous models keep ratcheting up the pressure: Recently, Instagram superstars including Kylie Jenner and Emily Ratajkowski began sharing ‘multi-selfies,’ in which they post several snaps of themselves in nearly the exact same pose. The multi-selfie ‘expresses a first-world problem of the highest order: essentially, you cannot decide which of your marginally different, equally vain picture to post so you post all of them,’ the journalist Phoebe Luckhurst wrote in an article about the trend. Defenders, on the other hand, argue that selfies are a perfectly healthy way of exploring who we are.

—Clive Thompson

To have attractive lips, speak kind words.

To have a loving look, look for the good side of people.

To look skinny, share your food with the hungry.

To have beautiful hair, let a child cross it with his own fingers once a day.

To have a beautiful poise, walk knowing you're never alone, because those who love and loved you accompany you.

People, even more than objects, need to be fixed, spoiled, awakened, wanted and saved: never give up on anyone.

Remember, if you ever need a hand, you'll find them at the end of both your arms.

When you become old, you will discover that you have two hands, one to help yourself, the second to help others.

The beauty of a woman is not in the clothes she wears, in her face or in her way of fixing her hair. The beauty of a woman is seen in her eyes, because that is the door open to her heart, the source of her love.

The beauty of a woman doesn't lie in her makeup, but the true beauty in a woman is reflected in her soul.

It is the tenderness that gives love, the passion that it expresses.

The beauty of a woman grows over the years.

—Audrey Hepburn

I like people who laugh at their un-washed hair and admit when they forgot to brush their teeth. I like people who share all their favorite recipes, and let you try their favorite makeup before you buy it, and brag about getting their dress from the clearance rack.

—Amy Weatherly

Hollywood's priority to stay thin, look young and be picture-perfect revolts me. If I'm not eating right or exercising enough, I'll do something about it. But I'm not going to diet and exercise all day long just to look a certain way.

—Drew Barrymore

Though most people today don't associate blue denim with the struggle for black freedom, it played a significant role in the movement. For one thing, the historian Tanisha C. Ford has observed, 'The realities of activism,' which could include hours of canvassing in rural areas, made it impractical to organize in one's 'Sunday best.' But denim was also symbolic. Whether in trouser form, overalls or skirts, it not only recalled the work clothes worn by African Americans during slavery and as sharecroppers, but also suggested solidarity with contemporary blue-collar workers and even equality between the sexes, since men and women alike could wear it.

—Brandon Tensley

Young girls today are very mistaken to be thinking that their sense of self-worth and their acknowledgment of their beauty depends on whether a man will give that to them or not. Such naïveté! And so what will happen when the man changes his mind about her? Tells her she's not beautiful enough? That she's not good enough? Cheats on her? Leaves her? Then what happens? She will lose all her self-worth, she will think she is not good enough, she is not beautiful enough, because all of those feelings depended on the man in the first place! And along with the loss of the man, it will all be lost as well! Mothers, teach your daughters better. It pains me to see such naive innocence right under my nose! Such naïveté does no good for any girl. It is better for a girl to be worldly-wise and have street-smarts! That's what a girl needs to have in life! Not wide-eyed delusional innocence! The sense of self-worth and acknowledgment of being beautiful must not come from a man, it must come from inside the woman herself, men will come and men will go and their coming and going must not take an effect on the woman's sense of worth and beauty.

—C. JoyBell C.

Is the beauty myth good to men? It hurts them by teaching them how to avoid loving women. It prevents men from actually seeing women. It does not, contrary to its own professed ideology, stimulate and gratify sexual longing. In suggesting a vision in place of a woman, it has a numbing effect, reducing all senses but the visual, and impairing even that.

—Naomi Wolf

I learned a long time ago not to judge people by what they look like, sound like, or by the clothes they wear. Just because a house is nice and shiny out front doesn't mean it's not rotting on the inside.

—Sherrilyn Kenyon

The first time I taught a writing class in graduate school, I was worried. Not about the teaching material, because I was well prepared and I was teaching what I enjoyed. Instead I was worried about what to wear. I wanted to be taken seriously. I knew that because I was female, I would automatically have to prove my worth. And I was worried that if I looked too feminine, I would not be taken seriously. I really wanted to wear my shiny lip gloss and my girly skirt, but I decided not to. I wore a very serious, very manly, and very ugly suit. The sad truth of the matter is that when it comes to appearance, we start off with men as the standard, as the norm. Many of us think that the less feminine a woman appears, the more likely she is to be taken seriously. A man going to a business meeting doesn't wonder about being taken seriously based on what he is wearing—but a woman does.

—Chimamanda Ngozi
Adichie

People today are afraid to work on themselves and on their actual realities, they believe that outward appearances are enough. Outward appearances have become everything in our current day and age. People don't see what they are actually like, nor who they actually are, in reality. They live in a phantasmic version of reality. It has to stop. In the phantasmic version of reality, there is no chance to experience true love, true goodness, and true metamorphosis. The caterpillar does not become a butterfly by telling everybody it has wings. It actually buries itself in darkness and grows those wings.

—C. JoyBell C.

Any woman who counts on her face is a fool.

—Zadie Smith

All of us look younger and sweeter when we smile our real smiles—the ones that come when we are genuinely happy.

—Stephen King

Darkness is real fountain of youth.

—Karen Russell

No one ever tells you the truth about what you look like.

—Rachel Cusk

It's been said that a pretty face is a passport. But it's not, it's a visa, and it runs out fast.

—Julie Burchill

If people turn to look at you on the street, you are not well dressed.

—Beau Brummell

The average person who wears bow tie is distrusted by almost everyone.

—John T. Molloy

I'm determined to read no more books where the blond-haired women carry away all the happiness.

—George Eliot

I haven't enjoyed a mirror since 1994.

—Kevin Barry

To what extent should the attractive feel responsible for the sufferings of their admirers?

—Peter J. Conradi

What made her beautiful was not her appearance or what she achieved, but in her love and in her courage, and her audacity to believe: no matter the darkness around her, Light ran wild within her, and that was the way she came alive, and it showed up in everything.

—Morgan Harper Nichols

I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones.

—Lauren (Age 4)

I learned a little of beauty—enough to know that it had nothing to do with truth.

—F. Scott Fitzgerald

I reassured my mother that it didn't matter to me if my face was not symmetrical. Me, who had always cared about my appearance, how my hair looked! But when you see death, things change. 'It doesn't matter if I can't smile or blink properly,' I told her. 'I'm still me, Malala. The important thing is God has given me my life.'

Malala Yousafzai, Gun
Violence Victim

Fashion brands have always played on our aspirations and insecurities, and on the seemingly innate desire to express ourselves through our clothing.

—Rachel Monroe

According to a 2017 poll, 41 percent of women ages 18 to 25 felt pressure to wear a different outfit every time they went out.

—Rachel Monroe

The age of conformity is over. Anytime I wear anything..., people are like, where did you get that?

—Shaudi Lynn

Much of our lives is spent on marketing. Make-up, exercise, dieting, clothes, hair, money, charm, attitude, the strut, the pose, the Blue Steel look. We're like walking billboards advertising ourselves.

—Tatsuya Ishida

We all know that Beauty grows to love the Beast. She grows to love him, despite what her family might think—for his charm and education, his knowledge of art and his sensitive heart.

—E. Lockhart

As a woman, I know you're young but you gotta hear it now, the most valuable part about you is your brain. Get an education, don't let anybody tell you that your body or the size that you wear or any of that bullshit matters because it doesn't. Your brain matters, so be the smart girl in the room because to be funny you have to be smart, because you have to get the joke

—Sophia Bush

The idea that girls are somehow responsible for 'provoking' harassment from boys is shamefully exacerbated by an epidemic of increasingly sexist school dress codes. Across the United States, stories have recently emerged about girls being hauled out of class, publicly humiliated, sent home, and even threatened with expulsion for such transgressions as wearing tops with 'spaghetti straps,' wearing leggings or (brace yourself) revealing their shoulders. The reasoning behind such dress codes, which almost always focus on the girls' clothing to a far greater extent than the boys', is often euphemistically described as the preservation of an effective 'learning environment.' Often schools go all out and explain that girls wearing certain clothing might 'distract' their male peers, or even their male teachers....in reality these messages privilege boys' apparent 'needs' over those of the girls, sending the insidious message that girls' bodies are dangerous and provoke harassment, and boys can't be expected to control their behavior, so girls are responsible for covering up....his education is being prioritized over hers.

—Laura Bates

Her face is seamed with a million wrinkles like the map of a state where the geography hasn't settled down—rivers and canyons along her brown leather cheeks, ridges below the knob of her chin, the sinuous raised drumlin of bone at the base of her forehead, the caves of her eyes.

—Stephen King

People who wear uncomfortable clothes have always been uncomfortable to be around.

—Tommy Hilfiger

Sometimes I don't like wearing my mask but then I remember how much my nose must appreciate having a blanket made just for her. It is the only thing she owns, so I tuck her in and I let her cuddle.

—Winnie, 5-Years-Old
(2021)

Andy Warhol...started dyeing his hair grey when he was only 23, saying 'When you've got gray hair, every move you make seems 'young' and 'spry,' instead of just being normally active.'

—*theChive*

What is wrong with looking muscular? Muscles are beautiful. Strength is beautiful. Muscle tissue is beautiful. It is metabolically, medically, and philosophically beautiful. Muscles retreat when they're not used, but they will always come back if you give them good reason. No matter how old you get, your muscles never lose hope. Few cells of the body are as capable as muscle cells are of change and reformation, of achievement and transcendence... Women need muscle, as much as they can muster. They need muscle to shield their light bones, and they need muscle to weather illness. And being strong in a blunt way, a muscleheaded way, is easier than being skilled at a sport. It is a democratic option, open to the klutzes and the latecomers, and women should seize the chance to become cheaply, fowzily strong, because the chance exists, and let's be honest, we don't have many. Being strong won't make you happy or fulfilled, but it's better to be sullen and strong than sullen and weak.

—Natalie Angier

Perfection isn't what matters. In fact, it's the very thing that can destroy you if you let it.

—Emily Giffin

Don't be eye candy. Be soul food.

—Internet Meme

I've made it my business to observe fathers and daughters. And I've seen some incredible, beautiful things. Like the little girl who's not very cute—her teeth are funny, and her hair doesn't grow right, and she's got on thick glasses—but her father holds her hand and walks with her like she's a tiny angel that no one can touch. He gives her the best gift a woman can get in this world: protection. And the little girl learns to trust the man in her life. And all the things that the world expects from women—to be beautiful, to soothe the troubled spirit, heal the sick, care for the dying, send the greeting card, bake the cake—all of those things become the way we pay the father back for protecting us.

—Adriana Trigiani

You know when you see a gorgeous boy on the street and you say to your friend, 'Look at him!' and then your friend makes a face like, ugly? We all have such totally varied tastes that someone is going to look at you and think, yum-yum dee-lish, no matter what you think you look like. You just have to learn to see what they see.

—Cecily von Ziegesar

People are...good at distinguishing a true smile from a performative one. One of the key factors that separates the two is that when experiencing happiness, people tend to smile in such a way that the skin at the corner of their eyes tightens and the muscles above their cheekbones swell. When people perform happiness, often to appear pleasant or hide their true reactions, they typically only lift their lips so that the smile doesn't affect their eyes.

—Todd James Pierce

Butterflies can't see their wings. They can't see how beautiful they are, but everyone else can. People are like that as well.

—Naya Rivera

If someone called me chubby, it would no longer be something that kept me up late at night. Being called fat is not like being called stupid or unfunny, which is the worst thing you could ever say to me. Do I envy Jennifer Hudson for being able to lose all that weight and look smokin' hot? Of course, yes. Do I sometimes look at Gisele Bundchen and wonder how awesome life would be if I never had to wear Spanx? Duh, of course. That's kind of the point of Gisele Bundchen. And maybe I will, once or twice, for a very short period of time. But on the list of things I want to do in my lifetime, that's not near the top. I mean, it's not near the bottom either. I'd say it's right above 'Learn to drive a Vespa,' but several notches below 'film a chase scene for a movie.'

—Mindy Kaling

Dress codes remove responsibility from male students and unnecessarily and unfairly force all of the responsibility onto female students. Dress codes draw more focus to the bodies of minors and can propagate all kinds of body image issues for young people.

—Jenna Gauthier

Research has shown that sports and activities that have an aesthetic component to them, where the way one appears is part of how one is being evaluated or judged, tend to have higher rates of eating disorders. Not only higher than in the general population but higher than even in other sports where the rates are already high....Going to the gym doesn't cause the eating disorder, but when the preoccupation with an ideal body shape or weight becomes someone's driving force, or when there's an over emphasis placed on one shape or weight, then that can create a climate that contributes to disordered eating.

—Dr. Sari Shepphird

You will always
be 'too much'
for some people.
Too loud, too soft.
Too skinny, too fat.
Too this, too that.
But you will always
be perfect for
those who love you
for who you are.

—*LoveWideOpen.com*

I was glad my father was an eye-smiler. It meant he never gave me a fake smile because it's impossible to make your eyes twinkle if you aren't feeling twinkly yourself. A mouth-smile is different. You can fake a mouth-smile any time you want, simply by moving your lips. I've also learned that a real mouth-smile always has an eye-smile to go with it. So watch out, I say, when someone smiles at you but his eyes stay the same. It's sure to be a phony.

—Roald Dahl

When a woman wears a leather dress, a man's heart beats quicker, his throat gets dry, he gets weak in the knees, and he begins to think irrationally.
Ever wonder why?
It's because she smells like a new Truck.

—Internet Meme

A lot of people in this industry [TV/Film] hear they need to lose weight more times than they should. It does make you stronger, though. Because if you let that affect you, you can't be in this industry—you'd go crazy.

—Ashley Benson

Oops! Caught my reflection in an unflattering fitting room mirror! Looks like my self esteem gets to take the rest of the day off!

—Emily Murnane

Keywords: #Quotes #Quotations #Education #School #Appearance #Beauty #Self-Concept #college #learning #ugliness #charm #looks #style #glamor #handsomeness #lovely #beautyquotes #appearancequotes #selfconceptquotes #expressions