

SAFETY, BEST QUOTES ON

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SAFETY QUOTES

Safety applies with equal force to the individual, to the family, to the employer, to the state, the nation and to international affairs. Safety, in its widest sense, concerns the happiness, contentment and freedom of mankind.

—William M. Jeffers

1967—Jayne Mansfield is killed when her car runs under the rear end of a tractor trailer. Since then, all trailers have a DOT bar at the rear to keep cars from going under them.

1982—Seven people die when Tylenol packaging was tampered with. Since then, it takes a PhD, channel locks, and a sharp object to get into a bottle of pills.

1995—A bombing using a certain kind of fertilizer, solution grade ammonium nitrate, killed 168 people, so the government imposed severe restrictions on the purchase of that fertilizer.

2001—One person attempts to blow up a plane with a shoe bomb. Since then, all air travelers have to take off their shoes for scanning before being allowed to board.

Since 1968—1,516,863 people have died from guns on American soil. Gun violence kills an average of 168 people every two days! Now, the problem apparently can't be solved except with thoughts and prayers.

—Internet Meme

Go to a parent meeting on some topic like 'Teens and Drinking' and you're likely to get an earful about how to keep your teen drinker safe. Teach her to recognize signs of alcohol poisoning in her friends; tell her it's always okay to call 911; advise her to check in on conked-out partygoers every 15 minutes or so to make sure they're just sleeping it off and not unconscious. The message doesn't involve any moral or emotional imperatives; it has to do only with not ending up dead or in jail.

—Caitlin Flanagan

Alternate tasks whenever possible, mixing non-computer-related tasks into the workday. This encourages body movement and the use of different muscle groups.

—*Occupational Safety
and Health
Administration
(OSHA)*

An incident is just the tip of the iceberg, a sign of a much larger problem below the surface.

—Don Brown

It should be noted that the teaching of safety is far more than the mere inculcation of specific habits and techniques. The problem of safety is one of the fundamental problems of the human race and has its root deep in the psychological and philosophical bases for right living, so that a course in safety if rightly conducted is of far-reaching significance from a cultural and character-forming point of view.

--*National Conference on
Street and
Highway Safety*

The safety of the people shall be the highest law.

—Marcus Tullius Cicero

Safety is not a gadget but a state of mind.

—Eleanor Everet

Better a thousand times careful than once dead.

—Proverb

I've personally met up with quite a few legless, armless and other badly messed-up folks. There's a whole lot of mighty serious accident contemplation going on in our hospitals. My observations have taught me that it is much better to think about accidents before they happen than to brood on them afterward. ... Personally, I'd rather be late for dinner tonight here than to be on time for breakfast in the next world in the morning. Haste makes waste of a lot of good human material.

—Irvin S. Cobb

'Safety at home' is an expression frequently heard. However, when we consider the fact that home accident fatalities are exceeded only by accidental deaths from motor vehicle operation, and that nearly one-third of all accidental deaths occur at home, the hazards confronting us in our daily home life are more serious than supposed.

*--Metropolitan Life
Insurance
Company*

Free markets don't provide safety. Only regulation does that. You want safe food, you better have inspectors. You want safe water, you better have an EPA. You want a safe stock market, you better have an SEC. And you want safe airlines, you better regulate them too.

--Michael Crichton

My own fault. The equipment had safeties but your primary piece of protective equipment was your brain. There was a presumption that anyone entering this room was intelligent enough to keep away from hot things, sharp things, and things carrying large stores of momentum.

--Max Barry

According to the NHTSA, more than 6,000 teens die each year from injuries resulting from car collisions, making it the number one killer of teens in the United States. Typical reasons include a lack of driving experience, poor vehicle control, risk-taking, and failure to wear seat belts.

—driversed.com

Danger which can not be removed must be avoided, except for some good reason. We cannot change the swift current of a river nor slacken the drag of the under-tow at the seashore, but we do not have to risk drowning by bathing in an obviously dangerous place. We can choose a safe place in which to swim. We can not remove a railroad trestle, but we do not have to run the risk of falling off or of being caught by an unexpected train by using it as a pathway. We can not make the lake freeze faster than the weather permits, but we do not have to go skating until the ice will bear us.

--Boy Scouts of America

Safety work is today recognized as an economic necessity. It is the study of the right way to do things.

—Robert W. Campbell

The economic waste resulting from carelessness is appalling, but anyone who stops for a moment to consider the sorrow and desolation which is brought into thousands of lives each year by utter thoughtlessness must feel a new resolve to make a habit of 'Safety First.'

—W. C. Durant

Nothing is of greater importance than the conservation of human life.

—Calvin Coolidge

The future of the safety movement is not so much dependent upon the invention of safety devices as on the improvement of methods of educating people to the ideal of caution and safety.

—Walter Dill Scott (1921)

A health & safety problem can be described by statistics but cannot be understood by statistics. It can only be understood by knowing and feeling the pain, anguish, and depression and shattered hopes of the victim and of wives, husbands, parents, children, grandparents and friends, and the hope, struggle and triumph of recovery and rehabilitation in a world often unsympathetic, ignorant, unfriendly and unsupportive. Only those with close experience of life-altering personal damage have this understanding.

—George Robotham

So long as you have a society with a lot of guns—and America has more guns per capita than any other county in the world—children will be at risk of being shot. The questions are how much risk, and what, if anything, is being done to minimize it? If one thinks of various ways in which commonplace items, from car seats to medicine bottle tops, have been childproofed, it's clear that society's general desire has been to eliminate as many potential dangers from children as possible, even when the number of those who might be harmed is relatively small. If one child's death is preventable, then the proper question isn't 'Why should we do this' but rather 'Why shouldn't we?' It would be strange for that principle to apply to everything but guns.

--Gary Younge

Working virtually 100% indoors, in a seated position and usually talking on a phone, writing or typing on a computer paves the way for some of the top injuries... to develop.

—*Albert Einstein College
of Medicine*

THE TOP 10 THINGS THAT ARE ESSENTIAL FOR SAFETY LEADERSHIP

1. Leaders must visibly demonstrate commitment and focus on safety. Good leaders lead, great leaders develop other leaders.
2. Leaders must set the safety example.
3. Leaders must create high safety expectations.
4. High values and detailed standards of performance must be used.
5. Leaders must listen to and involve the workforce.
6. Leaders must do what they say they will do.
7. Leaders must value safety goals.
8. Employees must be made to feel they are part of something important and satisfying.
9. Leaders must reinforce, reward and celebrate success.
10. Everyone must be held accountable for safety performance.

—George Robotham

Work injuries and illnesses can affect every aspect of life for workers and their families.

—*Maine Department of
Labor*

You are your last line of defense in safety. It boils down to you.

—Kina Repp

It takes leadership to improve safety.

—Jackie Stewart

Obedience is the mother of success and is wedded to safety.

--Aeschylus

Your employees learn by example. If they don't see you practicing good safety habits, they won't think safety is important.

—*Electrical Construction
& Maintenance*

If you are the proprietor or managing director of a company, you are ultimately responsible for the health and safety in all aspects of the business.

—*Forum of Private
Business*

Measuring performance by the numbers of injuries you have is like measuring parenting by the number of smacks you give.

—Dr. Robert Long

If you put good people in bad systems, you get bad results. You have to water the flowers you want to grow.

—Stephen Covey

You don't need to know the whole alphabet of safety. The a, b, c of it will save you if you follow it: Always Be Careful.

—*Colorado School
of Mines
Magazine*

NINE FACTORS THAT PREDICT POSITIVE SAFETY OUTCOMES

1. **Procedural Justice:** Does the individual perceive that the supervisor's decision-making process to be fair?
2. **Leader Member Exchange:** If employees believe the supervisor will provide support and look out for their interests positive results will be found
3. **Management Credibility:** Do employees perceive that what management says is consistent with what it does?
4. **Perceived Organizational Support:** Do employees perceive that they receive the support they need to accomplish the organization's objectives?
5. **Workgroup Relations:** Do co-workers treat each other with respect, listen to each other's ideas, help one another out and fulfill commitments?
6. **Teamwork** To what extent do employees perceive that working with team members is an effective way to complete tasks?
7. **Organizational Value for Safety Performance Improvement:** The more employees perceive that the organization values safety goals, the more willing they will be to invest in those goals themselves.
8. **Upward Communication:** Can the workers speak freely to their supervisor about safety concerns?
9. **Approaching Others:** Do employees feel free to speak to each other about safety concerns?

—Thomas R. Krause

1. Damage to people at work has a number of adverse outcomes:
 - Financial loss to employer, worker and community
 - Pain and suffering
 - Dislocation of lives
 - Permanence of death

2. Damage to people from work falls naturally into one of three Classes.
 - o Class I damage permanently alters the person's life and subdivides into
 - fatal
 - non fatal
 - o Class II damage temporarily alters the person's life
 - o Class III damage temporarily inconveniences the person's life

*—Geoff McDonald &
Associates*

The fundamental difference at the heart of the two positions and, by extension, two Americas: One believes in the ability of the government to create safety, even if it entails sacrifices, small and large, on the part of the individual. The other believes those sacrifices, and the incremental increases in safety they cannot even guarantee to provide, are simply not worth the compromise of their liberty.

--Anne Helen Petersen

The very worst strategy is to try to hide a gun. Children are remarkably adept at finding things that Mom and Dad don't want them to find, and burglars make their living by doing so. No matter how well hidden you think it is, a gun that's not secured is an accident or crime waiting to happen. If they're not on you, lock 'em up.

--Grant Cunningham

We lose eight children and teenagers to gun violence every day. If a mysterious virus suddenly started killing eight of our children every day, America would mobilize teams of doctors and public health officials. We would move heaven and earth until we found a way to protect our children. But not with gun violence.

--Elizabeth Warren

What would we do if a plane crashed today and 100 people died? What would we do if it happened again tomorrow? And the next day? We'd ground air traffic. We wouldn't live with that. It's been going on every day on our nation's roadways for the last 40, 50, 60 years.

—David Teater

Kelly was a seaman, and his life on the water followed a strict routine, which meant observing all the safety rules that had been written in the blood of less careful men.

—Tom Clancy

The danger which is least expected soonest comes to us.

—Voltaire

Teaching the world to be careful is a constructive service worthy of God's great gift of life to man.

—Harold H. Burton

The automobile has brought death, injury and the most inestimable sorrow and deprivation to millions of people.

—Ralph Nader

Shallow men believe in luck; wise and strong men in the cause and effect.

—Ralph Waldo Emerson

Safety will only be successful when all are on board and agreeing with safety change. Safety must be measured, preferably using positive performance measures, and people must receive intrinsic rather than monetary awards for their successful performance.

—George Robotham

Safety isn't expensive; it's priceless.

—Jerry Smith

Road sense is the offspring of courtesy and the parent of safety.

—Maud van Buren

We now have unshakable conviction that accident causes are man-made and that a man made problem can be solved by men and women.

—W. H. Cameron

Carelessness doesn't bounce; it shatters.

—Hartman Jule

Accidents, and particularly street and highway accidents, do not happen—they are caused.

—Ernest Greenwood

There's no safety outside of God.

—Beth Nimmo

Every Place where we feel safety is a Treasure.

—Jan Jansen

Love is a magical shelter where you will feel yourself safe beneath it!

—Mehmet Murat ildan

Freedom isn't a static point. It's a spectrum from absolute to none at all, and is usually inversely proportional to safety.

—M. L. Wulf

I never thought I'd hear myself say it, but safety first!

—J. K. Rowling

Anyone who thinks there's safety in numbers hasn't looked at the stock market pages.

—Irene Peter

Don't kid about Safety; you may be the goat.

—Gary Works

There is no safety in numbers, or in anything else.

—James Thurber

Education is our only political safety. Outside of this ark all is deluge.

—Horace Mann

One is not exposed to danger who, even when in safety, is always on their guard.

— Publilius Syrus

Safety's just danger, out of place.

—Harry Connick, Jr.

Public trust is essential to public safety.

—Martin O'Malley

It is easy to give advice from a port of safety.

—Friedrich Schiller

The only safety for the conquered is to expect no safety.
—Virgil

Deterrence itself is not a preeminent value; the primary values are safety and morality.
—Herman Kahn

Confidence cannot find a place wherein to rest in safety.
—Virgil

Living in the past or living in the future – those aren't real. The moment is now, and that's where safety and comfort and all that good stuff is.
—Marc Jacobs

Precaution is better than cure.
—Sir Edward Coke

Your own safety is at stake when your neighbor's wall is ablaze.
—Horace

Safety brings first aid to the uninjured.
—F. S. Hughes

They who can give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety.
—Benjamin Franklin

At the end of the day, the goals are simple: safety and security.
—Jodi Rell

In skating over thin ice our safety is in our speed.
—Ralph Waldo Emerson

Obedience is the mother of success and is wedded to safety.
—Aeschylus

Fear is the foundation of safety.
—Tertullian

The desire for safety stands against every great and noble enterprise.
—Tacitus

Our insignificance is often the cause of our safety.
—Aesop

The first order of government is to preserve the public order and safety.
—Bob Wise

Training in safety is exactly the same sort of training, as an educative process, as training in the English language, or training in politeness, or training in any other thing which one wishes a child to know.
--Ada Hart Arlitt

One very practical way of reducing the cost of living would be by eliminating needless accidents. Production today is seriously handicapped by thousands of workmen who are either permanently or temporarily thrown out of employment through accidents which could be avoided.
--Roger Babson

Safety teaches us to stop and weigh the value of our acts to see whether the chance taken is really worth while—to distinguish between what is good sport and what is poor sport.
--*Boy Scouts of America*

It is not possible to make the world ‘fool-proof,’ but it is possible, though not easy, for people to train themselves to such habits of alertness, self-control, common-sense and skill that they are safe almost anywhere.
--*Boy Scouts of America*

Safety is not a matter of ‘Every man for himself’—it means looking out for the other person as well, and doing everything in one’s power to prevent accidents to others, from whatever cause.
--*Boy Scouts of America*

When we come to know the true meaning of safety we realize that far from taking the adventure out of life, it is the very thing that is going to help us put adventure into life.
--*Boy Scouts of America*

We are contributing most effectively to universal safety through simple acts of consideration for others, and by looking after ourselves...By a simple observance of the rules of safety, we have the opportunity to be heroes, though unrecognized ones, a dozen times a day.

--*Boy Scouts of America*

Look twice before you leap.

--Charlotte Brontë

Early and provident fear is the mother of safety.

--Edmund Burke

Make haste slowly.

--Caesar Augustus

Public safety is the first responsibility of a municipal government.

--F. C. Cain

Safety is sane and practicable...it is a national asset of inestimable value.

--W. H. Cameron

Earnest effort in reducing the casualties of peace is an expression of the highest type of patriotism to one's country and of service to humanity as a whole.

--W. H. Cameron

The cautious seldom err.

--Confucius

I will train myself to recognize all hazards of accidents before I get to them.

--Paul de Kruif

Safe ways of thinking and acting acquired in youth, before carelessness becomes a habit, will be instinctive in adult years and will make for better and safer conditions in our homes, our industries and our public places.

--M. B. Elson

It would be a contravention of good educational principles if we were to use a sense of fear as the prime agency in safety instruction.

--Thomas Gosling

The grim reaper smiles in his sleeve as he takes his daily toll from humanity's stupidity and carelessness.

--Ernest Greenwood

'Safety First' is 'Safety Always.'

--Charles M. Hayes

Caution is the oldest child of wisdom.

--Victor Hugo

A lot of people...confuse prudence and timidity. They forget about the fundamental doctrine of safety through skill: a much more wholesome attitude than that of safety through fear.

--Paul W. Kearney

Nothing under the sun is accidental.

--Gotthold Ephraim
Lessing

It is the duty of every man to protect himself and those associated with him from accident which may result in injury and death.

--Abraham Lincoln

Safety is the opposite of waste.

--*National Safety Council*

Unavoidable accidents are so rare that we can almost say there are none.

--*National Safety Council*

He is free from danger who, even when he is safe, is on his guard.

--Publius Syrus

Safety education is a conception of life, a state of mind, a point of view. But it is more than that. It clothes itself in clearly stated ideals, sets up a constructive philosophy of living together in a well-ordered world.

--Harold Rugg

Physical education and safety go hand in hand—the one stimulating adventure and experience, the other trying to do away with the unfortunate accidents of life that frustrate adventure and bring so much pain and unhappiness.

--Herbert J. Stack

Greed wrecks many men and nations; so do temper and hate. But all Man's destroyers can take lessons from the demon of CARELESSNESS.

--Sunday Mirror

'A chain is no stronger than its weakest link.' Likewise, a shop is no safer than its least safe worker.

*--United States
Compensation
Commission*

The best safety device known is a careful man.

*--United States Navy
Department*

Few people have risen in life by means of a shaky stepladder.

--M. T. W.

A better slogan than 'Safety First' for school use would be 'Safety for More and Better Adventures.'

--Albert W. Whitney

Survival of the fittest is the survival of the safe.

--Albert W. Whitney

Our teachers are responsible for our children's welfare for the six or eight hours they are at school, and we need to know without question that their safety will be paramount on the minds of teachers, faculty and volunteers.

—Mike Fitzpatrick

It is estimated that one out of every two Americans will be involved in an alcohol-related accident in their lifetime.

*--Northern Illinois
Council on
Alcoholism &
Substance Abuse*

It is common knowledge that smoking is considered one of the nation's leading causes of preventable death, but it's less widely known that cigarettes are also the leading cause of fatal fires.

--Ed Markey

Jellinek's disease (alcoholism) is responsible for:

50 percent of all auto fatalities

80 percent of all home violence

30 percent of all suicides

60 percent of all child abuse

65 percent of all drownings

It is estimated that when a woman contracts the disease, her husband leaves her in nine out of ten cases; when a man contracts it, his wife leaves in one out of ten cases.

--Kathleen Whalen
Fitzgerald

On the nights of big high-school events, Get-Real Parents pay for limos, party buses, Ubers—whatever it takes to ensure that their kids are safe. What is an Uber except a new kind of bike helmet?

—Caitlin Flanagan

The one permanent emotion of the inferior man, as of all the simpler mammals, is fear—fear of the slogan, the complex, the inexplicable. What he wants beyond everything else is safety.

--H. L. Mencken

Just as courage imperils life, fear protects it.

--Leonardo da Vinci

My advice to you, if you should ever be in a hold up, is to line up with the cowards and save your bravery for an occasion when it may be of some benefit to you.

--O. Henry

I would rather be a coward than brave because people hurt you when you are brave.

--E. M. Forster

I found out a long time ago that no matter how scared you are, you're a damned sight safer if nobody knows it.

--John L. McClellan

Put your soul into your work, not your hand.

—*State Safety News*

The basic ‘Three E’s’ of traffic safety—education, engineering and enforcement.
--C. F. Butcher

The best car safety device is a rear-view mirror with a cop in it.
—Dudley Moore

More comfortable in their bedrooms than in a car or at a party, today’s teens are physically safer than teens have ever been. They’re markedly less likely to get into a car accident and, having less of a taste for alcohol than their predecessors, less susceptible to drinking’s attendant ills. Psychologically, however, they are more vulnerable than Millennials were; rates of teen depression and suicide have skyrocketed since 2011. It’s not an exaggeration to describe iGen as being on the brink of the worst mental health crisis in decades. Much of this deterioration can be traced to their phones.
—Jean M. Twenge

You’re never perfectly safe. No human being on Earth ever is or ever was. To live is to risk your life, your heart, everything.
--Rick Yancey

A man is put to use regarding a woman’s physical safety, but a woman is put to use regarding a man’s mental safety.
--Criss Jami

Don’t talk to strangers. Don’t do drugs. Don’t smoke. Don’t drink and drive. Don’t have sex. Wear a condom. Wear sunblock. Wear a seat belt. Wear a helmet. If you see something, say something. Just say no. Stop, drop, and roll. Stop, look, and listen. Look both ways before you cross the street...

Safety is an illusion. Bad things can happen to anyone at any time, whether you follow the rules or not. You can check left, check right, check left again before you step off the curb and into the crosswalk, but that won’t stop an anonymous asshole in his shitty pickup from putting you in intensive care...
--Megan McCafferty

In ourselves our safety must be sought.
By our own right hand it must be wrought.
--William Wordsworth

Safety tip. When you see smoke run, never wait for fire.
--Danielle Sibarium

I had come to discover that ‘safe’ was an illusion, a pretense that adults wrapped around their children- and sometimes themselves- to make the world seem comfortable. I had discovered that under that thin cover of let’s-pretend, monsters and nightmares lay, and that not all of them came from places like the moonroads or the nightling cities. Some of the monsters were people we knew. People we thought we could trust.

--Holly Lisle

Not being assaulted is not a privilege to be earned through the judicious application of personal safety strategies. A woman should be able to walk down the street at 4 in the morning in nothing but her socks, blind drunk, without being assaulted, and I, for one, am not going to do anything to imply that she is in any way responsible for her own assault if she fails to Adequately Protect Herself. Men aren’t helpless dick-driven maniacs who can’t help raping a vulnerable woman. It disrespects EVERYONE.

--Emily Nagoski

The library made me feel safe, as if every question had an answer and there was nothing to be afraid of, as long as I could sort through another volume.

--Dee Williams

I’ve spent years living safely to secure a longer life, and look where that’s gotten me. I’m at the finish line but I never ran the race.

--Adam Silvera

I delve into the mysterious and counterintuitive world of helmets and high-visibility gear....But it’s worth immediately noting this: while they’re not inherently bad, they’re less a safety device for cycling than a symptom of a road network where no cyclist can truly feel safe.

--Peter Walker

When you’re a kid, it isn’t chaos. It’s just a heartbeat. Your house isn’t floating through space, it sits on the ground. Once you get old enough you start to see that color is just paint and doors are just wood. Then, at some point, that feeling of home vanishes entirely. And... that’s what I fear. That nothing will ever make me feel like I’m safe again. That once you leave home, you never get it back.

--Ryan Galloway

When it comes to profit over safety, profit usually wins.

--James Frazee

The most basic bit of advice given to women who have to walk alone at night is, 'Look alert. Be aware of your surroundings and walk briskly. You will be safer if you know where you are going, and if anyone who observes you senses that.' The stalking, predatory animal cuts the weakest from the pack, and then kills at his leisure.

--Ann Rule

Kids grow up hearing fairy tales, but the biggest fairy tale of all, I realized at the age of four, is that life is safe. Life isn't safe, I learned. It's crazy. Evil is real. One minute you could be riding your bike on the way to get candy, and the next, you're dead. Anything could happen anywhere at any time. So now what? How was I supposed to live without giving in to the fear?

--David Kushner

The biggest enemy of western people is not war or terrorism, it is their own government's lack of regulation of public health and safety.

--Steven Magee

Our 'protective bubbles'—our houses, our cars, our friends, our online identities—might make us feel secure, but most of it's just an illusion. It's easy to get hurt, just like it's easy to hurt other people.

--Paula Stokes

You're safe here. Perfectly safe. That phrase still haunts me. Haunts me because it's always been a lie. It was a lie before they came and it's still a lie. You're never perfectly safe. No human being on Earth ever is or ever was. To live is to risk your life, your heart, everything. Otherwise, you're just a walking corpse. You're a zombie.

--Rick Yancey

One of the secrets of successful living is found in the word balance, referring to the avoidance of harmful extremes. We need food, but we should not overeat. We should work, but not make work our only activity. We should play, but not let play rule us. Throughout life, it will be important to find the safety of the middle ground rather than the imbalance of the extremes.

--James C. Dobson

Goodness makes our world a better place because human beings are kinder to each other when we feel safe and secure.

--Arthur P. Ciaramicoli

There are no safe voyages and no safe ports.

--Marty Rubin

Planning, awareness, and communication are essential in conducting all of our activities with a reasonable level of safety. Accidents are novelty gone bad.

—R. A. Delmonico

People need to feel safe to be who they are—to speak up when they have an idea, or to speak out when they feel something isn't right.

--Eunice Parisi-Carew

There were places you didn't want to walk, precautions you took that had to do with locks on windows and doors, drawing the curtains, leaving on lights. These things you did were like prayers; you did them and you hoped they would save you. And for the most part they did. Or something did; you could tell by the fact that you were still alive.

--Margaret Atwood

Practically, speaking up against street harassment is not about being a hero, getting credit points to be in the good books of a girl or a chance to impress anyone. It is about making sure that everyone has the right to enjoy that spring breeze, golden clouds and chirping without feeling uncomfortable.

--Shahla Khan

If you ever find yourself on a path that just doesn't feel safe anymore, you have every right to stop the car. Get out—change your shoes and start walking.

--Jennifer Elisabeth

Not one person on earth is immune to crime and trauma.

--Shahla Khan

I realized that no matter how safe a person or place felt, in our world, safety was merely an illusion.

--Yasmine Galenorn

He'd been a fool, he saw that now. How could he have thought, even for a minute, that they'd be safe out here in the suburbs? The world was violent, rotten, corrupt, seething with hatred and perversion, and there was no escaping it. Everything you worked for, everything you loved, had to be locked up as if you were in a castle under siege.

—T. C. Boyle

Hug the shore; let others try the deep.

--Virgil

These days, it's better to look poor and be safe, than look rich and be a victim.

--Anthony Liccione

Tradition was safety; change was danger.

--Mary Doria Russell

We have to learn to remind the other parents who think we're being careless when we loosen our grip that we are actually trying to teach our children how to get along in the world, and that we believe this is our job. A child who can fend for himself is a lot safer than one forever coddled, because the coddled child will not have Mom or Dad around all the time, even though they act as if he will.

--Lenore Skenazy

BE CAREFUL, OR BE ROADKILL!

--Bill Watterson

Safety is something that happens between your ears, not something you hold in your hands.

—Jeff Cooper

The best safety lies in fear.

—William Shakespeare

There's an old saying that if you think safety is expensive, try an accident. Accidents cost a lot of money. And, not only in damage to plant and in claims for injury, but also in the loss of the company's reputation.

—Dr. Trevor Kletz

Working safely is like breathing—if you don't, you die.

—Jerry Smith

If you don't think it's safe, it probably isn't.

—Jerry Smith

Tomorrow—your reward for working safely today.

—Robert Pelton

Who can hope to be safe 'who is sufficiently cautious?'
Guard himself as he may, every moment's an ambush.

—Horace

It is never safe to look into the future with eyes of fear.

—Edward H. Harriman

Safety is understanding; it is an attitude of mind. It is not necessarily simply following rules or directions.

—Garry Richards

Concern for man himself and his safety must always for the chief interest of all technical endeavours.

—Albert Einstein

A prudent man foresees the difficulties ahead and prepares for them; the simpleton goes blindly on and suffers the consequences.

—*Proverbs 22:3*

Safety is not an intellectual exercise to keep us in work. It is a matter of life and death. It is the sum of our contributions to safety management that determines whether the people we work with live or die.

—Sir Brian Appleton

The real enemy of safety is not non-compliance but non-thinking.

—Dr. Rob Long

JAMES REASON'S 4 SAFETY PARADOXES

- (1) Safety is defined and measured more by its absence than its presence.
- (2) Defences, barriers and safeguards not only protect a system, they can also cause its catastrophic breakdown.
- (3) Many organizations seek to limit the variability of human action, primarily to minimize error, but it is this same variability – in the form of timely adjustments to unexpected events – that maintains safety in a dynamic and changing world.
- (4) An unquestioning belief in the attainability of absolute safety can seriously impede the achievement of realizable safety goals, while a preoccupation with failure can lead to high reliability.

—James Reason

Out of this nettle, danger, we pluck this flower, safety.

—William Shakespeare

The terrifying fact is that no one is safe so long as Congress chooses to do absolutely nothing in the face of this epidemic. As my colleagues go to sleep tonight, they need to think about whether the political support of the gun industry is worth the blood that flows endlessly onto the floors of American churches, elementary schools, movie theaters, and city streets. Ask yourself – how can you claim that you respect human life while choosing fealty to weapons-makers over support for measures favored by the vast majority of your constituents.

—Chris Murphy

The paralysis you feel right now – the impotent helplessness that washes over you as news of another mass slaughter scrolls across the television screen – isn't real. It's a fiction created and methodically cultivated by the gun lobby, designed to assure that no laws are passed to make America safer, because those laws would cut into their profits.

—Chris Murphy

A remarkable 75 percent of children killed with guns this year have been under the age of 12. Since the mass shooting at Sandy Hook Elementary School in Newtown, Connecticut, three years ago, an American child under 12 has died by intentional or accidental gunfire every other day, according to analysis by NBC News. And those children are far more likely to die from guns held by family members and acquaintances than strangers, according to an NBC News analysis of FBI data.

On August 18, 9-year-old Jamyla Bolden was killed by a bullet fired into her Ferguson, Missouri, home as she did her homework on her bed. 'Usually when we hear the gunshots, she's the first one who yells 'Mom, they're shooting!'" her mother told KMOV.com, a local news station. 'I noticed Jamyla wasn't saying anything. That's the main thing I remember: her not moving.'

—Jennifer Mascia

Children younger than 3 have gotten their hands on guns and shot someone at least 59 times this year, a disturbing trend first reported by Christopher Ingraham in the Washington Post in October. Most often, these toddlers wound or kill themselves, but more than a dozen have shot other people, sometimes fatally. Gun violence prevention advocates say that gun storage requirements and the adoption of smart guns that only fire for their owners could reduce these deaths, but the gun lobby vehemently opposes such suggestions. In November, after the Post's report, 20 Democrats in the U.S. Senate asked the Government Accountability Office to issue a report on the safe storage of guns in American homes.

—Jennifer Mascia

A lot of the people who keep a gun at home for safety are the same ones who refuse to wear a seat belt.

—George Carlin

In more than half of American homes where there are both children and firearms, according to a 2000 study, the weapons are in an unlocked place, and in more than 40 percent of homes, guns without a trigger lock are in an unlocked place. Almost three-quarters of children under the age of ten who live in homes with guns say they know where the guns are. A 2005 study showed that more than 1.69 million children and youth under eighteen live in homes with weapons that are loaded and unlocked. According to a Department of Education study, 65% of school shootings between 1974 and 2000 were carried out with a gun from the attacker's home or the home of a relative. And the laws, it seems, are effective. One study indicated that in the twelve states where child-access prevention laws were on the books for at least one year, unintentional gun deaths fell by 23 percent.

--Gary Younge

Safety isn't always safe. You can find one on every gun.

—Andrea Gibson

Browsing the Internet: That search engine you're using to find websites or information tracks your browsing activity. It then analyzes this behavior to target ads to you.

Shopping Online: Amazon and other online retailers have made it an art form to track not only your purchasing patterns but also what items you viewed so they can recommend more products that align with your interest and needs.

Listening to Music: When you activate an Amazon Echo or Google Home speaker by voice, those companies record what you utter. Doc Searls, editor in chief at *Linux Journal*, calls smart speakers 'a personal data fire hose squirting from your house.'

Watching TV: Some smart TVs can collect your viewing data and other information. New models typically ask your permission first, but it's not always easy to understand what you're agreeing to. If you have an older set, it may be tracking you by default—you'd have to opt out.

Cooking a Meal: Many new models of kitchen appliances, thermostats, light bulbs, light switches, door locks and more can be controlled from a phone or remote device. 'The fact that everyday household products are now connected to the internet presents new privacy and data security challenges,' says Sam Lester, consumer privacy fellow for the electronic *Privacy Information Center*. Transmitted data can indicate whether you are home.

—Lance Whitney

Beware of eavesdroppers on free Wi-Fi networks. The person next to you could be using a tool called a packet sniffer to see what data you're sending to the websites you visit.

Doing Research at the Library: If you go to the library and use a public internet kiosk there and forget to log out, the data you saved and the websites you visited will be available to the next person.

Renting a Car: Connecting your phone to the onboard electronics in a rental car could be risky. Anyone who used the car afterward may be able to go through the car's menus and see what calls you made, and they may even be able to find out your contact list.

Don't share your location: If you go for a walk that your fitness app tracked, don't post your path on Facebook, even for bragging rights, because then people see very clearly where you live and when you're away.

—Ray Klump

Safety needs: Each person must feel secure physically, emotionally, intellectually, and spiritually. A person fearing for his or her physical safety is unlikely to want to explore or risk, two necessary components of learning. Children need to feel that the world is predictable. Sometimes a divorce or death in a family destroys the sense of predictability a child needs. Until a feeling of security is restored, the child's emotional life is in disarray.

—Claudia E. Cornett and
Charles F. Cornett

Smokey [The Bear] ties fire suppression to good citizenship. With him, there is no question that fires are bad, and that individual citizens are responsible.

—Catriona Sandilands

We are seeing anxiety around school safety and gun safety much more frequently. Anxiety disorders such as a generalized anxiety disorder and [obsessive-compulsive disorder] have involved intrusive thoughts and worries about these issues, as undoubtedly influenced by the increased occurrence of and awareness of mass shooting, including those that have taken place in schools and in other public places.

—Marla W. Deibler

There was a safety meeting in work today. They asked me, 'what steps would you take in the event of a fire?' 'Freakin big ones' was the wrong answer.

—*www.someecards.com*

SCHOOL UNIFORMS:...WHY THEY WORK

A safe and disciplined learning environment is the first requirement of a good school. Young people who are safe and secure, who learn basic American values and the essentials of good citizenship, are better students. In response to growing levels of violence in our schools, many parents, teachers, and school officials have come to see school uniforms as one positive and creative way to reduce discipline problems and increased school safety.

They observed that the adoption of school uniform policies can promote school safety, improve discipline, and enhance the learning environment. The potential benefits of school uniforms include:

- Decreasing violence and theft—even life-threatening situations—among students over designer clothing or expensive sneakers;
- Helping prevent gang members from wearing gang colors and insignia at school;
- Instilling students with discipline;
- Helping parents and students resist peer pressure;
- Helping students concentrate on their schoolwork; and
- Helping school officials recognize intruders who come to the school.

*—U.S. Department of
Education*

SLOGANS

It's better to correct an unsafe friend than to bury one.

It's easier to ask a dumb question than it is to fix a dumb mistake.

Protect your hands; you need them to pick up your pay check.

Working safely may get old, but so do those who practice it.

The chance-taker is the accident-maker.

Better be careful than crippled.

Better too much vigilance than a lifetime of regret.

Carelessness is our hungriest killer.

One Man at Work is Worth Two in the Hospital.

He who stops to look each way
May live to look another day.

Knowledge plus Caution equals Safety.

Long Life, Not Lost Life.

Safety saves sickness, suffering, sorrow.

Forethought is better than afterthought.

The cost of Safety is only a thought.

The living may learn a lesson from the dead.

Safety—there's no future without it.

Hug your kids at home, but belt them in the car.

Luck runs out, but safety is good for life.

Working without safety is a dead-end job.

Know safety, no injury. No safety, know injury.

Safety never takes a holiday.

Personal protective equipment is self-defense.

Be alert! Accidents hurt.

Better dead sure than sure dead.

When safety is a factor, call in a contractor.

Wishing won't keep you safe—safety will.

Working safely is like breathing—if you don't, you die.

The safest risk is the one you didn't take.

Prior Preparation and Planning Prevents Poor Performance.

One earnest worker can do more by personal suggestion to prevent accidents than a carload of safety signs.

Safety saves sickness, suffering, sadness.

Every accident is a notice that something is wrong with men, methods, or material—investigate—then act.

Do not think because an accident hasn't happened to you that it can't happen.

Carefulness costs you nothing. Carelessness may cost you your life.

Prepare and prevent, don't repair and repent.

Hug your kids at home, but belt them in the car.

The door to safety swings on the hinges of common sense.

Your wife will spend your 401K
If you get killed at work today.

Safety...Did it, done it, doing it tomorrow.

Watch your step—it could be your last.

Those precious fingers don't ignore. . . Or they could end up on the floor.

Those who work the safest way—live to see another day.

Get in high speed pursuit of safety.

Safe crane operation is uplifting.

Work safe today—heaven can wait.

Safety is a mission not an intermission.

Safety doesn't happen by accident.

Safety glasses: All in favor say 'Eye!'

Safety isn't a hobby, it's a living.

Let's all keep our heads, and other body parts, together.

Quench the thirst—safety first.

Safety is a full time job; don't make it a part time practice.

Is better to lose one minute in life... than to lose life in a minute.

Your first mistake could be your last.

Unsafe acts will keep you in stitches.

Knock out...accidents.

If you don't think it will happen to you, find the person who had it happen to them.

Keep safety in mind. It will save your behind.

One bad day at the grinder could ruin your whole life.

Shortcuts cut life short.

Your good health is your greatest wealth.

Accident prevention—Your No. 1 intention.

Get the safety habit.

Know safety. No Accidents.

There's no face like your own—wear face protection.

Look sharp—don't get cut.

Never give safety a day off.

Better to be safe than to be sorry.

Safety begins with teamwork.

Safety has no time out.

Stop accidents before they stop you.

We need you—work safely.

Always think safety no matter what the task.

Safety rules are your best tools.

Safety isn't just a slogan; it's a way of life.

Replacing a saw guard is easier than replacing a finger.

Save tomorrow. Think safety today.

Those who work the safest way, live to work another day

Wear safety shoes and keep a good footing on life.

Put safety into action—the wishbone will never replace the backbone.

Safety first—Please remember.

Think Safety, Because I Love You Man.

Don't be safety blinded, be safety minded.

Turn your attention to accident prevention.

Being accident free is doing your part.

Invest in tomorrow. Practice safety today.

Safety works when people work together

A danger foreseen is half avoided.

Broken tools can be replaced. You can't.

When you gamble with safety, you bet your life.

Your safety gears are between your ears.

There's only one kind of safe car, and that's the one that can go no faster than its driver can think.

Risk takers are accident makers.

Glasses can make driving a lot safer. Providing, of course, they're worn instead of emptied.

A good safety slogan: 'Drive Scared!'

Drivers are safer when highways are dry, and highways are safer when drivers are dry.

All the safety devices on a car can be replaced by one careful driver.

Hug your kids at home, but belt them in the car.

NAVAL SAFETY CENTER SLOGANS

A

- A danger foreseen is half avoided.
- A fugitive from the laws of averages: A person who doesn't wear their helmet while driving a motorcycle.
- A fugitive from the laws of averages—that's you if you don't use your safety gear.
- A fugitive from the laws of averages—that's you if you drink and drive.
- A healthy tan is the first sign of skin cancer.

- A safer you is a safer me.
- A spill, a slip, a hospital trip.
- Accidents hurt—safety doesn't.
- Alcohol reduces performance, impairs judgment and increases the willingness to take risks.
- Alert today. Alive tomorrow.
- An accident can ruin your career.
- An accident could be a one way ticket to disability retirement.
- An ounce of prevention is worth a pound of cure.
- Anger is one letter away from Danger. Drive gently.
- Apply your good intention to accident prevention.
- As soon as you see a mistake and don't fix it, it becomes your mistake.
- As temperatures rise, stay safety wise.
- At work at play, let safety lead the way.
- At work, at home, let safety be known.
- Avoid accidents, keep guards in place.
- Avoid accidents, keep poisons locked up.
- Avoid overexposure, pay attention to the sun.
- Avoid the worst. Put safety first.

B

- Better to have two on the job than one in the hospital.
- Better to tie off than to fly off.
- Better late in this world than early to the next.
- Being alert never hurts.
- Be a leader, follow safe procedures.
- Be alert--accidents hurt.
- Be alert, be aware, be alive.
- Be proactive--not reactive--towards safety.
- Be safe at work or you might miss welcome home, a hug, a kiss.
- Be safety smart right from the start.
- Be visible when biking or jogging, wear reflective material.
- Before using any new equipment, read and fully understand the manufacturer's instructions.
- Before you do it, take time to think through it. Use ORM.
- Before you go boating, leave a float plan with a friend or marina operator.
- Behind the wheel, anger is one letter away from danger.
- Being safe is like breathing--You never want to stop.
- Better to arrive late than never. Drive carefully!
- Boat load limits; don't exceed them.
- Boat safely, know before you go.
- Bottoms up, booze and boating don't mix.

- Broken tools can be replaced. You can't.

C

- Carbon monoxide is the 'silent killer', install CO detectors.
- Caution--I Brake For Stop Signs.
- Chance takers are accident makers.
- Change the batteries in smoke and carbon monoxide detectors annually.
- Check your shoes and don't let your day slip away.
- Check yourself before you wreck yourself.
- Children should always wear a helmet while riding their bikes.
- Clutter-free halls prevent injuries from falls.
- Complacency will hurt you when you least expect it.
- Crashing sucks!

D

- Danger never takes a vacation.
- Do a pre warm-up and stretch prior to participating in any sport.
- Do the easy work first—you could be replaced before the hard work starts.
- Do you know how to report an unsafe condition in your workplace?
- Don't be a fool! Inspect your electrical tools.
- Don't be a fool. Use the proper tool.
- Don't be safety blinded, be safety minded.
- Don't fall short of a safe day--Beware of icy floors and slippery sidewalks.
- Don't fix the blame, fix the problem.
- Don't just preach safety, profit from it.
- Don't learn safety by accident.
- Don't leave safe habits at work, take them home.
- Don't let safety take a holiday.
- Don't let the light go out, wear eye protection.
- Don't lose your head: Read signs instead.
- Don't overload extension cords.
- Don't put your life on the line. Think safety.
- Don't stand next to the person who's always bandaged up.
- Don't take unnecessary risks, use operational risk management.
- Don't treat an emergency as normal and don't treat normal actions as emergencies.
- Double check to prevent a wreck.
- Dress for the weather. In cold weather, it's better to wear several layers of clothing than one bulky item.
- Drink plenty of cool water to prevent dehydration in the summer.
- Drinking and driving—There are stupider things, but it's a very short list.
- Drive for safety.
- Drive like people out there are trying to kill you, because they are!

- DRIVE Safety—Don't Risk Injury, Value Everyone's Safety
- Drive with reason this summer season.

E

- Electricity can turn you off.
- Exercise at a comfortable pace.
- Exercise indoors when the air temperature plus the humidity reaches 150F.
- Expect the unexpected. Gear up for safety.
- Eyes are priceless, eye protection is cheap.

F

- Falling objects can be brutal if you don't protect your noodle.
- First... safety... last.
- FOD—This isn't your daddy's flight line.
- Folks don't care how much you know until they know how much you care.
- For safe bicycling obey all traffic signals, signs and pavement markings.
- For safety information check out our web site at www.safetycenter.navy.mil
- Forget the nurse with safety first.
- Forgot your hearing protection? Forget about hearing!

G

- Get a grip. To prevent a slip, use hand rails.
- Get a medical check-up before starting any exercise routine.
- Get help if the load's too heavy.
- Get In S.T.E.P. Safety Takes Every Person.
- Get smart! Use safety from the start.
- Going fishing? Get hooked on safety.
- Good habits will normally keep you out of bad trouble.
- Good housekeeping prevents accidents.
- Ground fault circuit interrupters prevent electrocution.

H

- Hand in, hamburger out.
- Hard hats; they're not just for decoration.
- Have another day—by being safe today!
- Have your chimney inspected by a professional before each heating season.
- Have your furnace checked every year by a professional.
- *Health* and *safety*—words to live by.
- Hearing protection is a sound investment.
- 'Hey, wanna see something cool?' (Last words uttered before a mishap)
- Home safe—not just for baseball.

I

- Ice skating on thin ice can be deadly; skate in supervised areas.
- If caught in a riptide: go with the flow.
- If the cord has a fray, throw it away.
- If the little voice says, 'I wonder if this is safe to do?', it probably isn't.
- If you can't find the time to do it right, when will you find the time to do it over?
If you don't have time to do it safe, do you have time to do it with a man down?
- If you don't know what is going to happen, there is no way to stop it. Plan ahead for safety.
- If you don't think it will happen to you, find the person who had it happen to them.
- If you don't think it's safe, it probably isn't. Stop the job and contact your supervisor.
- If you drink and drive, you might as well smoke.
- If you mess up, 'fess up.
- If you panic, be sure to run the right direction.
- If you think safety is expensive, try ignorance.
- If you think your safety specialist is a pain, try a leg fracture.
- If you're going to be stupid, you have to be tough!
- Ignoring a warning can cause much mourning.
- In case of injury remember 'rice'- rest, ice, compress and elevate.
- Informed is better than deformed.
- It hurts to be unsafe.
- It's better to crash into a nap... than to nap into a crash.
- It's better to lose one minute in life... than to lose life in a minute.
- It's easier to ask a dumb question than it is to fix a dumb mistake.
- It's easier to get out of a bad situation five minutes earlier, than five seconds later.

J

- Jog on established jogging paths where available.
- Just because you always did it that way, doesn't make it right.

K

- Keep cool in the sun, wear light-colored clothing.
- Knowing CPR can save a life.

L

- Labels are no good if they're not understood.
- Learn from others mistakes, don't have others learn from you.
- Leave firework displays to professionals.
- Leave horse play to horses.

- Lift with your legs, not your back.
- Lifting's a breeze when you bend at the knees.
- Light up your Christmas tree, not your home; use approved decorations and lights.
- Living with your mistakes is harder than you think.... wear your safety gear.
- Look for age recommendations before purchasing toys, and heed the recommendation.

M

- Maintain your bicycle in good working order.
- Make safety first and you'll last.
- Mixing bleach and ammonia can be deadly.
- Momma didn't raise no fool... I use PPE to stay cool!
- Move your ladder to avoid reaching.
- Mow across the slope when using a hand mower. Drive up and down the slope for stability when using a riding mower.
- Mowing and drinking doesn't cut it.
- My job provides my paycheck, but safety takes me home.

N

- Never check a gas tank with a lighted flare.
- Never dive unless you know the depth of the water and the type of surface below.
- No safety know pain; know safety no pain.

O

- Operating a boat while intoxicated is illegal.
- Operational Risk Management, it's not just for the workplace.
- Operational Risk Management prevents accidents.
- Organ donor—A person who doesn't wear his or her helmet.
- Our job is to save Sailors from themselves.

P

- Pencils have erasers--mishaps don't!
- People helping people--lending hands for our safety.
- Personal floatation devices—don't leave the dock without them.
- Plan and practice exit drills in the home.
- Play it safe in the water, swim in areas with life guards.
- Pretend like you are invisible when driving a motorcycle or bicycle, because a small percentage of people driving cars will never see you.
- Prevent boating accidents—take a small boat safety course.
- Prevent hunting accidents—know your target before you shoot.
- Prior to games, check playing field to avoid fields of screams.

- Proper planning prevents piss-poor performance.
- Push, don't pull a hand mower.

R

- Remove jewelry before play to avoid injury to yourself and other players.

S

- 'Safe and Sane' fireworks are neither, if the person shooting them off isn't, too.
- Safe boating is no accident.
- SAFE—Staying Accident-Free Everywhere [or 'Everyday']
- Safety—a small investment for a rich future.
- Safety can distinguish you. Lack of safety can extinguish you.
- Safety comes in cans: I can, you can, we can.
- Safety doesn't happen by accident.
- Safety doesn't slow the job down but mishaps do.
- Safety: expect the unexpected.
- Safety first... because accidents last.
- Safety gear—2 minutes ... Risk assessment -- 5 minutes ... A mishap that takes a life -- forever.
- Safety glasses: All in favor, say 'Eye!'
- Safety glasses: Making foresight 20/20.
- Safety has no quitting time.
- Safety is about doing the right thing, even if no one is looking.
- Safety is a cheap and effective insurance policy.
- Safety is a continuing journey, not a final destination.
- Safety is a mission, not an intermission
- Safety is as easy as A-B-C: Always Be Careful.
- Safety is as simple as ABC... Always Be Careful.
- Safety is a value—not a priority.
- Safety is everyone's responsibility.
- Safety is no accident.
- Safety isn't a hobby, it's a living.
- Safety isn't expensive—it's priceless.
- Safety prevents meetings.
- Safety rules are your best tools.
- Shortcuts don't cut it.
- Slip, trip and fall are four-letter words.
- Slow down! Your family will be waiting for you.
- Smoke and carbon monoxide detectors save lives.
- Snow may be falling, but you don't have to. You need the appropriate footwear at all times.
- Stay in shape, not only during basketball season, but also after the season.
- Step up, be safe, or step aside.

- Still water doesn't always run deep, look before you leap.
- Store guns and ammo separately.
- Stretch and flex for your health and safety.
- Stretch regularly and make it a part of your daily fitness program.
- Swim only in supervised areas.

T

- Take a safe hunting class before you go hunting.
- The adage 'look before you leap' is a life saver.
- The only excuse for poor safety is poor planning.
- The price of an accident is always high.
- The safe way is the right way.
- The stupid shall be punished.
- There are no shortcuts to anyplace worth getting.
- There aren't many new accidents, but there sure are a lot of new victims.
- There's no face like your own—wear face protection.
- There's no such thing as new accidents, just new victims.
- This is not a hobby for me—I do this for a living.
- This machine can kill you.
- This tool will punch you in the face, if you let it.
- Three *b*'s of boating—boat safe, boat smart and boat sober.
- To learn about eye protection, ask someone who has one.
- To see or not to see, use eye protection.
- Trimmings used on trees or around the home should be non-combustible or flame resistant.
- True love is a blank OSHA 300 log on December 31st.

U

- Unattended cooking means fire.
- Unnecessary risks may leave you on the sidelines instead of in the game.
- Unprepared = Unsafe.
- Use Christmas lights that have been checked for safety. Look for the Underwriters' Laboratories label.
- Use extreme caution when operating portable gas heaters while camping, fishing and hunting.
- Use proper equipment for confined spaces or you may find yourself in the final confined space—a coffin.
- Use the right tool for the job.
- Use your head figuratively—wear a helmet..

W

- Watch what you heat.
- We all want to go home to our families at the end of the day.

- Wear a bicycle helmet to prevent serious head injuries.
- Wear an approved bike helmet when you go bike riding—it could save your life.
- Wear personal flotation devices—they float, you don't.
- Wear the right protective equipment for the job.
- What would improve safety on your job? Tell your boss.
- When disconnecting cords, pull the plug rather than the cord.
- When everything else fails, follow the instructions.
- When in doubt, check it out.
- When it comes to safety, use your senses--especially common sense.
- When it seems there is never enough time to do things the right way, remember there is always enough time for an investigation.
- When it's hot, drink plenty of fluids.
- When jogging, run against the traffic flow.
- When safety is first, you last.
- When you're out on the water, don't forget the basics of safe boating.
- While on a ladder, never step back to admire your work.
- Work safe today--heaven can wait.

Y

- You always have time to do things right after a mishap.
- You can't cure stupidity.
- You can't get 'home' unless you're 'safe.'
- You get the level of safety that you are prepared to walk past.
- Your accidents affect others too.
- Your safety is everyone's responsibility—especially yours.

—*Naval Safety Center*