

# BEST QUOTES ON SERVICE LEARNING

Her little girl was late arriving home from school so the mother began to scold her daughter, but stopped and asked, 'Why are you so late?'

'I had to help another girl. She was in trouble,' replied the daughter.

'What did you do to help her?'

'Oh, I sat down and helped her cry.'

—Unknown

In life it is not necessarily where you are *going* that counts; it's what you leave behind.

--Dan L. Miller

I wondered why somebody didn't do something, then I realized that I was somebody.

--Unknown

My life is my message.

--Gandhi

For of those to whom much is given, much is required.

--John F. Kennedy

Everybody can be great because anybody can serve.

--Dr. Martin Luther  
King, Jr.

Every man is guilty of all the good he didn't do.

—Voltaire

He who gives when asked has waited too long.

--Unknown

When people are serving, life is no longer meaningless.

—John Gardner

If I help the poor, I am a saint. If I try to change the system that makes them poor, I am a Communist.

—Archbishop Helder  
Camera

If you're in trouble, or hurt or need - go to the poor people. They're the only ones that'll help - the only ones.

—John Steinbeck

Anyone who thinks that they are too small to make a difference has never tried to fall asleep with a mosquito in the room.

—Christie Todd Whitman

The two most important days in your life are the day you were born and the day you find out why.

--Mark Twain

I don't think there's anything exceptional or noble in being philanthropic. It's the other attitude that confuses me.

--Paul Newman

When a blind man carries the lame man, both go forward.

--Swedish Proverb

And so, my fellow Americans, ask not what your country can do for you; ask what you can do for your country.

--John Fitzgerald  
Kennedy

Do all the good you can,  
By all the means you can,  
In all the ways you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
As long as ever you can.

--John Wesley

One must care about a world one will never see.

—Bertrand Russell

Be ashamed to die unless you have won some victory for humanity.

--Horace Mann

It is well known that the poor are more willing to give than the rich. Nevertheless, poverty beyond a certain point may make it impossible to give, and is so degrading, not only because of the suffering it causes directly, but because of the fact that it deprives the poor of the joy of giving.

--Erich Fromm

The creation of a thousand forests is in one acorn.

--Ralph Waldo Emerson

The service we render to others is really the rent we pay for our room on this earth.

--Wilfred Grenfell

One thing I know; the only ones among you who will be really happy are those who will have sought and found how to serve. Think occasionally of the suffering of which you spare yourself the sight.

--Albert Schweitzer

I expect to pass through this world but once. Any good therefore that I can do, or any kindness that I can show to my fellow-creatures, let me do it now. Let me not defer or neglect it, for I shall not pass this way again.

--Stephen Grellet

The only gift is a portion of thyself.

--Ralph Waldo Emerson

It is one of the beautiful compensations of this life that no one can sincerely try to help another without helping himself.

—Ralph Waldo Emerson

The impersonal hand of government can never replace the helping hand of a neighbor.

--Hubert Humphrey

If we want to make something really superb of this planet, there is nothing whatever that can stop us.

--Shepherd Mead

If every man would mend a man, then all the world would be mended.

--Unknown

You have not done enough, you have never done enough, so long as it is still possible that you have something to contribute.

--Dag Hammarskjöld

No one is useless in this world who lightens the burdens of another.

--Charles Dickens

There is no higher religion than human service. To work for the common good is the greatest creed.

--Albert Schweitzer

Your way of giving is more important than what you give.

--Vietnamese Proverb

Nobody will care for him who cares for nobody.

--Thomas Jefferson

I was hungered, and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in.

--*Matthew 25:35*

One can pay back the loan of gold, but one dies forever in debt to those who are kind.

--Malayan Proverb

There is nothing is life but refraining from hurting others, and comforting those that are sad.

--Olive Schreiner

Nobody is kind only to one person at once, but to many persons in one.

--Frederick W. Faber

A hundred times a day I remind myself that my inner and outer life are based on the labors of other men, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving.

--Albert Einstein

To give quickly is a great virtue.

--Hindu Proverb

He who gives to me teaches me to give.

--Danish Proverb

We must not only give what we *have*; we must also give what we *are*.

--Desire Joseph Cardinal  
Mercier

There is only one reason for living, and that is to give what we have to others.

--C. F. Ramuz

In the quiet hours when we are alone with ourselves and there is nobody to tell us what fine fellows we are, we come sometimes upon a weak moment in which we wonder, not how much money we are earning, nor how famous we are becoming, but what good we are doing.

--A. A. Milne

A life of service is a life worth living.

--Unknown

The highest service we can perform for others is to help them help themselves.

--Unknown

No one stands as straight as when he stoops to help someone.

--Unknown

In helping others we shall help ourselves, for whatever good we give out completes the circle and comes back to us.

--Flora Edwards

Often we can help each other most by leaving each other alone; at other times we need the hand-grasp and the word of cheer.

--Elbert Hubbard

In about the same degree as you are helpful, you will be happy.

--Karl Reiland

Did universal charity prevail, earth would be a heaven, and hell a fable.

--Charles Caleb Colton

The smallest kindness is often long-remembered.

--Dan L. Miller

The need for devotion to something outside ourselves is even more profound than the need for companionship. If we are not to go to pieces or wither away, we all must have some purpose in life; for no man can live for himself alone.

--Ross Parmenter

Science may have found a cure for most evils; but it has found no remedy for the worst of them all--the apathy of human beings.

--Helen Keller

We become just by performing just actions, temperate by performing temperate actions, brave by performing brave actions.

--Aristotle

He that returns a good for evil obtains the victory.

--Thomas Fuller

The greatest pleasure I know is to do a good action by stealth, and to have it found out by accident.

--Charles Lamb

All the beautiful sentiments in the world weigh less than a single lovely action.

--James Russell Lowell

Men are all alike in their promises. It is only in their deeds that they differ.

--Molière

It is no profit to have learned well, if you neglect to do well.

--Publilius Syrus

The profit on a good action is to have done it.

--Seneca

It is well to give when asked, but it is better to give unasked, through understanding.

--Kahlil Gibran

When I give I give myself.

--Walt Whitman

Do not give, as many rich men do, like a hen that lays her egg and then cackles.

--Henry Ward Beecher

Isn't it better to have men being ungrateful than to miss a chance to do good?

--Denis Diderot

That action is best which procures the greatest happiness for the greatest numbers.

--Francis Hutcheson

Do good even to the wicked; it is as well to shut a dog's mouth with a crumb.

--Sa'di

How far that little candle throws his beams!

So shines a good deed in a naughty world.

--William Shakespeare

To try may be to die, but not to care is never to be born.

--William Redfield

There is no beautifier of complexion, or form, or behavior, like the wish to scatter joy and not pain around us.

--Ralph Waldo Emerson

You can accomplish by kindness what you cannot do by force.

--Publius Syrus

To serve is beautiful, but only if it is done with joy and a whole heart and a free mind.

--Pearl S. Buck

We should render a service to a friend to bind him closer to us, and to an enemy in order to make a friend of him.

--Cleobulus

He merits no thanks that does a kindness for his own end.

--Thomas Fuller

To oblige persons often costs little and helps much.

--Baltasar Gracian

The pleasure we derive from doing favors is partly in the feeling it gives us that we are not altogether worthless.

--Eric Hoffer

The charity that is a trifle to us can be precious to others.

--Homer

Good deeds, when concealed, are the most admirable.

--Pascal

Help thy brother's boat across, and lo! thine own has reached the shore.

--Hindu Proverb

When faith and hope fail, as they do sometimes, we must try charity, which is love in action.

--Dinah Maria Mulock

He is rich who hath enough to be charitable.

--Sir Thomas Browne

If you cannot lift the load off another's back, do not walk away. Try to lighten it.

--Frank Tyger

No man is so poor as to have nothing worth giving....Give what you have. To someone it may be better than you dare to think.

--Henry Wadsworth  
Longfellow

There are rules of courteous behavior to be learned, fixed methods of procedure tested by long experience and handed down by tradition to make life more pleasant...Manners improve with practice...Don't be polite today, impatient and uncivil tomorrow; morose and sulky at home, affable at the office; obliging toward your friends and unfriendly toward strangers...Don't reserve your best behavior for special occasions. You can't have two sets of manners, two social codes—one for those you admire and want to impress, another for those whom you consider unimportant. You must be the same to all people.

--Lillian Eichler Watson

You must give some time to your fellow men. Even if it's a little thing, do something for others—something for which you get no pay but the privilege of doing it.

--Albert Schweitzer

You will find that the mere resolve not to be useless, and the honest desire to help other people, will, in the quickest and delicatest ways, improve yourself.

--John Ruskin

Dedicate some of your life to others. Your dedication will not be a sacrifice. It will be an exhilarating experience because it is an intense effort applied toward a meaningful end.

--Thomas Dooley

The greatest comfort of my old age, and that which gives me the highest satisfaction, is the pleasing remembrance of the many benefits and friendly offices I have done to others.

--Cato

The vocation of every man and woman is to serve other people.

--Leo Tolstoy

As the sword of the best-tempered metal is the most flexible; so the truly generous are the most pliant and courteous in their behavior to their inferiors.

--Thomas Fuller

Down in their hearts, wise men know this truth: the only way to help yourself is to help others.

--Elbert Hubbard

Politeness is the flower of humanity. He who is not polite enough is not human enough.

--Joubert

This is our special duty, that if anyone specially needs our help, we should give him such help to the utmost of our power.

--Cicero

After the verb 'To Love,' 'To Help' is the most beautiful verb in the world!

--Baroness van Suttner

Don't forget that appreciation is always appreciated.

--Unknown

No act of kindness no matter how small, is ever wasted.

--Aesop

Our duty is to be useful, not according to our desires but according to our powers.

—Henry F. Amiel

The measure of a man's greatness is not the number of servants he has, but the number of people he serves.

--Dr. Paul D. Moody

The roots of happiness grow deepest in the soil of service.

—Ruth B. Love

A good way to forget your troubles is to help others out of theirs.

--Unknown

There are no great men except those who have rendered service to mankind.

--Voltaire

We make a living by what we get, but we make a life by what we give.

--Winston Churchill

Greatness is not found in possessions, power, position, or prestige. It is discovered in goodness, humility, service, and character.

--Unknown

Service is nothing but love in work clothes.

--Unknown

Our aim should be service, not success.

--Unknown

In charity there is no excess.

--Francis Bacon

God helps them that help themselves.

--Benjamin Franklin

I am only one,  
But still I am one.  
I cannot do everything,  
But still I can do something;  
And because I cannot do everything  
I will not refuse to do the something that I can do.

--Edward Everett Hale

The man who dies...rich dies disgraced.

--Andrew Carnegie

We are here to add what we can *to*, not to get what we can *from*, Life.

--Sir William Osler

You give but little when you give of your possessions. It is when you give of yourself  
that you truly give.

--Kahlil Gibran

It is more blessed to give than to receive.

--Acts 20:35

He gives twice that gives quickly.

--Publilius Syrus

That best portion of a good man's life,  
His little nameless, unremembered acts  
Of kindness and of love.

--William Wordsworth

A useless life is only an early death.

--Goethe

It is the very essence of love, of nobleness, of greatness, to be willing to suffer for the  
good of others.

—Joseph Spence

The useful and the beautiful are never separated.

--Periander

Doing good is the only certainly happy action of a man's life.

--Sir P. Sidney

On the day of his death, in his eightieth year, Elliot, 'the Apostle of the Indians,' was found teaching an Indian child at his bedside. 'Why not rest from your labors now?' asked a friend. 'Because,' replied the venerable man, 'I have prayed God to render me useful in my sphere, and he has heard my prayers; for now that I can no longer preach, he leaves me strength enough to teach this poor child the alphabet.'

--J. Chaplin

We live in a world which is full of misery and ignorance, and the plain duty of each and all of us is to try to make the little corner he can influence somewhat less miserable and somewhat less ignorant than it was before he entered it.

--Thomas Henry Huxley

Try to make at least one person happy every day, and then in ten years you may have made three thousand, six hundred and fifty persons happy, or brightened a small town by your contribution to the fund of general enjoyment.

--Sydney Smith

He climbs highest who helps another up.

--Unknown

The noblest question in the world is, 'What good may I do in it?'

--Benjamin Franklin

No man or woman...can really be strong, gentle, pure, and good, without the world being better for it, without somebody being helped and comforted by the very existence of that goodness.

--Phillips Brooks

You cannot do a kindness too soon, for you never know how soon it will be too late.

--Ralph Waldo Emerson

You will find, as you look back upon your life, that the moments that stand out are the moments when you have done things for others.

--Henry Drummond

We find our lives in losing them in the service of others.

--Unknown

No man has ever risen to the real stature of spiritual manhood until he has found that it is finer to serve somebody else than it is to serve himself.

--Woodrow Wilson

No person was ever honored for what he received. Honor has been the reward for what he gave.

--Calvin Coolidge

The full measure of a man is not to be found in the man himself, but in the colors and textures that come alive in others because of him.

--Albert Schweitzer

Your smallest gift may alleviate a great suffering.

--Yugoslavian Proverb

A helping hand to one in trouble is often like a switch on a railroad track—an inch between wreck and smooth-rolling prosperity.

--Henry Ward Beecher

To be of service is a solid foundation for contentment in this world.

--Charles W. Eliot

We are here to add what we can to, not to get what we can from life.

--William Osler

Giving is the secret of a healthy life. Not necessarily money, but whatever a man has of encouragement and sympathy and understanding.

--John D. Rockefeller, Jr.

I feel the capacity to care is the thing which gives life its deepest significance.

--Pablo Casals

The biggest disease today is not leprosy or tuberculosis, but rather the feeling of being unwanted, uncared for and deserted by everybody. The greatest evil is the lack of love and charity, the terrible indifference towards one's neighbor who lives at the roadside assaulted by exploitation, corruption, poverty and disease.

--Mother Teresa of  
Calcutta

Make it a rule, and pray God to help you to keep it, never, if possible, to lie down at night without being able to say, 'I have made one human being at least a little wiser, a little happier or a little better this day.'

--Charles Kingsley

The sole meaning of life is to serve humanity.

--Leo Tolstoy

What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal.

—Albert Pike

He stands erect by bending over the fallen. He rises by lifting others.

—Douglas Horton

If you pick up a starving dog and make him prosperous, he will not bite you. This is the principal difference between a dog and a man.

—Mark Twain

There is as much greatness of mind in acknowledging a good turn, as in doing it.

—Seneca

If there be any truer measure of a man than by what he does, it must be by what he gives.

—Robert South

Every charitable act is a stepping stone towards heaven.

—Henry Ward Beecher

The highest exercise of charity is charity towards the uncharitable.

—J. S. Buckminster

If you haven't got any charity in your heart, you have the worst kind of heart trouble.

—Bob Hope

One must be poor to know the luxury of giving.

—George Eliot

A bone to the dog is not charity. Charity is the bone shared with the dog, when you are just as hungry as the dog.

—Jack London

As the purse is emptied, the heart is filled.

—Victor Hugo

He who waits to do a great deal of good at once, will never do anything.

—Samuel Johnson

The truly generous is the truly wise, and he who loves not others, lives unblest.

—Henry Home

Charity sees the need, not the cause.

—German Proverb

Not he who has much is rich, but he who gives much.

—Erich Fromm

Capital punishment is as fundamentally wrong as a cure for crime as charity is wrong as a cure for poverty.

—Henry Ford

I thought I could change the world. It took me a hundred years to figure out I can't change the world. I can only change Bessie. And honey, that ain't easy either.

--Bessie Delany

The urge to save humanity is almost always a false front for the urge to rule.

--H. L. Mencken

The man who is forever disturbed about the condition of humanity either has no problems of his own or has refused to face them.

--Henry Miller

We would often be ashamed of our finest actions if the world understood the motives that produced them.

--François, Duc de La  
Rochefoucauld

What appears to be generosity is often only ambition disguised, which despises small interests to pursue great ones.

--François, Duc de La  
Rochefoucauld

No people do so much harm as those who go around doing good.

--Mandell Creighton

We who lived in concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of human freedoms—to choose one's attitude in any given set of circumstances—to choose one's own way.

--Viktor Frankl

Charity is injurious unless it helps the recipient to become independent of it.

--John D. Rockefeller

If a friend is in trouble, don't annoy him by asking if there is anything you can do. Think up something appropriate and do it.

--Edgar Watson Howe

We are all here on earth to help others; what on earth the others are here for I don't know.

--W. H. Auden

If a man wants to be of the greatest possible value to his fellow-creatures, let him begin the long, solitary task of perfecting himself.

--Robertson Davies

You've got to give to get. And if you don't plan on givin', then you better not plan on gettin'.

--Joe Clark

A life is not important except in the impact it has on other lives.

--Jackie Robinson

We leave traces of ourselves wherever we go, on whatever we touch.

--Lewis Thomas

If I have said one cheering word  
or done a helpful deed,  
If I have smoothed one rocky path  
or filled a special need,  
If I have eased one doubt or fear  
or chased one cloud away,  
If I have brought one person joy...  
then I've lived well today.

--Amanda Bradley

There is a loftier ambition than merely to stand high in the world. It is to stoop down and lift mankind a little higher.

--Henry Van Dyke

If you want to become the greatest in your field, no matter what it may be, equip yourself to render greater service than anyone else.

--Clinton Davidson

He who helps a child helps humanity with an immediateness which no other help given to human creature in any other stage of human life can possibly give again.

--Philips Brooks

Success is not defined by the number of servants you have, but by how many people you serve.

--Ralph D. Abernathy

No act of kindness, no matter how small, is ever wasted.

--*Aesop's Fables*

To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.

--Donald A. Adams

The sole advantage of power is that you can do more good.

--Baltasar Gracián

Life's most persistent and urgent question is: What are you doing for others?

--Martin Luther King, Jr.

The world is divided into two classes—invalids and nurses.

--James McNeill Whistler

One cannot weep for the entire world. It is beyond human strength. One must choose.

--Jean Anouilh

The world is a dangerous place to live—not because of the people who are evil but because of the people who don't do anything about it.

--Albert Einstein

Although the world is very full of suffering, it is also full of overcoming it.

--Helen Keller

Flowers leave some of their fragrance in the hand that bestows them.

--Chinese Proverb

Those who bring sunshine to the lives of others cannot keep it from themselves.

--Sir James Matthew  
Barrie

How far that little candle throws its beams!  
So shivers a good deed in a naughty world.

--Shakespeare

The single step of doing one act of personal service every day will keep you in direct contact with the overarching work of leadership: service.

--Keshavan Nair

You have not done enough, you have never done enough, so long as it is possible that you have something of value to contribute.

--Dag Hammarskjöld

If a free society cannot help the many who are poor, it cannot save the few who are rich.

--John F. Kennedy

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and the strong. Because someday in life you will have been all of these.

--George Washington  
Carver

Faith is the first factor in a life devoted to service. Without faith, nothing is possible. With it, nothing is impossible.

--Mary McLeod Bethune

The hand that gives, gathers.

--James Howell

What do we live for, if not to make life less difficult for each other?

--George Eliot

True education combines intellect, beauty, goodness, and the greatest of these is goodness. When we do the best that we can, we never know what miracle is wrought in our life, or in the life of another.

--Helen Keller

He that does good for good's sake seeks either paradise nor reward, but is assured of both.

--William Penn

Perfect virtue is to do unwitnessed that which we should be capable of doing before all the world.

—François de la  
Rochefoucauld

He who lives only to benefit himself confers on the world a benefit when he dies.

—Tertullian

Selfishness is the greatest curse of the human race.

—William E. Gladstone

That man who lives for self alone,  
Lives for the meanest mortal known.

—Joaquin Miller

Behold I do not give lectures or a little charity,  
When I give I give myself.

—Walt Whitman

There is no use whatever trying to help people who do not help themselves. You cannot push anyone up a ladder unless he be willing to climb himself.

—Andrew Carnegie

For anything worth having one must pay the price; and the price is always work, patience, love, self-sacrifice—no paper currency, no promises to pay, but the gold of real service.

—John Burroughs

No man, who continues to add something to the material, intellectual and moral well-being of the place in which he lives, is left long without proper reward.

—Booker T. Washington

We tire of those pleasures we take, but never of those we give.

—Petit-Senn

If I have done any deed worthy of remembrance, that deed will be my monument. If not, no monument can preserve my memory.

—Agesilaus II

A kind heart is a fountain of gladness, making everything in its vicinity freshen into smiles.

—Washington Irving

He that has done you a kindness will be more ready to do you another, than he whom you yourself have obliged.

—Benjamin Franklin

The least movement is of importance to all nature. The entire ocean is affected by a pebble.

—Blaise Pascal

One ungrateful man does an injury to all who stand in need of aid.

—Publilius Syrus

When I'm not thanked at all I'm thanked enough.

—Henry Fielding

In nothing do men more nearly approach the gods than in doing good to their fellow-men.

--Cicero

Service is just a day-in, day-out, ongoing, never-ending, unremitting, persevering, compassionate type of activity

--Leon Gorman

The difference between a well-bred and an ill-bred man is this: One immediately attracts your liking, and the other your aversion. You love the one till you find reason to hate him; you hate the other till you find reason to love him.

--Samuel Johnson

When you have given nothing, ask for nothing.

—Albanian Proverb

You have not lived a perfect day, even though you have earned your money, unless you have done something for someone who will never be able to repay you.

—Ruth Smeltzer

I never look at the masses as my responsibility. I look at the individual. I can love only one person at a time. I can feed only one person at a time. Just one, one, one. So you begin. I begin. I picked up one person—maybe if I didn't pick up that one person I wouldn't have picked up 42,000. The whole work is only a drop in the ocean. But if I didn't put the drop in, the ocean would be one drop less. Same thing for you. Just begin...one, one, one.

—Mother Teresa

Nobody made a greater mistake than he who did nothing because he could do only a little.

—Edmund Burke

Whatever you have received more than others—in health, in talents, in ability, in success, in a pleasant childhood, in harmonious conditions of home life—all this you must not take to yourself as a matter of course. In gratitude for your good fortune, you must render some sacrifice of your own life for another life.

—Albert Schweitzer

Gratitude is a useless word. You will find it in a dictionary but not in life.

—François, Duc de La  
Rochefoucauld

The human contribution is the essential ingredient. It is only in the giving of oneself to others that we truly live.

—Percy Andrus

Service to a just cause rewards the worker with more real happiness and satisfaction than any other venture of life.

—Chapman Catt

For happiness brings happiness,  
and loving ways bring love,  
And giving is the treasure  
that contentment is made of.

—Amanda Bradley

My satisfaction comes from my commitment to advancing a better world.

—Faye Wattleton

The only people with whom you should try to get even, are those who have helped you.

—May Maloo

It's a great satisfaction knowing that for a brief point in time you made a difference.

—Irene Natividad

It is so much easier to do good than to be good.

--B. C. Forbes

To try may be to die, but not to care is never to be born.

--William Redfield

If I can in any way contribute to the diversion or improvement of the country in which I live, I shall leave it, when I am summoned out of it, with the secret satisfaction of thinking that I have not lived in vain.

—Joseph Addison

Everyone who receives the protection of society owes a return for the benefit.

--John Stuart Mill

There are two ways of spreading light—to be the candle or the mirror that reflects it.

--Edith Wharton

The measure of a man is in the lives he's touched.

—Ernie Banks

Double the gifts your mother gave you and care for her as she cared for you.

--Sacred Wisdom of  
Ancient  
Egypt

Service was as much a part of my upbringing as eating breakfast and going to school. It isn't something that you do in your spare time. It was clear that it was the very purpose of life. In that context, you're not obligated to win. You're obligated to keep trying, to keep doing the best you can every day.

--Marian Wright  
Edelman

Help others and you help yourself.

--Dave Dinwiddie

The Service you do for others is the rent you pay for your room here on Earth.

--Muhammad Ali

I am profoundly frightened by a society where there are people who know so much but do so little for others.

--Dr. Johnetta B. Cole

You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You don't have to know about Pluto and Aristotle to serve. You don't have to know Einstein's theory of relativity to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace; a soul generated by love.

—Dr. Johnetta B. Cole

Life is a place of service, and in that service one has to suffer a great deal that is hard to bear, but more often to experience a great deal of joy. But that joy can be real only if people look upon their life as a service, and have a definite object in life outside themselves and their personal happiness.

--Tolstoi

This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are exchanging a day of your life for it. When tomorrow comes, this day will be gone forever; in its place is something that you have left behind...let it be something good.

--Unknown

Try to forget yourself in the service of others. For when we think too much of ourselves and our own interests, we easily become despondent. But when we work for others, our efforts return to bless us.

--Sidney Powell

To complain that life has no joys while there is a single creature whom we can relieve by our bounty, assist by our counsels, or enliven by our presence, is to lament the loss of that which we possess, and is just as rational as to die of thirst with the cup in our hands.

--Fitzosborne

The charities of life are scattered everywhere, enameling the value of human beings as the flowers paint the meadows. They are not the fruit of study, nor the privilege of refinement, but a natural instinct.

--George Bancroft

You may not have saved a lot of money in your life, but if you have saved a lot of heartaches for other folks, you are a pretty rich man.

--Seth Parker

The races of mankind would perish did they cease to aid each other. From the time that the mother binds the child's head till the moment that some kind assistant wipes the brow of the dying, we cannot exist without mutual help. All therefore that need aid have a right to ask it from their fellow-men; and no one who has the power of granting can refuse it without guilt.

—Sir Walter Scott

I believe that the rendering of useful service is the common duty of mankind and that only in the purifying fire of sacrifice is the dross of selfishness consumed and the greatness of the human soul set free.

--John D. Rockefeller

A man's true wealth is the good he does in this world.

--Mohammed

If you have not often felt the joy of doing a kind act, you have neglected much, and most of all yourself.

--A. Neilen

The people who get on are the people who can get their mind off their own predicament and think of someone else.

--Katharine Whitehorn

The test of generosity is not how much you give, but how much you have left.

--Unknown

When we grow old, there can only be one regret—not to have given enough of ourselves.

--Eleonora Duse

The man who lives for himself is a failure. Even if he gains much wealth, position or power he still is a failure. The man who lives for others has achieved true success. A rich man who consecrates his wealth and his position to the good of humanity is a success. A poor man who gives of his service and his sympathy to others has achieved true success even though material prosperity or outward honors never come to him.

--Norman Vincent Peale

The most melancholy of human reflections, perhaps, is that, on the whole, it is a question whether the benevolence of mankind does more harm than good.

--Walter Bagehot

There's no better exercise for strengthening the heart than reaching down and lifting people up.

--Unknown

Many older wealthy families have learned to instill a sense of public service in their offspring. But newly affluent middle-class parents have not acquired this skill. We are using our children as symbols of leisure-class standing without building in safeguards against an overweening sense of entitlement—a sense of entitlement that may incline some young people more toward the good life than toward the hard work that, for most of us, makes the good life possible.

--David Elkind

All of the valuable qualities...like helping in the development of others—will not get you to the top at General Motors, were that path open to women....The characteristics most highly developed in women and perhaps most essential to human beings are *the* very characteristics that are specifically dysfunctional for success in world as it is....They may, however, be the important ones or making the world different.

--Jean Baker Miller

A good way to judge a man is by what he says, a better way is by what he does, and the best way is by what he gives.

--Unknown

We are here to add what we can to life, not to get what we can from it.

--William Osler

Pleasure should be a mixed dish: one part taking, and two parts giving.  
--Unknown

Through this toilsome world, alas!  
Once and only once I pass;  
If a kindness I may show,  
If a good deed I may do  
To a suffering fellow man,  
Let me do it while I can.  
No delay, for it is plain  
I shall not pass this way again.

--Unknown

God gave me my money. I believe the power to make money is a gift from God...to be developed and used to the best of our ability for the good of mankind. Having been endowed with the gift I possess, I believe it is my duty to make money and still more money and to use the money I make for the good of my fellow man according to the dictates of my conscience.

--John D. Rockefeller

The greatest of all pleasure is the pleasure of giving pleasure.  
--Unknown

I am certain that after the dust of centuries has passed over our cities, we, too, will be remembered not for victories or defeats in battle or in politics, but for our contribution to the human spirit.

--John F. Kennedy

The greatest good you can do for another is not just to share your riches but to reveal to him his own.

--Benjamin Disraeli

What we must decide is perhaps how we are valuable, rather than how valuable we are.

--Edgar Z. Friedenberg

He does not live in vain, who employs his wealth, his thought, his speech to advance the good of others.

—Hindu Maxim

If I can stop one heart from breaking,  
I shall not live in vain;  
If I can ease one life the aching,  
Or cool one pain,  
Or help one fainting robin  
Into his nest again,  
I shall not live in vain.

--Emily Dickinson

You cannot hold a torch to light another's path without brightening your own.

—Unknown

An effort made for the happiness of others lifts us above ourselves.

--Lydia M. Child

And the world will still be imperfect because men are imperfect...and there will still be pain and disease and famine, anger and hate. But if you work and care and are watchful...then in the long run the worse will never, ever triumph over the better.

--Susan Cooper

It is not how much we do, but how much love we put into the doing.

--Mother Teresa

Any definition of a successful life must include service to others.

--George Bush

Success to American Indians isn't what you have, it's what you've given away. The most revered member of the tribe may be the poorest, because...we place greater value on what we contribute to society rather than on what we accumulate.

--Ben Nighthorse  
Campbell

Real success is knowing that you helped others to change their lives for the better.

--Dan Sosa, Jr.

Polite words open iron gates.

--Serbo-Croatian Proverb

We must use our lives to make the world a better place, not just to acquire things.  
That is what we are put on earth for.

--Dolores Huerta

A person who is able to contribute something to the world is a fortunate person, and each of us should be able at least to 'brighten the corner' where we are.

--Charles Schultz

The best way to forget your own problems is to help someone else solve theirs.

--Unknown

Great opportunities to help others seldom come, but small ones surround us every day.

--Sally Koch

There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; my philosophy is kindness.

--The Dalai Lama

The highest love of all finds its fulfillment not in what it keeps but in what it gives.

--Unknown

Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom.

--Theodore Isaac Rubin

When you drink the water, remember the spring.

--Chinese Proverb

In the pursuit of happiness half the world is on the wrong scent. They think it consists in having and getting, and in being served by others. Happiness is really found in giving and in serving others.

--Henry Drummond

If you do a good job for others, you heal yourself at the same time, because a dose of joy is a spiritual cure. It transcends all barriers.

--Ed Sullivan

Always do right. That will gratify some people and astonish the rest.

--Mark Twain

Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others.

--Danny Thomas

You cannot help men permanently by doing for them what they could do and should do for themselves.

--Abraham Lincoln

The true measure of a man is how he treats someone who can do him absolutely no good.

--Samuel Johnson

## QUIZ

Name the five wealthiest people in the world.

Name the last five Heisman trophy winners.

Name the last five winners of the Miss America contest.

Name ten people who have won the Nobel or Pulitzer prize.

Name the last half dozen Academy Award winners for Best Actor and Actress.

Name the last decade's worth of World Series winners.

How did you do?

The point is, none of us remember the headliners of yesterday. These are no second-rate achievers. They're the best in their fields. But the applause dies. Awards tarnish. Achievements are forgotten. Accolades and certificates are buried with their owners.

Now here's another quiz. See how you do on this one:

List three teachers who aided your journey through school.

Name three friends who have helped you through a difficult time.

Name five people who have taught you something worthwhile.

Think of five people who have made you feel appreciated and special.

Think of five people you enjoy spending time with.

Name a half dozen heroes whose stories have inspired you.

Easier?

The lesson? The people who make a difference in your life aren't the ones with the most credentials, the most money, or the most awards. They're the ones who take the time to care.

--Unknown

Gratitude is the heart's memory.

--French Proverb

Nothing makes one feel so strong as a call for help.

-- George MacDonald

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

--Leo Buscaglia

From what we get, we can make a living; what we give, however, makes a life.

--Arthur Ashe

The purpose of life is a life of purpose.

--Robert Byrne

It's easy to make a buck. It's a lot tougher to make a difference.

--Tom Brokaw

Service is the rent we pay for living. It is the very purpose of life and not something you do in your spare time.

--Marian Wright  
Edelman

Where will the kind, thoughtful, caring people come from for the next generation if our children are not taught the value of putting someone else's needs above their own?

--Edith Schaeffer

You make a living by what you get—a life by what you give.

--Winston Churchill

Make your life a mission—not an intermission.

--Arnold Glasgow

Maturity begins to grow when you can sense your concern for others outweighing your concern for yourself.

--John Macnaughton

If you have much, give your wealth. If you have little, give your heart.

--Arab Proverb

No individual has any right to come into the world and go out of it without leaving behind him distinct and legitimate reasons for having passed through it.

--George Washington  
Carver

We cannot do great things, only small things with **great love**.

--Mother Theresa

I slept and dreamt that life was joy. I awoke to find that life was service. I acted and behold, service was joy.

--Paul D. Houston

When you cease to make a contribution, you begin to die.

--Eleanor Roosevelt

Forgiveness is the fragrance the violet sheds on the heel that has crushed it.

--Mark Twain

I long to accomplish a great and noble task, but it is my chief duty to accomplish humble tasks as if they were great and noble.

--Helen Keller

We must want for others, not ourselves alone.

--Eleanor Roosevelt

I look upon the whole world as my fatherland. I look upon true patriotism as the brotherhood of man and the service of all to all.

--Helen Keller

Understanding human needs is half the job of meeting them.

--Adlai Stevenson

I learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

--Maya Angelou

Charity sees the need not the cause.

--German Proverb

Starving a child is violence;  
Depressing a culture is violence;  
Neglecting school children is violence;  
Punishing a mother and her family is violence;  
Discrimination against a working man is violence;  
Ghetto housing is violence;  
Ignoring medical needs is violence;  
Contempt for poverty is violence;  
And the lack of will power to help humanity is a sick and sinister form of violence.  
--Coretta Scott King

If someone listens, or stretches out a hand, or whispers a kind word of encouragement, or attempts to understand..., extraordinary things begin to happen.  
--Loretta Girzartis

I can't say that I've changed anybody's life, ever, and that's the real work of the world, if you want a better society.  
--Charles Kuralt

There are a lot of people who are doing wonderful things, quietly, with no motive of greed, or hostility toward other people, or delusions of superiority.  
--Charles Kuralt

Only if we understand can we care. Only if we care will we help. Only if we help shall they be saved.  
--Jane Goodall

Today is the day in which to express your noblest qualities of mind and heart, to do at least one worthy thing which you have long postponed.  
--Grenville Kleiser

Gratitude is merely the secret hope of further favors.  
--Francois de La  
Rochefoucauld

Gratitude is not only the greatest of virtues, but the parent of all others.  
--Cicero

Only a life lived for others is a life worthwhile.  
--Albert Einstein

The high destiny of the individual is to serve rather than to rule.

--Albert Einstein

The value of a man should be seen in what he gives and not in what he is able to receive.

--Albert Einstein

It is hard to interest those who have everything in those who have nothing.

--Helen Keller

To be kind is more important than to be right. Many times, what people need is not a brilliant mind that speaks but a special heart that listens.

—Unknown

Live and help live.

--Miriam Viola Larsen

Generally speaking, the most miserable people I know are those who are obsessed with themselves; the happiest people I know are those who lose themselves in the service of others...By and large, I have come to see that if we complain about life, it is because we are thinking only of ourselves.

—Gordon B. Hinckley

He who obtains has little. He who scatters has much.

--Lao-Tse

People seldom refuse help if one offers it in the right way.

--A. C. Benson

No man can have society upon his own terms. If he seeks it, he must serve it too.

--Ralph Waldo Emerson

Love cures people—both the ones who give it and the ones who receive it.

--Karl Menninger

It is easy to love people far away. It is not always easy to love those close to us. It is easier to give a cup of rice to relieve hunger than to relieve the loneliness and pain of someone unloved in our own home. Bring love into your home for this is where our love for each other must start.

--Mother Theresa

You must be the change you wish to see in the world.

--Gandhi

Do the right thing, the good thing, the kind and remarkable thing, for you may not get another chance.

--Kathleen Parker

There is no doubt that in exchanging a self-centered for a selfless life we gain enormously in self-esteem.

--Eric Hoffer

One of the most surprising, and perhaps confounding, facts of charity in America is that the people who can least afford to give are the ones who donate the greatest percentage of their income. In 2011, the wealthiest Americans—those with earnings in the top 20 percent—contributed on average 1.3 percent of their income to charity. By comparison, Americans at the base of the income pyramid—those in the bottom percent—donated 3.2 percent of their income. The relative generosity of lower-income Americans is accentuated by the fact that, unlike middle-class and wealthy donors, most of them cannot take advantage of the charitable tax deduction, because they do not itemize deductions on their income-tax returns.

--Ken Stern

Wealth affects not only how much money is given but to whom it is given. The poor tend to give to religious organizations and social-service charities, while the wealthy prefer to support colleges and universities, arts organizations, and museums. Of the 50 largest individual gifts to public charities in 2012, 34 went to educational institutions, the vast majority of them colleges and universities, like Harvard, Columbia, and Berkeley, that cater to the nation's and the world's elite. Museums and arts organizations such as the Metropolitan Museum of Art received nine of these major gifts, with the remaining donations spread among medical facilities and fashionable charities like the Central Park Conservancy. Not a single one of them went to a social-service organization or to a charity that principally serves the poor and the dispossessed. More gifts in this group went to elite prep schools (one, to the Hackley School in Tarrytown, New York) than to any of our nation's largest social-service organizations, including United Way, the Salvation Army, and Feeding America (which got, among them, zero).

--Ken Stern

The key to a happy life is to focus on doing good, not doing well.

--Erma Bombeck

Think lightly of yourself and think deeply of the world.

--Miyamoto Musashi

Huge fortunes that flow in large part from society should in large part be returned to society.

--Andrew Carnegie

If I didn't feel that I was doing something or trying to do something for others, then I would have very little excuse for the life that I lead.

--William T. Vollmann

Don't judge each day by the harvest you reap, but by the seeds you plant.

--Robert Louis Stevenson

It is better to have done something than to have been someone.

--Claude Monet

It is the duty of man to raise up man.

--Jose Marti

There's no use doing a kindness if you do it a day too late.

--Charles Kingsley

When at some future date the high court of history sits in judgment on each one of us-recording whether in our brief span of service we fulfilled our responsibilities to the state-our success or failure, in whatever office we may hold, will be measured by the answers to four questions-were we truly men of courage ... were we truly men of judgment ... were we truly men of integrity ... were we truly men of dedication?

--John Fitzgerald  
Kennedy

Nobody cares how much you know, until they know how much you care.

--Theodore Roosevelt

The purpose of human life is to serve, and to show compassion and the will to help others.

--Albert Schweitzer

You will get all you want in life if you help enough other people get what they want.

--Zig Ziglar

No kind action ever stops with itself. One kind action leads to another. Good example is followed. A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. The greatest work that kindness does to others is that it makes them kind themselves.

--Amelia Earhart

If you find it in your heart to care for somebody else, you will have succeeded.

--Maya Angelou

It is the task of a good man to help those in misfortune.

--Sophocles

Love of God is not always the same as love of good.

--Herman Hesse

Neither fire nor wind, birth nor death can erase our good deeds.

--Siddhartha Buddha

But we are not in the world to be good but to change it.

--Edward Bond

It's also selfish because it makes you feel good when you help others. I've been helped by acts of kindness from strangers. That's why we're here, after all, to help others.

--Carol Burnett

How strange is the lot of us mortals. Each of us is here for a brief sojourn for what purpose he knows not, though he senses it. But without deeper reflection one knows from daily life that one exists for other people.

--Albert Einstein

Living and dying is not the big issue. The big issue is what you're going to do with your time while you are here.

--Bill T. Jones

To act from pure benevolence is not possible for finite beings. Human benevolence is mingled with vanity, interest, or some other motive.

--James Boswell

The great danger for family life, in the midst of any society whose idols are pleasure, comfort and independence, lies in the fact that people close their hearts and become selfish.

--Pope John Paul II

The test of our progress is not whether we add to the abundance of those who have much. It is whether we provide enough to those who have little.

--Franklin D. Roosevelt

I am absolutely convinced that no wealth in the world can help humanity forward, even in the hands of the most devoted worker. The example of great and pure individuals is the only thing that can lead us to noble thoughts and deeds. Money only appeals to selfishness and irresistibly invites abuse. Can anyone imagine Moses, Jesus or Gandhi armed with the money-bags of Carnegie.

—Albert Einstein

The greatest degree of inner tranquility comes from the development of love and compassion. The more we care for the happiness of others, the greater is our own sense of well-being.

—Tenzin Gyatso

If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody.

—Chinese Proverb

The older I get, the greater power I seem to have to help the world; I am like a snowball - the further I am rolled the more I gain.

—Susan B. Anthony

It's much better to do good in a way that no one knows anything about it.

—Leo Tolstoy

Remember that the happiest people are not those getting more, but those giving more.

—H. Jackson Brown, Jr.

Love is a fruit in season at all times, and within the reach of every hand.

—Mother Theresa

I have found that the only thing that does bring you happiness is doing something good for somebody who is incapable of doing it for themselves.

—David Letterman

A good heart is better than all the heads in the world.

—Edward Bulwer-Lytton

Our attitude towards others determines their attitude towards us.

—Earl Nightingale

If you have more money than you need, you have to give it away. It's a duty. I get to choose whom to sponsor, and I like to give to the areas that I know something about.

—Gordon Getty

We ought to do good to others as simply as a horse runs, or a bee makes honey, or a vine bears grapes season after season without thinking of the grapes it has borne.

—Marcus Aurelius

You are not here merely to prepare to make a living. You are here to enable the world to live more amply, with greater vision, and with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget this errand.

—Woodrow Wilson

There is no power on earth that can neutralize the influence of a high, simple and useful life.

—Booker T. Washington

The measure of a life, after all, is not its duration, but its donation.

—Corrie Ten Boom

Life is made up not of great sacrifices or duties, but of little things, in which smiles and kindness and small obligations given habitually are what preserve the heart and secure comfort.

—Humphry Davy

As far as we can discern, the sole purpose of human existence is to kindle a light in the darkness of mere being.

—Carl Jung

The great use of a life is to spend it for something that outlasts it.

--William James

Think of giving not as a duty but as a privilege.

—John D. Rockefeller, Jr.

We have no right to luxuries while the poor want bread.

—Thomas Day

Never respect men merely for their riches, but rather for their philanthropy; we do not value the sun for its height, but for its use.

—Gamaliel Bailey

Be unselfish. That is the first and final commandment for those who would be useful and happy in their usefulness. If you think of yourself only, you cannot develop because you are choking the source of development, which is spiritual expansion through thought for others.

—Charles William Eliot

Morning is God's way of saying one more time, go make a difference, touch a heart, encourage a mind, inspire a soul and enjoy the day.

—Unknown

How many desolate creatures on the earth have learnt the simple dues of fellowship and social comfort, in a hospital.

—Elizabeth Barrett  
Browning

The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.

—Ralph Waldo Emerson

The key to getting what you want in life is helping others to get what they want.

—Steven Aitchison

The best way to find yourself is to lose yourself in the service of others.

—Mohandas Gandhi

To make a difference in someone's life you don't have to be brilliant, rich, beautiful, or perfect. You just have to CARE.

—*First Grade Fun Times*

Refusing to ask for help when you need it is refusing someone the chance to be helpful.

—Ric Ocasek

The little people must be sacred to the big ones, and it is from the rights of the weak that the duty of the strong is comprised.

—Victor Hugo

It is not what we get. But who we become, what we contribute... that gives meaning to our lives.

—Tony Robbins

The first question which the priest and the Levite asked was: 'If I stop to help this man, what will happen to me?' But... the good Samaritan reversed the question: 'If I do not stop to help this man, what will happen to him?'

—Martin Luther  
King, Jr.

There's no basis for insisting that one must be poor to work for the interests of those less fortunate. Franklin Delano Roosevelt and John F. Kennedy were hardly from the barrio. Indeed, it's often the privileged who most fiercely embrace the adage that from those to whom much is given, much is expected. Giving back, after all, is a privilege of having something to give.

—Kathleen Parker

Nothing in the nature lives by itself  
Flowers don't taste their own nectar  
nor they spread their fragrance for themselves  
Trees don't eat their own fruits  
The sun doesn't shine to warm itself  
The rivers don't quench their thirst  
by drinking their own water  
The ocean provides homes for the sea creatures  
the earth, the moon, the sun and the stars  
have they ever lived even once for themselves  
Living for others  
The rule of nature  
To provide and serve...

—Unknown

The best effort of a fine person is felt after we have left their presence.  
—Ralph Waldo Emerson

Life is too short not to be kind to others.  
—Unknown

Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them.  
—Dalai Lama

My father said there were two kinds of people in the world: givers and takers. The takers may eat better, but the givers sleep better.  
—Marlo Thomas

Don't try to live forever - You can't! But you can do things that will live forever.  
—Unknown

Kindness makes you the most beautiful person in the world no matter what you look like.  
—Unknown

Humanitarianism is the expression of stupidity and cowardice.  
—Adolf Hitler

Unless someone like you cares a whole awful lot,  
nothing is going to get better.  
It's not.  
—Dr. Seuss

Every human life has equal value. Once you see that, you naturally drift to helping people with limited resources. It's a joyous mission.  
—Warren Buffett

I feel that I have such an abundance in my life, and once you've seen how many people suffer and how little it takes for you to actually change their lives for the better, it's hard not to do something.  
—Wendie Malick

In the time we have it is surely our duty to do all the good we can to all the people we can in all the ways we can.  
—William Barclay

Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.

—Martin Luther  
King, Jr.

There is no joy in life like the joy of sharing.

—Billy Graham

As for charity, it is a matter in which the immediate effect on the persons directly concerned, and the ultimate consequence to the general good, are apt to be at complete war with one another.

—John Stuart Mill

Only those who have learned the power of sincere and selfless contribution experience life's deepest joy: true fulfillment.

—Tony Robbins

If you knew what I know about the power of giving, you would not let a single meal pass without sharing it in some way.

—Buddha

The only people with whom you should try to get even are those who have helped you.

—John E. Southard

Every time you wake up and ask yourself, 'What good things am I going to do today?', remember that when the sun goes down at sunset, it takes a part of your life with it.

—Indian Proverb

When you've seen the positive impact that can come from a life of public service and the kind of difference you can make on a large scale, it's hard to move away from that.

—Sara Auld

The world is my country, all mankind are my brethren, and to do good is my religion.

—Thomas Paine

I believe...that every human mind feels pleasure in doing good to another.  
—Thomas Jefferson

Kind words and good deeds are eternal. You never know where their influence will end.  
—H. Jackson Browne

My own experience and development deepen everyday my conviction that our moral progress may be measured by the degree in which we sympathize with individual suffering and individual joy.  
—T. S. Eliot

You have not lived until you have done something for someone who can never repay you.  
—Unknown

The miracle is this – the more we share, the more we have.  
—Leonard Nimoy

Dedicate some of your life to others. Your dedication will not be a sacrifice. It will be an exhilarating experience because it is an intense effort applied toward a meaningful end.  
—Dr. Thomas  
Dooley

When I do good, I feel good; when I do bad, I feel bad. That's my religion.  
—Abraham Lincoln

Men are only great as they are kind.  
—Elbert Hubbard

What wisdom can you find that is greater than kindness?  
—Jean-Jacques Rousseau

It is every man's obligation to put back into the world at least the equivalent of what he takes out of it.  
—Albert Einstein

They who give have all things; they who withhold have nothing.

—Hindu Proverb

To teach a man how he may learn to grow independently, and for himself, is perhaps the greatest service that one man can do another.

--Benjamin Jowett

There are people, the more you do for them, the less they do for themselves.

—Jane Austen

Remember that life's length is not measured by its hours and days, but by that which we have done for our country and kind. A useless life is short if it lasts a century. We may do much in a few years, and we may do nothing in a lifetime.

--Albert Pike

Deeds, not stones, are the true monuments of the great.

—J. L. Motley

Nothing brings me more happiness than trying to help the most vulnerable people in society. It is a goal and an essential part of my life—a kind of destiny. Whoever is in distress can call on me. I will come running wherever they are.

—Princess Diana

Always we hear the plaintive cry of the teenagers: What can we do...Where can we go? Let us speak the truth in love. The answer is go home.

Hang the storm windows, paint the woodwork. Rake the leaves. Mow the lawn. Shovel the walk.

Wash the car. Learn to cook. Scrub some floors. Repair the sink. Build a boat. Get a job.

Help the minister, the Red Cross, the Salvation Army. Visit the sick. Assist the poor. Study your lessons.

And then when you are through...and not too tired...read a book.

The world does not owe you a living. You owe the world something. You owe it your time and energy and your talents so that no one will be at war or in poverty or sick...or lonely again.

--Judge Phil Gilliam

No individual has any right to come into the world and go out of it without leaving something behind.

—George Washington  
Carver

Education is for improving the lives of others and for leaving your community and world better than you found it.

--Marian Wright  
Edelman

What a man does for others, not what they do for him, gives him immortality.

—Daniel Webster

When you are kind to someone in trouble, you hope they'll remember and be kind to someone else. And it'll become like a wildfire.

—Whoopi Goldberg

We should all be obliged to appear before a board every five years, and justify our existence...on pain of liquidation.

—George Bernard Shaw

Don't become preoccupied with your child's academic ability but instead teach them to sit with those sitting alone. Teach them to be kind. Teach them to offer their help. Teach them to be a friend to the lonely. Teach them to encourage others. Teach them to think about other people. Teach them to share. Teach them to look for the good. This is how they'll change the world.

—Unknown

We are here to add what we can to life, not to get what we can from it.

—William Osler

I don't mean to insult or diminish women who aren't mothers. In fact—after holding the world up to the light and subjecting it to a quick exam I call 'Do the math!'—I'm here to say, we could use a lot more women who don't become mothers of their own offspring, but instead Mother the world in a more expansive way—and help to alleviate some of the misery and need to countless millions of people who are here already.

--Roseanne Barr

Teach us to give and not to count the cost.

—Saint Ignatius

Teach people to surf the Internet and they can tour the world. Teach people to serve on the Internet and they can touch the world.

--Harry M. Kriz

Hell begins on the day when God grants us a clear vision of all that we might have achieved, of all the gifts which we have wasted, of all that we might have done which we did not do.

—Gian Carlo Menotti

If a free society cannot help the many who are poor, it cannot save the few who are rich.

--John F. Kennedy

Surplus wealth is a sacred trust which its possessor is bound to administer in his lifetime for the good of the community.

--Andrew Carnegie

Money is like manure, If you spread it around, it does a lot of good. But if you pile it up in one place, it stinks like hell.

--Clint Murchison, Jr.

Make all you can, save all you can, give all you can.

--John Wesley

Get wealth when you have it not; guard what you have got; increase what you have guarded; and bestow on worthy persons what you have increased.

—Panchatantra

The millionaire should be ashamed to die rich.

--Andrew Carnegie

Sow good services: sweet remembrances will grow from them.

—Madame de Stael

'tis not too late to build a better world.

—Tommy Douglas

I have tried to teach people there are three kicks in every dollar: one, when you make it; two, when you have it. The third kick it when you give it away—and it is the biggest kick of all.

—William Allen White

You have to be honest with people. You have to have great respect for yourself. If you see something that is not right, you must do something about it.

--Annie Dodge Wauneka

Never be afraid to raise your voice for honesty and truth and compassion against injustice and lying and greed. If people all over the world...would do this, it would change the earth.

—William Faulkner

Respectable men and women content with good and easy living are missing some of the most important things in life. Unless you give yourself to some great cause you haven't even begun to live.

--William P. Merrill

As long as the world shall last there will be wrongs, and if no man objected and no man rebelled, those wrongs would last forever.

--Clarence Darrow

The purpose of life is not to be happy. The purpose of life is to matter, to be productive, to have it make a difference that you lived at all. Happiness means self-fulfillment and is given to those who use to the fullest whatever talents God or luck bestows upon them.

--Leo Rosten

Never be entirely idle; but either be reading, or writing, or praying or meditating or endeavoring something for the public good.

--Thomas a Kempis

I hope that my achievements in life shall be these—that I will have fought for what was right and fair, that I will have risked for that which mattered, and that I will have given help to those who were in need that I will have left the earth a better place for what I've done and who I've been.

—Art Hoppe

The most solid comfort one can fall back upon is the thought that the business of one's life is to help in some small way to reduce the sum of ignorance, degradation, and misery on the face of this beautiful earth.

--George Eliot

Do more than you have to do, more than your share, and do it as well as you can.

--Ralph Charell

Noble deeds and hot baths are the best cures for depression.

—Dodie Smith

Want to do something noble and courageous while you're on this Earth? Treat the mentally ill like they have some worth.

—Stanley Victor  
Paskavich

You can be broken into a dozen shattered pieces and still heal the world because service has its own medicine—hope.

—Shannon L. Alder

The problems we face today—violent conflicts, destruction of nature, poverty, hunger, and so on—are human-created problems which can be resolved through human effort, understanding, and the development of a sense of brotherhood and sisterhood. We need to cultivate a universal responsibility for one another and the planet we share.

—The Dalai Lama

If you pursue good with labor, the labor passes away but the good remains.

--Marcus Tullius Cicero

If someday they say of me that in my work I have contributed something to the welfare and happiness of my fellow man, I shall be satisfied.

—George Westinghouse

Our responsibility as privileged human beings is to pay back for the opportunities we've received.

—Kathryn Anastos

Citizenship consists in the service of the country.

--Jawaharlal Nehru

There shall be no differences, save by merit of character, by merit of ability, by merit of service to country. Those are the true tests of value of any man or woman.

--Annie Wood Besant

Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

—Marjorie Moore

What do I owe to my times, to my country, to my neighbors, to my friends? Such are the questions which a virtuous man ought often to ask himself.

—Lavater

Passive citizenship is a contradiction in terms. We need to rethink the design of citizenship courses. Students should look at such issues as defining active patriotism and examining viable dissent. The U.S. Constitution is a remarkable document that keeps growing, responding to each chapter in our national story. Students should study it in depth as a commanding political and literary work.

Why not have a course in high school called Becoming an Active Voter? We have an extraordinarily low vote turnout in the United States. Kids say, 'What difference does it make? Adults aren't voting.' We create that passivity by teaching citizenship and government at kids as opposed to engaging them in issues-based, activity-based, voter-oriented, and yes, community service-oriented curriculum. Students should have opportunities to become politically active in their communities throughout middle and high school.

--Heidi Hayes  
Jacobs

If you think about what you ought to do for other people, your character will take care of itself.

--Woodrow Wilson

A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble.

—Charles Spurgeon

Today responsibility is often meant to denote duty, something imposed upon one another from the outside. But responsibility, in its true sense, is an entirely voluntary act; it is my response to the needs, expressed or unexpressed, of another human being.

--Erich Fromm

Mankind has become so much one family that we cannot insure our own prosperity except by insuring that of everyone else. If you wish to be happy yourself, you must resign yourself to seeing others also happy...Contempt for happiness is usually contempt for other people's happiness, and is an elegant disguise for hatred of the human race.

--Bertrand Russell

He who endeavors to serve, to benefit, and improve the world, is like a swimmer, who struggles against a rapid current, in a river lashed into angry waves by the winds. Often they roar over his head, often they beat him back and baffle him. Most men yield to the stress of the current... Only here and there the stout, strong heart and vigorous arms struggle on toward ultimate success.

--Albert Pike

It seemed to me a matter of course that we should all take our share of the burden of pain which lies upon the world.

--Albert Schweitzer

You cannot hope to build a better world without improving the individuals. To that end each of us must work for his own improvement, and at the same time share a general responsibility for all humanity, our particular duty being to aid those to whom we think we can be most useful.

--Marie Curie

Provision for others is the fundamental responsibility of human life.

—Woodrow Wilson

The price of power is responsibility for the public good.

--Winthrop W. Aldrich

Our most important task as parents is raising children who will be decent, responsible, and caring people devoted to making this world a more compassionate place.

--Neil Kurshan

All men seek one goal: success or happiness. The only way to achieve true success is to express yourself completely in service to society. First, have a definite, clear, practical ideal—a goal, an objective. Second, have the necessary means to achieve your ends—wisdom, money, materials and methods. Third, adjust all your means to that end.

--Aristotle

*And Then Some*

These three little words are the secret to success. They are the difference between average people and top people in most companies. The top people always do what is expected...

*and then some...*

They are thoughtful of others; they are considerate and kind...

*and then some...*

They meet their obligations and responsibilities fairly and squarely ...*and then some...*they are good friends and helpful neighbors...*and then some*. They can be counted on in an emergency...*and then some...*

I am thankful for people like this, for they make the world more livable. Their spirit of service is summed up in these little words...*and then some*.

--Carl Homes

I must admit that I personally measure success in terms of the contributions an individual makes to her or his fellow human beings.

--Margaret Mead

Success is in direct proportion to how many people you help become successful.

--Dale Carnegie

Success is ... knowing your purpose in life, growing to reach your maximum potential, and sowing seeds that benefit others.

—John C. Maxwell

Donating one's time to benefit others has deep individual value. A growing body of research tells us that those who volunteer have lower mortality rates and less depression, along with a greater sense of control over one's life and higher rates of self-esteem and happiness. Using health and volunteering data from the U.S. Census Bureau and the Centers for Disease Control and Prevention, one report found that states with a high volunteer rate even have lower incidences of heart disease. Some studies showed that volunteers who devote about 100 hours or more per year to volunteer activities are the most likely to experience health benefits.

—Eric J. Schneidewind

True charity is the desire to be useful to others with no thought of recompense.  
—Emanuel Swedenborg

I am not sure exactly what heaven will be like, but I don't know that when we die and it comes time for God to judge us, he will NOT ask, 'How many good things have you done in your life,' rather he will ask, 'How much LOVE did you put into what you did?'

—Mother Theresa

Love consists of acts of care you can extend to whomever you choose.  
—Moira Weigel

Real education should educate us out of self into something far finer—into selflessness which links us to all humanity.

—Mary Astor

'I' cannot reach fulfillment without 'thou.' The self cannot be self without other selves. Self-concern without other-concern is like a tributary that has no outward flow to the ocean.

—Martin Luther  
King, Jr.

Those who give hoping to be rewarded with honor are not giving, they are bargaining.

—Philo

Knowing sorrow well, I learn the way to succor the distressed.  
--Virgil

A life is not important except in the impact it has on others.  
--Jackie Robinson

Now there are very few rules to improv, but one of the things I was taught early on is that you are not the most important person in the scene—everybody else is. And if everybody else is more important than you are, you will naturally pay attention to them and serve them. No one is leading.... You cannot win in improv. And life is an improvisation.

--Stephen Colbert

Next to creating a life, the finest thing a man can do is save one.  
—Abraham Lincoln

This is our purpose: to make as meaningful as possible this life that has been bestowed upon us; to live in such a way that we may be proud of ourselves; to act in such a way that some part of us lives on.

--Oswald Spengler

## **GOOD BONES**

Life is short, though I keep this from my children.  
Life is short, and I've shortened mine  
in a thousand delicious, ill-advised ways,  
a thousand deliciously ill-advised ways  
I'll keep from my children. The world is at least  
fifty percent terrible, and that's a conservative  
estimate, though I keep this from my children.  
For every bird there is a stone thrown at a bird.  
For every loved child, a child broken, bagged,  
sunk in a lake. Life is short and the world  
is at least half terrible, and for every kind  
stranger, there is one who would break you,  
though I keep this from my children. I am trying  
to sell them the world. Any decent realtor,  
walking you through a real shithole, chirps on  
about good bones: This place could be beautiful,  
right? You could make this place beautiful.

—Maggie Smith

Life is not meaningful to us unless serving an end beyond itself, unless it is of value to someone else.

—Abraham J. Herschel

Her [Princess Diana] mission was to seek out those marginalized by society. I stood beside her on her humanitarian missions to Angola and Bosnia. We visited a hospital where a young girl lay in bed fatally injured. She had wandered into a field to retrieve her brother's football and had stepped onto a land mine. The lower half of her body was missing. The princess slipped her hand into that of the girl at her bedside, and the girl opened her eyes and smiled. Moments after we had left, the girl said to the nurse, 'I have just been visited by an angel.' And then shortly after that, she died. Diana's handclasp, that simple act of humanity, was her gift to that little girl, but really, it was a gift for us all. Through the media, she was showing us a simple message that we should care for one another.

—Dickie Arbiter

Men do not care how nobly they live, but only how long, although it is within the reach of every man to live nobly, but within no man's power to live long.

—Seneca

Human life consists in mutual service. No grief, pain, misfortune, or 'broken heart' is excuse for cutting off one's life while any power of service remains. But when all usefulness is over, when one is assured of an unavoidable and imminent death, it is the simplest of human rights to choose a quick and easy death in place of a slow and horrible one.

--Charlotte Perkins  
Gilman (Suicide  
Note)

It's possible to make a more profound contribution to society after you're dead than before. The ability to feel no pain is a kind of superpower that corpses, in the hands of science, can use to help make the world better. Also interesting, especially in military science, is the discomfort around their use in research. Even though they're dead—are bone and tissue and skin now—they still look like people. And we have a natural, if irrational, reluctance to 'harm' them.

—Mary Roach

Real joy comes not from ease or riches or from the praise of men, but from doing something worthwhile.

—Sir Wilfred Grenfell

Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification but through fidelity to a worthy purpose.

--Helen Keller

You are forgiven for your happiness and your successes only if you generously consent to share them.

--Albert Camus

Happiness is the only good.

The place to be happy is here.

The time to be happy is now.

The way to be happy is to make others so.

--Robert Ingersoll

The best way to cheer yourself is to try to cheer somebody else up.

--Mark Twain

The greatest humbug in the world is the idea that money can make a man happy. I never had any satisfaction with mine until I began to do good with it.

--C. Pratt

Happiness is the one thing in life that multiplies by division. The more happiness one gives to others the more he has himself.

--Jonah J. Goldstein

Resolve to keep happy, and your joy and you shall form an invisible host against difficulty. Happiness cannot come from without. It must come from within. It is not what we see and touch or that which others do for us which makes us happy; it is that which we think and feel and do, first for the other person and then for ourselves.

--Helen Keller

The small share of happiness attainable by man exists only insofar as he is able to cease to think of himself.

--Theodor Reik

If anyone were to ask me what I want out of life I would say—the opportunity for doing something useful, for in no other way, I am convinced, can true happiness be attained.

--Eleanor Roosevelt

Seek happiness for its own sake, and you will not find it; seek for duty, and happiness will follow as the shadow comes with the sunshine.

—Tryon Edwards

Some research suggest that it's not having money that matters; it's how you spend it. If you're spending your money on helping others or on experiences like taking your friends out to dinner or learning new things, that can make you happy.

—Sonja Lyubomirsky

The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves.

—Helen Keller

Happiness is a by-product of an effort to make some one else happy.

--Gretta Palmer

Real happiness doesn't come from getting everything you want. It comes from sharing what you have with the people who matter.

—Unknown

Happiness is knowin' you've done a good job, whether it's professional or for another person.

—Elvis Presley

Seek to do good, and you will find that happiness will run after you.

—James Freeman Clarke

If you want happiness for a lifetime, help the next generation.

—Chinese Saying

This is the true joy in life, the being used for a purpose recognized by yourself as a mighty one; the being thoroughly worn out before you are thrown on the scrap heap; the being a force of Nature instead of a feverish, selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy.

--George Bernard Shaw

I am not sure that it is of the first importance that you should be happy. Many an unhappy man has been of deep service to himself and to the world.

—Woodrow Wilson

I see my purpose in life as making the world a happier place to be in.

—David Niven

Good actions ennoble us; we are the sons of our own deeds.

—Jean Paul

Perhaps the greatest social service that can be rendered by anybody to the country and to mankind is to bring up a family.

—George Bernard Shaw

Be an opener of doors for such as come after thee.

—Ralph Waldo Emerson

Pay mind to your own life, your own health, and wholeness. A bleeding heart is of no help to anyone if it bleeds to death.

—Frederick Buechner

Those who are not looking for happiness are the most likely to find it, because those who are searching forget that the surest way to be happy is to seek happiness for others.

—Martin Luther  
King, Jr.

Let your heart feel for the afflictions and distress of everyone, and let your hand give in proportion to your purse.

—George Washington

Memorial Day isn't just about honoring veterans, its honoring those who lost their lives. Veterans had the fortune of coming home. For us, that's a reminder of when we come home we still have a responsibility to serve. It's a continuation of service that honors our country and those who fell defending it.

—Pete Hegseth

For the ability to be of service to a fellow-creature, we ought to give thanks, not demand it, since in any true act of helpfulness it is the helper who is most helped. Thanksgiving, after all, is a word of action: it imports something done.

--W. J. Cameron

Christmas is forever, not for just one day,  
for loving, sharing, giving, are not to put away  
like bells and lights and tinsel, in some box upon a shelf.  
The good you do for others is good you do yourself..

—Norman Wesley Brooks

Want to keep Christ in Christmas? Feed the hungry, clothe the naked, forgive the guilty, welcome the unwanted, care for the ill, love your enemies, and do unto others as you would have done unto you.

--Steve Maraboli

Older people are neglected and left to get along as best they can....If it is important to give the human animal a good start in life, it is just as important to see that he makes a good finish. We should be as much interested in actual fulfillment as in setting the stage for the realization of possibilities.

--George E. Lawton

Christmas is soon upon us. Have you given any thought about your gift giving this year? Will it be exchange time... giving to people who are able to give back to you? Or will it be an honest act of real giving? How about giving to the people who can't give back? I know of a family who pool their 'gift' giving money every other year, and give it to a needy family as their Christmas. Just a thought.

— Robert Strand

Every post is honorable in which a man can serve his country.

—George Washington

I am of the opinion that my life belongs to the whole community and as long as I live, it is my privilege to do for it whatever I can. I want to be thoroughly used up when I die, for the harder I work the more I live.

—George Bernard Shaw

A man is called selfish not for pursuing his own good, but for neglecting his neighbor's.

—Richard Whately

Like children, the elders are a burden. But unlike children, they offer no hope or promise. They are a weight and an encumbrance and a mirror of our own mortality. It takes a person of great heart to see past this fact and to see the wisdom the elders have to offer, and so serve them out of gratitude for the life they have passed on to us.

--Kent Nerburn

If we do not lay out ourselves in the service of mankind whom should we serve?

—John Adams

My advice to seniors...is to first and foremost take care of your body. Secondly, find something where you could say, 'I'm helping somebody else.' And it may be just helping raise a grandkid. Or teaching a child to read—one child to read.

—George W. Bush

He who plants an oak looks forward to future ages, and plants for posterity. Nothing can be less selfish than this. He cannot expect to sit in its shade nor enjoy its shelter; but he exults in the idea that the acorn which he has buried in the earth shall grow up into a lofty pile, and shall keep on flourishing and increasing, and benefiting mankind long after he shall have ceased to tread his paternal fields.

--Washington Irving

## THE NAKED HEART

From womb to tomb,  
There came and went—  
Only you.  
Poor or rich,  
You will die with  
Only you.  
All the wealth you harvest  
In the living,  
Will go to others when you are dead.  
But the true test of a lion of God—  
Is to keep giving with your own hands,  
Before you rest in your final bed.

--Suzy Kassem

Volunteers  
Many will be shocked to find,  
When the day of judgement nears,  
That there's a special place in Heaven  
Set aside for volunteers.  
Furnished with big recliners,  
Satin Couches and footstools,  
Where there are no committee chairmen,  
Nor yard sale or rest area coffee to serve.  
No library duty or bulletin assembly,  
There will be nothing to print and staple.  
Not one thing to fold and mail,  
Telephone lists will be outlawed.  
But a finger snap will bring  
Cool drinks and gourmet dinners  
And rare treats fit for a king.  
You ask,  
Who'll serve these privileged few  
And work for all they're worth?  
Why, all those who reaped the benefits,  
And not once volunteered on Earth.

—Unknown

Wherever a man turns he can find someone who needs him.

—Albert Schweitzer

He who plants trees loves others beside himself.

--Thomas Fuller

The planting of trees is the least self-centered of all that we do. It is a purer act of faith than the procreation of children.

--Thornton Wilder

Physical misery is great everywhere out here Africa. Are we justified in shutting our eyes and ignoring it because our European newspapers tell us nothing about it? We civilised people have been spoilt. If any one of us is ill the doctor comes at once. Is an operation necessary, the door of some hospital or other opens to us immediately. But let every one reflect on the meaning of the fact that out here millions and millions live without help or hope of it. Every day thousands and thousands endure the most terrible sufferings, though medical science could avert them. Every day there prevails in many and many a far-off hut a despair which we could banish. Will each of my readers think what the last ten years of his family history would have been if they had been passed without medical or surgical help of any sort? It is time that we should wake from slumber and face our responsibilities!

--Albert Schweitzer

One of the secrets of life is that all that is really worth the doing is what we do for others.

—Lewis Carroll

It was the floods in Louisiana. This woman named Sandra, she lost everything, including her wheelchair. Her neighbors saved her life by putting her on an air mattress. They floated her to safety and dropped her at our shelter. We got there as Red Cross volunteers were giving her a wheelchair. She burst into tears and said, 'I'm the luckiest person in the world.'

—Gail McGovern

We need to peel our eyes away from the mirror of our own success and think about what we can do in our everyday lives for the people who aren't our neighbors. We should be fighting for opportunities for other people's children as if the future of our own children depended on it. It probably does.

—Matthew Stewart

When we help elder citizens, we restore society's heart.

—Peter Yarrow

Millionaire hotelier, Harris Rosen, spent \$11 million to give everyone in a poor Florida neighborhood free college scholarships and free pre-k and daycare. The crime rate was cut in half and the high school graduation rate increased from 25% to nearly 100%. Mr. Rosen says he just gave them hope, adding, 'If you don't have hope, then what's the point?'

--Lizette Alvarez

Nothing in human nature is so God-like as the disposition to do good to our fellow-creatures.

—Samuel Richardson

A teenage girl brought her new boyfriend home to meet her parents. They were appalled by his leather jacket, motorcycle boots, tattoos, and pierced nose. Later, the parents pulled their daughter aside and confessed their concern.

'Dear,' the mother said, 'he doesn't seem very nice.'

'Oh please, Mom,' the daughter replied. 'If he wasn't nice, why would he be doing 200 hours of community service?'

—Internet Meme

That service is the noblest which is rendered for its own sake.

—Mohandas Gandhi

You can make a difference in another person's life and not realize it, just by giving them One Moment of your time, One Memory to recall, One Motion that tells them they are not alone!

—Deb Simpson

This world should be different because you were here. We have a human obligation to leave the world better than we found it.

—Matthew Kelly

Each you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.

—1 Peter 4:10

## Stand Up for Others

When you see bullying, there are safe things you can do to make it stop.

Talk to a parent, teacher, or another adult you trust. Adults need to know when bad things happen so they can help.

Be kind to the kid being bullied. Show them that you care by trying to include them. Sit with them at lunch or on the bus, talk to them at school, or invite them to do something. Just hanging out with them will help them know they aren't alone.

Not saying anything could make it worse for everyone. The kid who is bullying will think it is ok to keep treating others that way.

—[stopbullying.gov](http://stopbullying.gov)

I don't want to live for nothing like most people. I want to be useful or give pleasure to the people around me who don't yet know me. I must have something besides a husband and children, something that I can devote myself to! I want to go on living even after my death.

—Anne Frank

Ira Jackson, a retiree on Social Security managed to donate a little to St. Jude every month. Then he got a terminal illness. In a letter to the hospital during his final days, he wrote, 'I'm prepared to die, but I'm concerned that the little children won't have a chance to grow into healthy adults. My last wish is for you to use this letter to find someone to take my place.' The hospital shared his letter and got 900 new donors who gave hundreds of thousands of dollars. 'Ira knew that when he died, he would leave a hole behind,' [Marlo] Thomas says. 'He donated about \$80 total. It wasn't billions, but it was a lot of money to him. He gave us as much as he could and was worried when he left that there wouldn't be any more.'

—Hugh Delehanty

You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make.

—Jane Goodall

Always help someone. You might be the only one that does.

—Internet Meme

Take care of yourself first or you will have nothing left to give others. Self-care is not selfishness. You cannot serve others from an empty vessel.

—Internet Meme

## **EXPERIENTIAL LEARNING**

At-risk students are often unprepared or unwilling to accept responsibility in school, at home, or in the community. Responsibility may be defined in terms of a student's ability to take initiative and follow through on an assignment. Young people are rarely given true opportunities to take responsibility outside the classroom setting. The involvement of at-risk students in a school or community project can develop a sense of group and individual pride. It can foster self-esteem and responsibility and can serve as an activity that develops a 'family' feeling among classmates. It can also develop an esprit de corps within the class and help make the school experience an enjoyable one. Involvement in a service project will also give students an opportunity to use skills learned in the classroom and put them to practical use. School or community service projects help the at-risk class make a significant contribution to the school or community and also put the students in contact with local adults who have developed the skills necessary to make them successful in their community and who could serve as positive role models for the students. Participating in community or school service projects helps students apply their academic knowledge to real-life situations. Students can also be encouraged to explore and identify changes in their attitudes toward themselves and others. Ideally, they should be placed in a helping relationship with persons who are actually in need of assistance and who will appreciate receiving help.

In setting up community or school service projects, it is important to:

Sell the program to students by describing the need and specify why they should be involved by pointing out what others will gain from their services;

Hold training sessions that will enable students to carry out volunteer work before they begin—e.g., on active listening skills or teaching strategies;

Periodically arrange time throughout the school year for reflection on the volunteer experience; and

Make celebrations of accomplishment an integral part of the community/school service program.

These opportunities can lead to feelings of enhanced competence and self-esteem for student volunteers. Such service experiences can also assist students in making the transition from school to the world of work.

—Dan L. Miller

Do one act of kindness each day of the year, and change 365 lives.

—Internet Meme

The one who plants trees, knowing that he will never sit in their shade, has started to understand the meaning of life.

—Internet Meme

If serving is below you, leadership is beyond you.

—Internet Meme

My father said there were two kinds of people in the world: Givers and Takers. The takers may eat better, but the givers sleep better.

—Internet Meme

**ONE...**

One tree can start a forest;  
One smile can begin a friendship;  
One hand can lift a soul;  
One word can frame the goal;  
One candle can wipe out darkness;  
One laugh can conquer gloom;  
One hope can raise your spirits;  
One touch can show you care;  
One life can make the difference;  
Be that one today.

—Internet Meme

My dad gave 50 bucks to a guy who said he needed to buy medicine for his kids. I told my dad he was probably going to spend the money on alcohol or something, but my dad said that 'whether he was lying or not says something about HIS character, but hearing someone in need and choosing not to help when I have the means to says something about mine.

—Internet Meme

Administrators should seek ways for students to serve their communities as part of their secondary school experience. Secondary students serving their communities would be particularly apropos in small-town America, since the high school already serves as the people's gathering place and the community social center. Students could work in day-care centers and preschools, clean up the streets and alleys or otherwise beautify the face of the town, act as big brother or sister to younger children, write columns for the local newspaper, and read to or write letters for residents of local nursing homes.

—Richard A. Schmuck  
and Patricia A.  
Schmuck

Anyone who has the opportunity to care for a parent will never regret doing so. It's your best opportunity to say thank you.

—Robert Forster

Youth ends when egotism does; maturity begins when one lives for others.

—Hermann Hesse

Empower yourselves with a good education, then get out there and use that education to build a country worthy of your boundless promise.

—Michelle Obama

In a small town in County Cork, Ireland, a monument stands in appreciation to the American Choctaw Indian Tribe. Although impoverished, shortly after being forced to walk the Trail of Tears, the tribe somehow gathered \$170 to send to Ireland for famine relief in 1847.

—@factsweird

Do one act of kindness each day of the year, and change 365 lives.

—Anthony D. Williams

One doesn't ask of one who suffers: What is your country and what is your religion? One merely says, you suffer. This is enough for me. You belong to me and I shall help you.

—Louis Pasteur